

WANDERING THREADS EMBROIDERY



National Park Embroidery Pattern Book {Volume 1}



National Park Embroidery
Pattern Book {Volume 1}

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Materials List

- Fabric Square approximately 10" x 10" in size:
Choose a fabric with a medium weave such as a cotton, muslin, or flour sack.
You can embroider on any color fabric, but keep in mind that some floss colors will not show up well on dark fabrics.
- Embroidery Hoop:
Size 7 or 8-inch
- Embroidery Needle:
Size 7 or 9
- Water Soluble Pen or other items for pattern transfer:
(See the Pattern Transfer Instructions on page 2)
- Small Scissors
- DMC Embroidery Floss:
Each pattern contains a guide with suggested DMC floss colors.
Great Smoky Mountains: 927, 932, 931, 930, 924, 840, 676, 319, 3781, 356, 168
Grand Canyon: 928, 612, 435, 223, 524, 975, 632, 920
Zion: 300, 355, 612, 842, 434, 3346, 319, 472, 3768
Rocky Mountain: 928, 924, 926, 838, 3345, 3346, 840, 470, 3807, 726
Yosemite: 640, 647, 926, 3364, 470, 3345, 3787, 3363, 927, 356
Yellowstone: 932, 415, 613, 471, 3790, 3853, 3051
Acadia: 518, 347, 3799, 644, 469, 3787, 517, 3781, 3362
Olympic: 520, 517, 518, 3348, 3347, 890, 838, 612, 890, 927
Grand Teton: 317, 729, 3756, 935, 730, 898, 3021, 975, 420, 611
Glacier: 977, 415, 3768, 926, 931, 640, 433, 319, 469, 610
- Felt or Wooden Frame for finishing the embroidery:
(See How to Finish Embroidery on page 3)

Embroidery Pattern Transfer Instructions

Light Table/ Window:

Place the pattern on a light table or tape it to a bright window. Position the fabric on top and secure in place. Trace the pattern onto the fabric using a water erasable transfer pen. The markings from this pen will remain until washed gently with water.

*Pro tip: A computer or tablet screen makes a great light box! Simply open this PDF on your computer, tape the fabric over the pattern on the screen, and trace it. No printer needed!

Iron On Transfer Pencil or Pen:

Iron on transfer pens and pencils can be found at many fabric/craft stores. First, print the REVERSE IMAGE pattern. Trace the pattern with the iron on pencil or pen. Place the traced pattern on an iron-safe surface and secure the fabric on top. Press a hot iron on the fabric for 5-10 seconds. Do not move the iron around. Gently lift an edge of the fabric to check that the design has transferred before removing the fabric.

*This method will leave permanent marks that need to be covered with stitches.

Transfer Paper:

Transfer Paper can be found at many fabric or craft stores. It is coated on one side with a powdery ink that will wash out of the fabric.

Transfer Paper (continued)...

To use, secure your fabric to a flat, hard surface, cover with a piece of transfer paper (powder side down) and place the printed pattern on top. Trace the pattern using a pencil, or stylus. Press very firmly and make sure the paper does not move.

This method works well for transferring patterns to dark fabric. A white or yellow transfer paper shows up nicely.

Stick & Stitch Transfer Paper

This dissolvable, sticky-backed, transfer paper can be drawn on by hand, or printed on using a printer. The pattern goes on the rough (non-sticky) side of the paper. If tracing by hand, use a light-colored pen or pencil and don't press too hard. If using a printer, make sure the setting is for plain, not photo, paper.

Once the pattern is on the paper, lay the fabric flat on a hard surface, remove the backing from the transfer paper, place the pattern on top, and press firmly. Stitch as usual.

When finished stitching, place the fabric in a shallow bowl of lukewarm water. Make sure the water completely covers the fabric. Leave it for 5-10 minutes. Shake the fabric in the water to remove any loose bits of semi-dissolved paper. Rinse and lay flat to dry.

How to Finish Embroidery: Two Methods

Frame in the Hoop

1. Using the inner ring of an embroidery hoop, trace a circle on a piece of felt and cut it out.

2. Place the finished embroidery in the hoop, stretch it smooth and tighten the screw. Trim the excess fabric around the edges roughly an inch wider than the hoop.

3. Cut off a long piece of sewing thread. Make sure it's long enough to stitch all the way around the circle. Leaving a 4-5-inch tail at the beginning, stitch around the edge with Running Stitch.

4. When you've stitched all the way around, grasp both ends of the thread and pull until the fabric gathers together. Tie a knot and cut off the excess thread.

5. Position the felt circle over the back and sew it into place with a whip stitch.

6. Continue sewing all the way around and tie off the thread.



In a Wooden Frame

1. Cut a piece of foam board to fit the inside dimensions of your frame.

2. Position the foam board in the center of your embroidery piece. Make sure it's straight! Flip over so the fabric is on the bottom. Starting with the long sides, fold the extra fabric into the center. If necessary, trim the fabric to leave a roughly 1-4" space in between. Pull the fabric tight and secure with long pins.

3. Repeat this process on the short sides. If the corners are bunching, fold them on a diagonal and trim a bit. The finished fabric-wrapped foam board needs to fit snugly inside the frame so try your best to avoid bulky corners.

4. Secure the fabric using a simple lacing technique. Fold the extra fabric from the short sides out of the way. Insert a needle with a long strand of thread about a 1/4-inch from the edge of the fabric and weave back and forth while pulling the fabric tight. Tie off the thread at the end and start a new piece. Finish the lacing by folding the fabric from the short sides into the middle and lacing it together.

5. Remove the pins and place the embroidery board inside the frame.

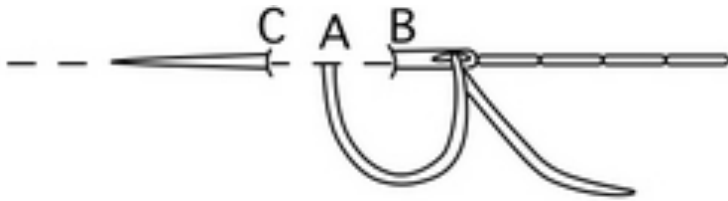
6. Replace the frame backing, flip it over, and admire your handiwork!

For a framing tutorial with photos, visit:
www.wanderingthreadsembroidery.com/how-to-frame-embroidery/

Embroidery Stitch Tutorials

Back Stitch

Begin by bringing the thread up through the fabric one stitch length away from the starting point. Next, go back and bring the needle down at the beginning. Think of it as stitching in reverse. The second stitch is made in the same manner. Come up one stitch length away from the previous stitch and bring the needle down at the end of the previous stitch. Once you get the hang of it this stitch becomes almost like second nature.



Bring the thread up at A, down at B, and back up at C.

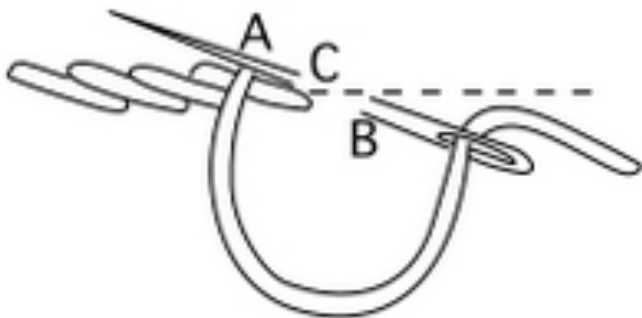
Split Stitch

Make a single stitch. Next, bring the thread back up in the middle of the stitch you just made. Pull the thread all the way through and complete the stitch. Repeat the process of starting each stitch in the middle of the previous stitch. Shorten the stitches when turning corners.



Bring the thread up at A, down at B, and back up at C.

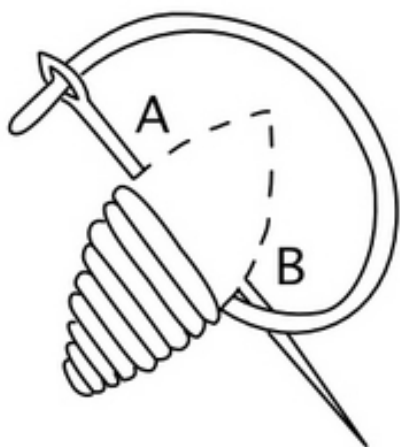
Stem Stitch



Working from left to right, bring the needle up through the fabric just above the marked line of your pattern (point A)

Insert the needle one stitch length away from point A just below the pattern line (point B). Angle the needle backward and come back up roughly half way between the A & B, just above the line (point c).

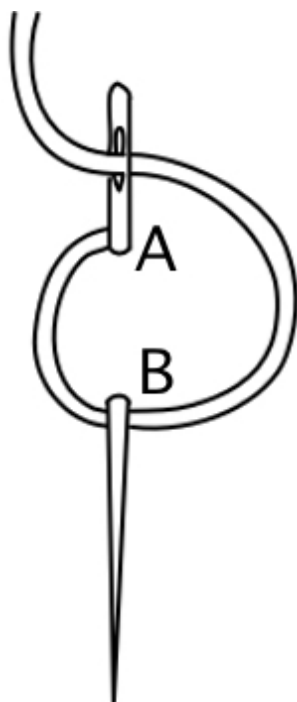
Satin Stitch



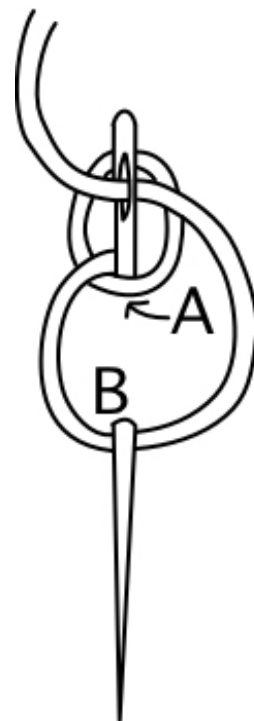
Bring the needle up on the edge of the shape you are filling with satin stitch (point A). Stretch the thread across the other side of the shape and bring the needle back down (point B). To make the second stitch, bring the needle back up right next to where you started the first stitch. The key to a smooth satin stitch is positioning the stitches close together without overlapping.

Chain Stitch

Begin your chain stitch by bringing the thread up at the starting point. Take the needle back through the same hole (point A) then up again a short distance away without pulling the thread all the way through (point B). Loop the thread around the bottom of the needle and pull all the way through to create a loop.

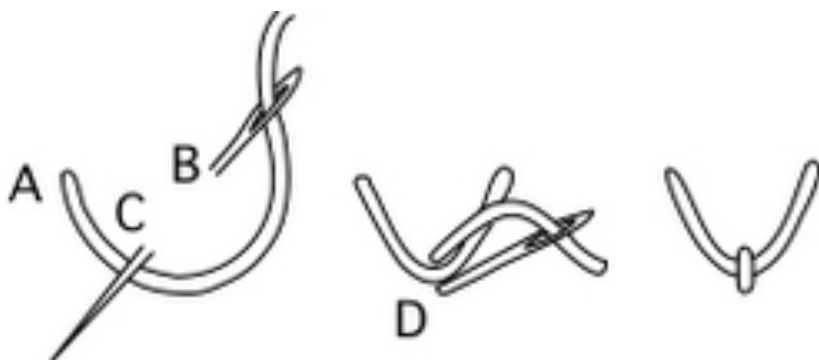


Bring the needle back down in the same hole - inside the loop - (point A) and then back up another stitch length away (point B). Make sure the thread is under the needle before pulling it tight to form that second loop in the chain. Continue this pattern until you've reached the desired length.

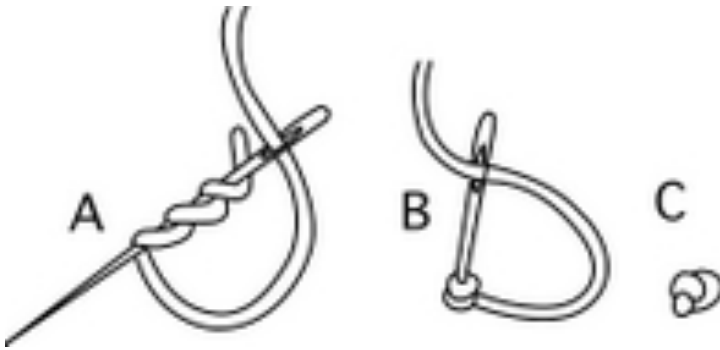


Fly Stitch

Bring the needle up at A, down at B, and back up at C while keeping the working thread under the needle. Complete the stitch by bringing the needle back down under the loop you just created (point D).



French Knot



Bring the needle up through the fabric to the front. Hold the thread taut with one hand, and with the other hand wrap it around the needle two or three times. (figure A)

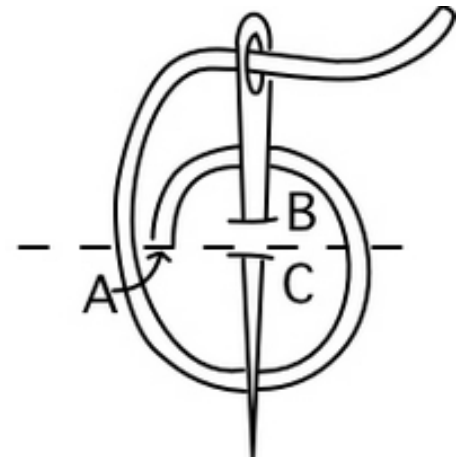
While keeping a tight grasp on the thread, push the needle down through the fabric next to where you first brought it up. (figure B)

The finished stitch looks like a small knot. (figure c)

Scroll Stitch

Bring the thread to the front of the fabric (point A). Move one stitch length away and take the needle down (point B) and back up (point C) on either side of the stitch line. While keeping the working thread behind the needle, wind it under the needle to create a loop.

Pull the needle all the way through and admire the tiny little knot you just made. Be careful not to pull too tight or you will no longer have a scroll shape on the top. Bring the needle back up another stitch length away and repeat the loop until you reach the desired length.



For detailed stitch tutorials, scan the QR code, or visit the website address below:

WanderingThreadsEmbroidery/WanderingThreadsEmbroidery/stitch-tutorials.com

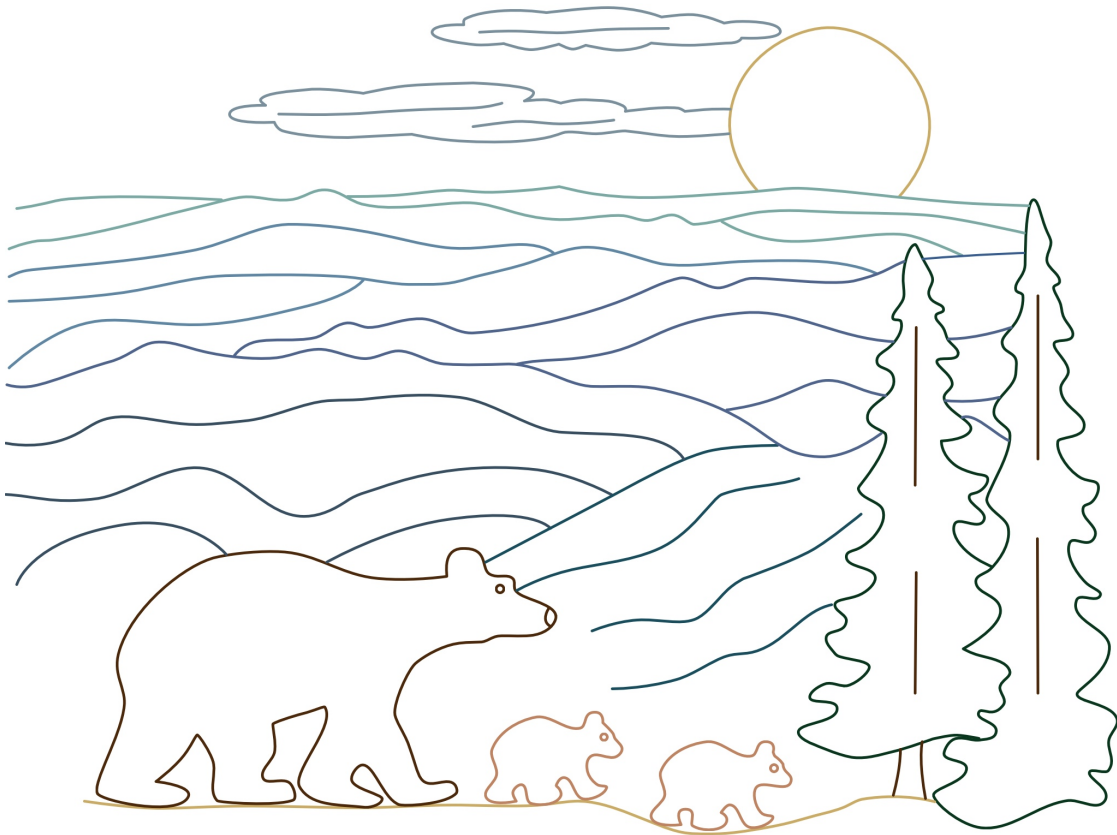


Great Smoky Mountains National Park Embroidery Pattern



Full Size Design

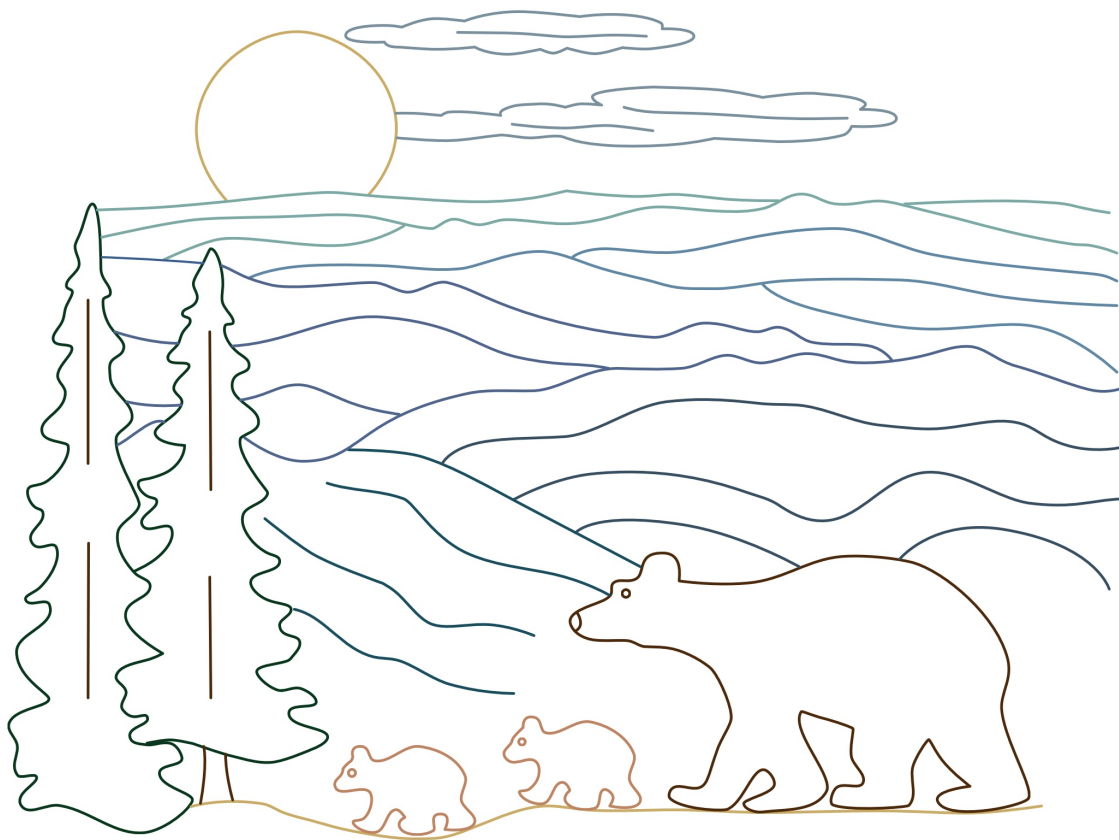
Fits 7 or 8-Inch Hoop



Great Smoky Mountains
National Park

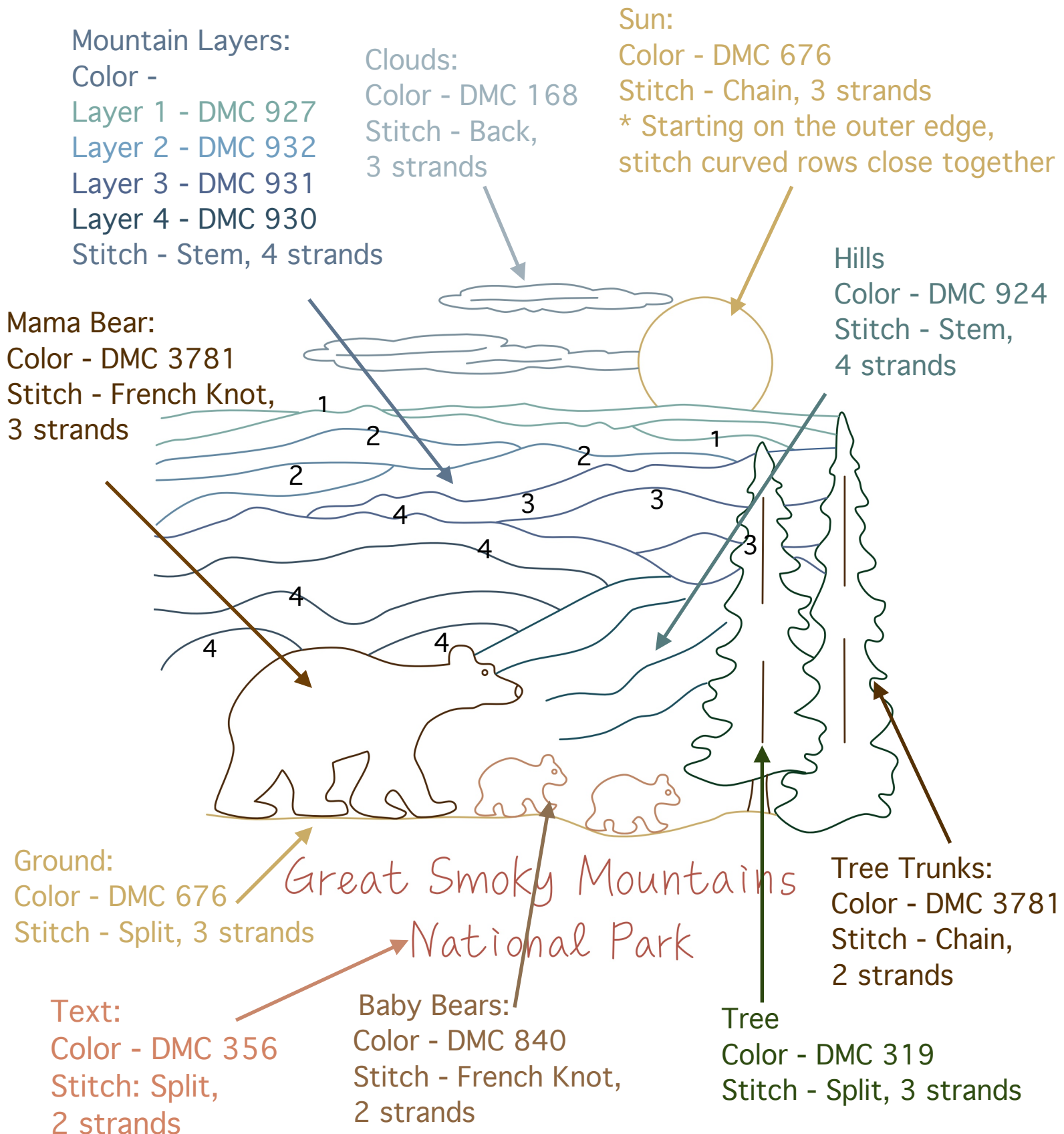
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Great Smoky Mountains
National Park

Color & Stitch Guide



Grand Canyon National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer



Color & Stitch Guide

Clouds:

Color - DMC 928

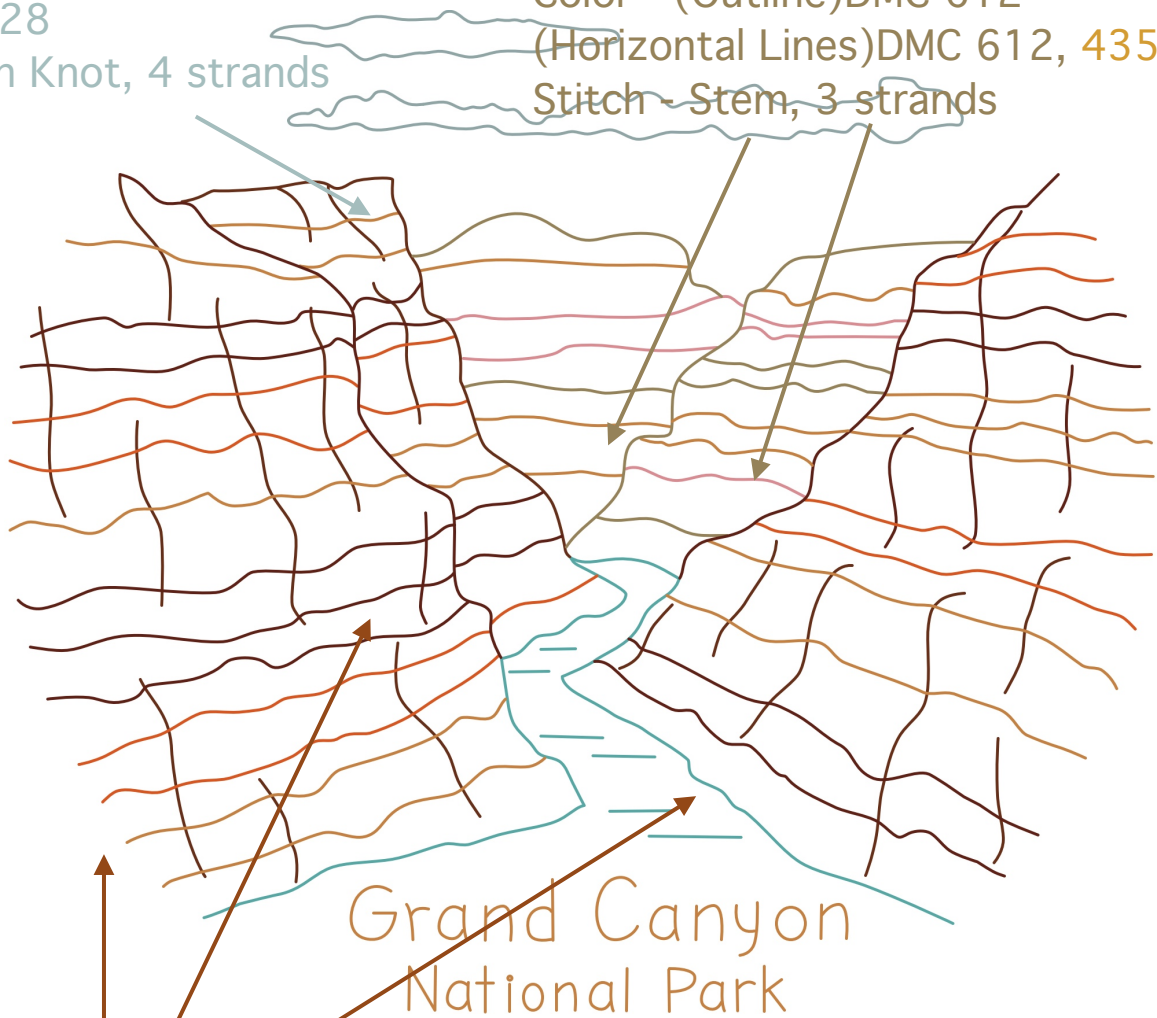
Stitch - French Knot, 4 strands

2 Back Cliffs:

Color - (Outline) DMC 612

(Horizontal Lines) DMC 612, 435, 223

Stitch - Stem, 3 strands



3 Front Cliffs:

Color - (Outline) DMC 975

Stitch - Stem, 3 strands

Color - (Vertical Lines) DMC 632

Stitch - Back, 3 strands

Color - (Horizontal Lines) DMC 975, 920, 435

Stitch - Stem, 3 strands

River:

Color - DMC 524

Stitch - Chain,
3 strands

Text:

Color - DMC 435

Stitch - Back, 3 strands

Zion National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Text:
Color - DMC 355
Stitch - Stem, 3 strands

Mountains:
Color - Front layer(612),
Back layers(842)
Stitch - Split, 3 strands

Back Cliff:
Color - DMC 300
Stitch - Split, 3 strands

Front Cliffs:
Color - DMC 434
Stitch - Split,
3 strands

Foliage:
Color - DMC
3346 & 319
Stitch - Stem,
3 strands

Grass:
Color - DMC 472
Stitch - Fly,
2 strands

Trees:
Color - DMC 319
Stitch - Back,
3 strands

Ground:
Color - DMC 612
Stitch - Split, 3 strands

River:
Color - DMC 3768
Stitch - Outline, 3 strands
*Fill the river w/ 3 or 4
tight rows of outline stitch



Rocky Mountain National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

ROCKY MOUNTAIN National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop

ROCKY MOUNTAIN
National Park



Color & Stitch

Snow:

Color - DMC 928

Stitch - Satin, 3 strands

*Create crisp edges by outlining the snow areas w/ 2 strands of back stitch before covering with satin stitch.

Text:

Color - DMC 924

Stitch - Back, 3 strands

Hills:

Color - DMC 924

Stitch - Twisted Chain,
2 strands

Mountains:

Color - DMC 926

Stitch - Stem,
3 strands

ROCKY MOUNTAIN National Park

Tree Trunks:

Color - DMC
838

Stitch - Split,
2 Strands



Trees & Ground

Color - DMC 3345 & 3346

Stitch - Split, 2 strands

Flowers:

Color - DMC 3807 & 726

Stitch - French Knot,
2 Strands

River:

Color - DMC 926

Stitch - Chain(edges), Back(middle)
3 Strands

Flower Stalks:

Color - DMC 470

Stitch - Fly & Back,
2 Strands

Mama Elk:

Color - DMC 838

Stitch - Outline,
3 strands

Baby Elk:

Color - DMC 840

Stitch - Outline,
2 strands

Yosemite National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Cliffs:

Color - DMC 640

Stitch - Split, 4 strands

Cliffs:

Color - DMC 640

Stitch - Split, 4 strands

Waterfall:

Color - DMC 927

Stitch - Stem,
3 strands

Bottom of Waterfall:

Color - DMC 926

Stitch - French
Knot, 3 strands

Cliffs:

Color - DMC 647

Stitch - Split,
4 strands

Shrubs:

Color - DMC 3363

Stitch - French
Knot, 3 strands

Trees:

Color -

Tree 1 - DMC 3364

Tree 2 - DMC 470

Tree 3 - DMC 3345

Stitch - Stem, 3 strands

Tree #4:

Color - DMC 470

Stitch - French Knot,
3 strands, wrapped x2

Tree Trunks:

Color - DMC 3787

Stitch - Back, 3 strands

Water:

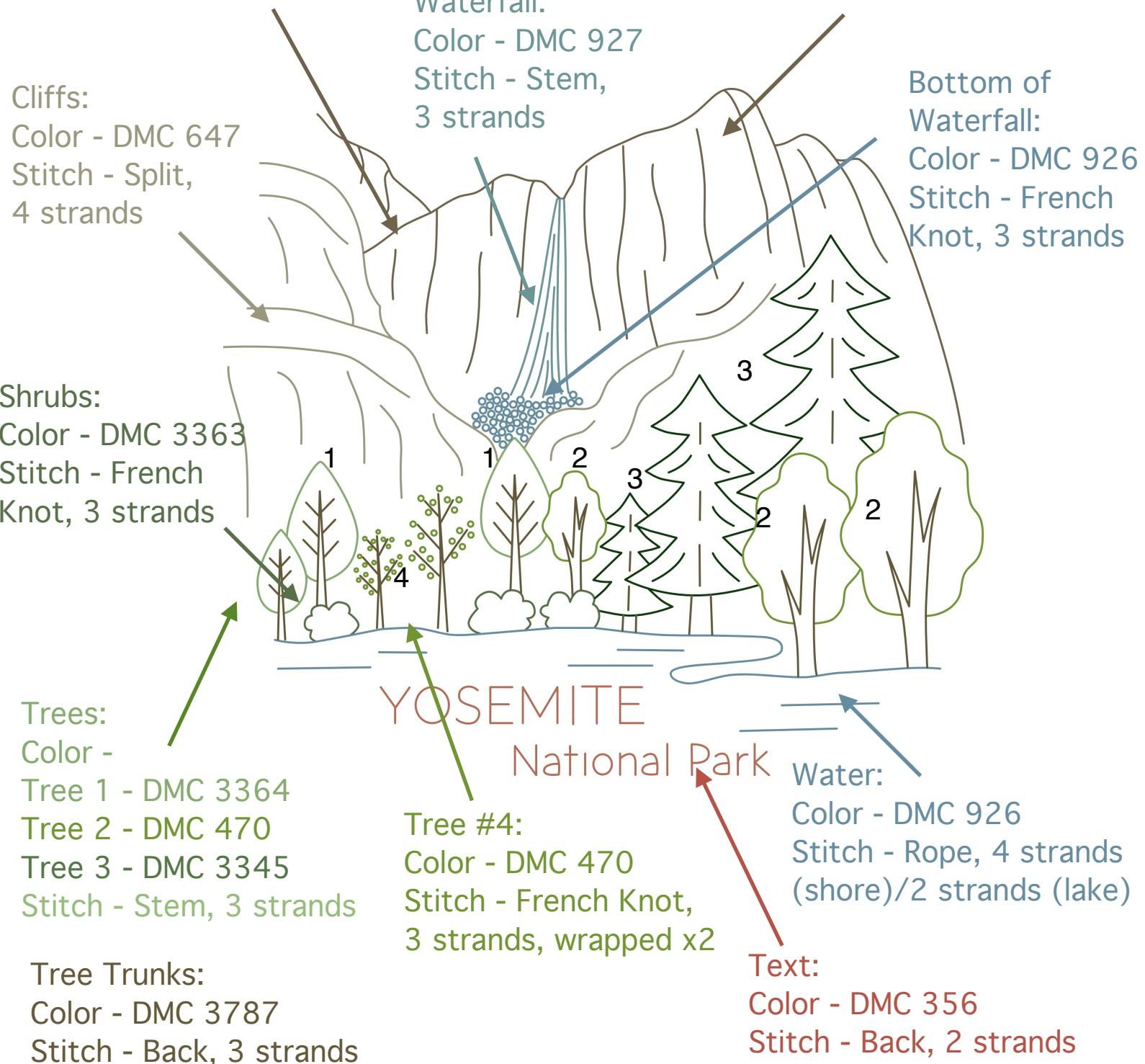
Color - DMC 926

Stitch - Rope, 4 strands
(shore)/2 strands (lake)

Text:

Color - DMC 356

Stitch - Back, 2 strands



Yellowstone National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Geyser Steam (left):

Color - DMC 415

Stitch - Stem, 3 strands

Geyser Steam (right):

Color - DMC 613

Stitch - Stem, 3 strands

Clouds:

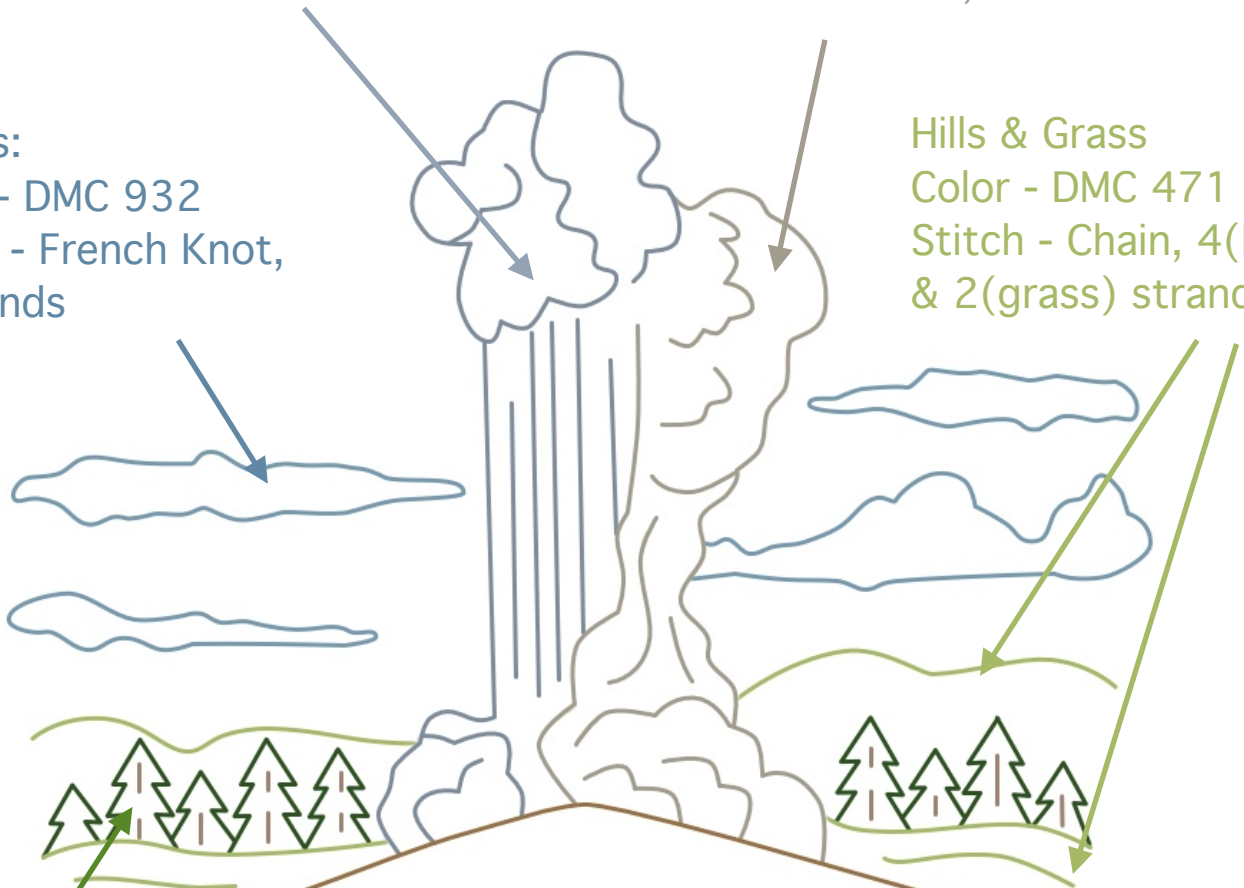
Color - DMC 932

Stitch - French Knot,
3 strands

Hills & Grass

Color - DMC 471

Stitch - Chain, 4(hills)
& 2(grass) strands



Trees:

Color - DMC 3051 &
3790(trunks)

Stitch - Back, 2 strands

Yellowstone
National Park

Text:

Color - DMC 3853

Stitch: Back, 2 strands

Ground

Color - DMC 3790

Stitch - Cable, 4 strands

Acadia National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Text:

Color - DMC 518

Stitch - Back & Satin,
3 strands

*Fill in the long side of the
“A” & “d” with satin stitch

Acadia
National Park

Trees:

Color - DMC 3362

Stitch - Split, 3 strands

Tree Trunks:

Color - DMC 3781

Stitch - Back,
2 strands

Water:

Color - DMC 518 & 517

Stitch - Stem, 3 strands

Lighthouse & Keepers House:

Color - (Walls) DMC 644

(Windows & Roof) DMC 3799 & 347

(Balcony) DMC 3799

(Light) DMC 347

Stitch - (Walls) Chain

(Windows & Balcony) Back

(Roof & Light) Satin

Grass:

Color - DMC 469

Stitch - Fly,
3 strands

Cliffs:

Color - DMC 3787

Stitch - Back, 3 strands

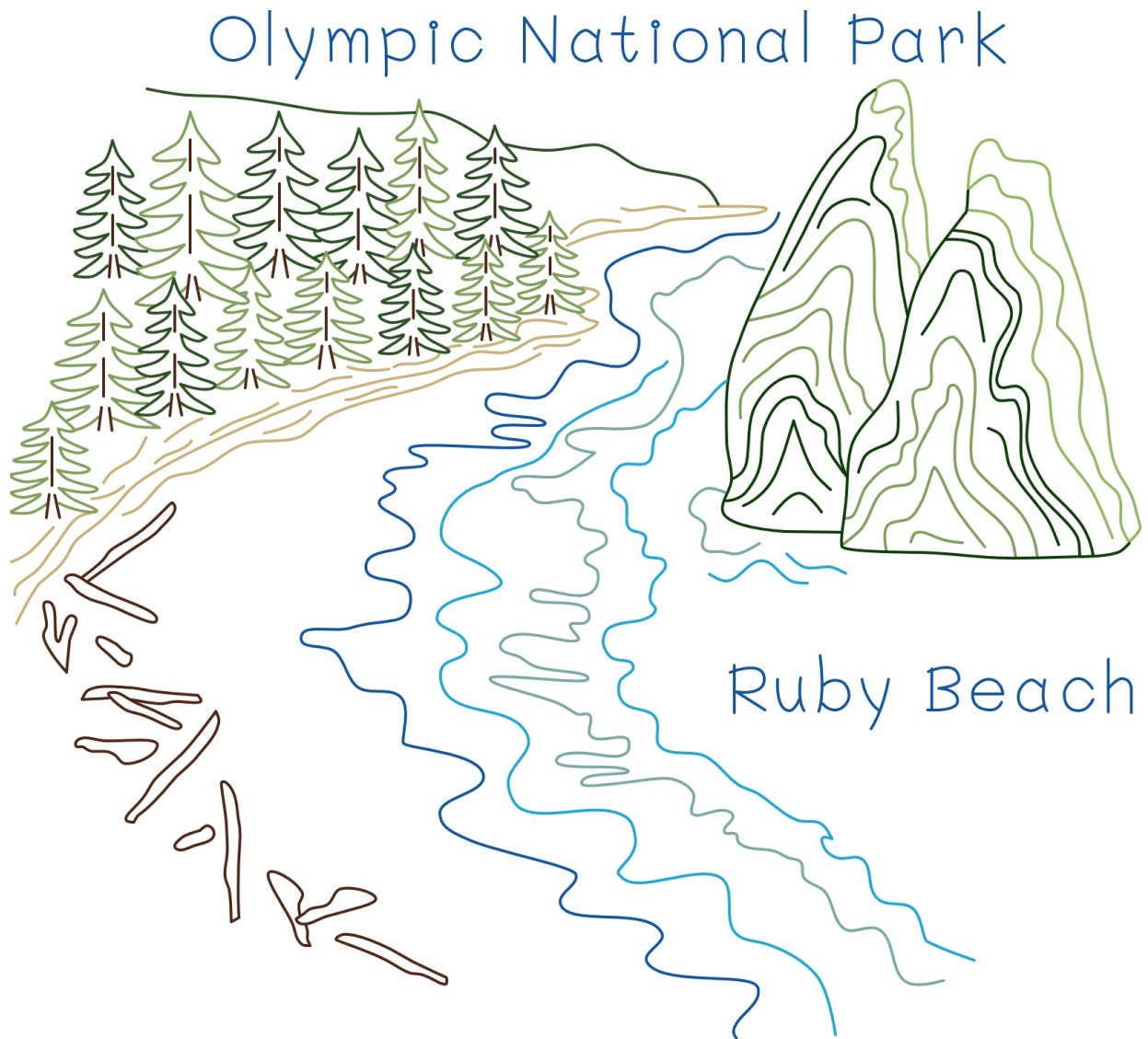


Olympic National Park Embroidery Pattern



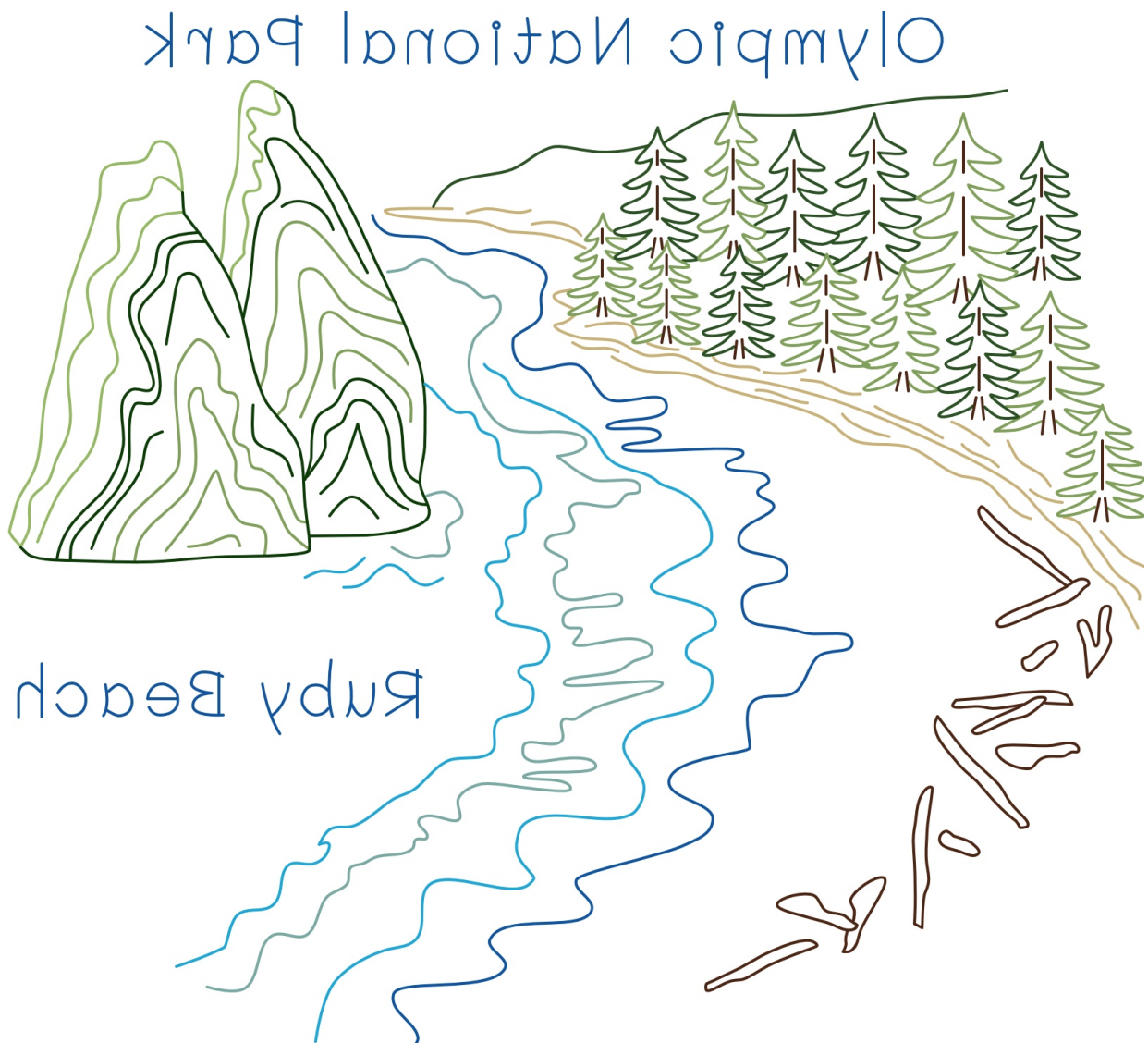
Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Distant Hills:
Color - DMC 520
Stitch - Chain 3 strands

Text:
Color - DMC 517
Stitch - Back, 3 strands

Trees:
Color - DMC 520 & 3347
Stitch - Back, 2 strands

Sea Stacks:
Color - DMC 3348,
3347, 890
Stitch - Stem &
Satin(marked w/
"S"), 3 strands

Tree Trunks:
Color -
DMC 838
Stitch -
Back,
2 strands

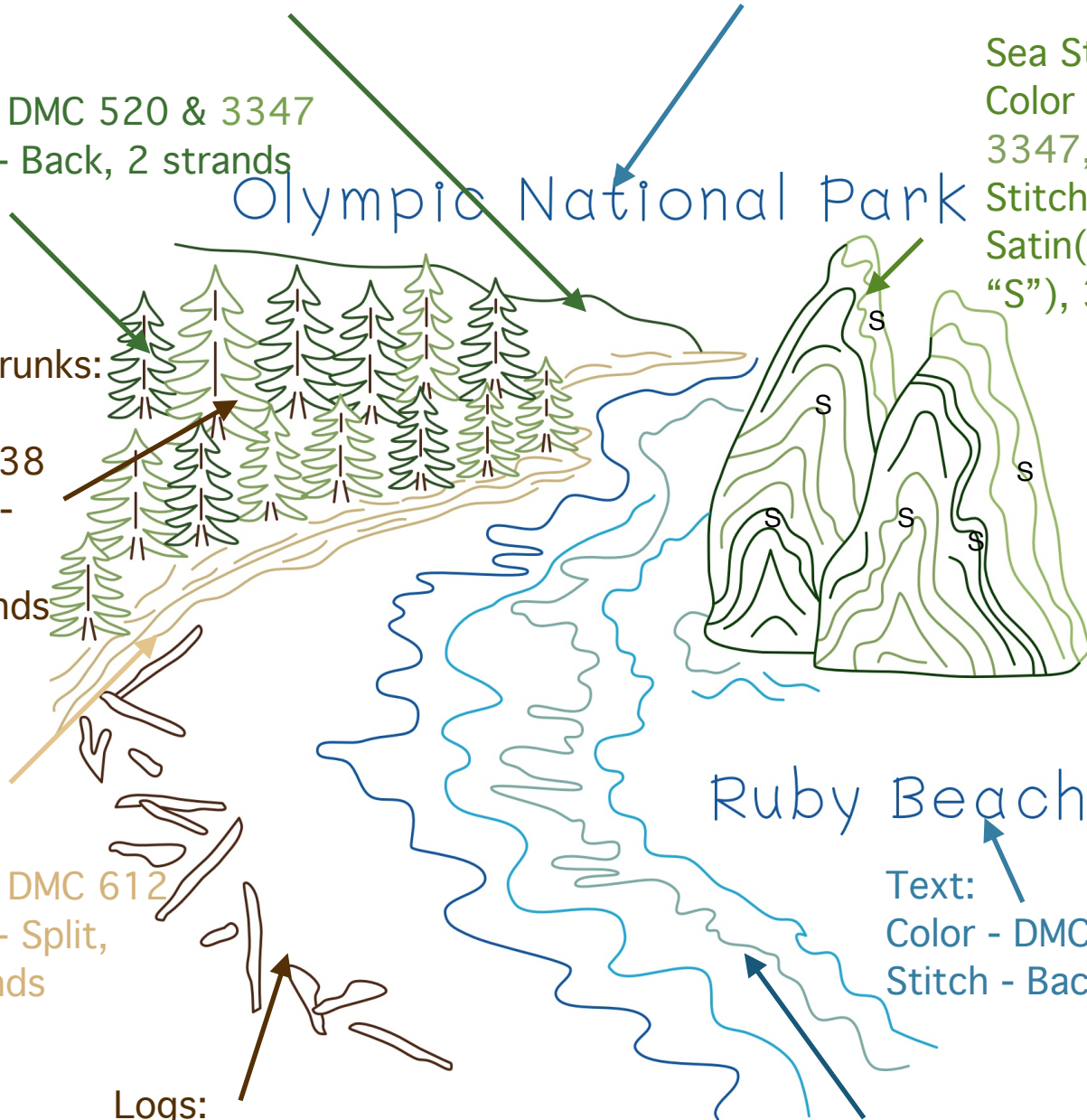
Beach:
Color - DMC 612
Stitch - Split,
2 strands

Logs:
Color - DMC 838
Stitch - Back, 2 strands

Ruby Beach

Text:
Color - DMC 517
Stitch - Back, 3 strands

Waves:
Color - DMC 517, 518, 927
Stitch - Stem &
French Knot (927), 3 strands



Grand Teton National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

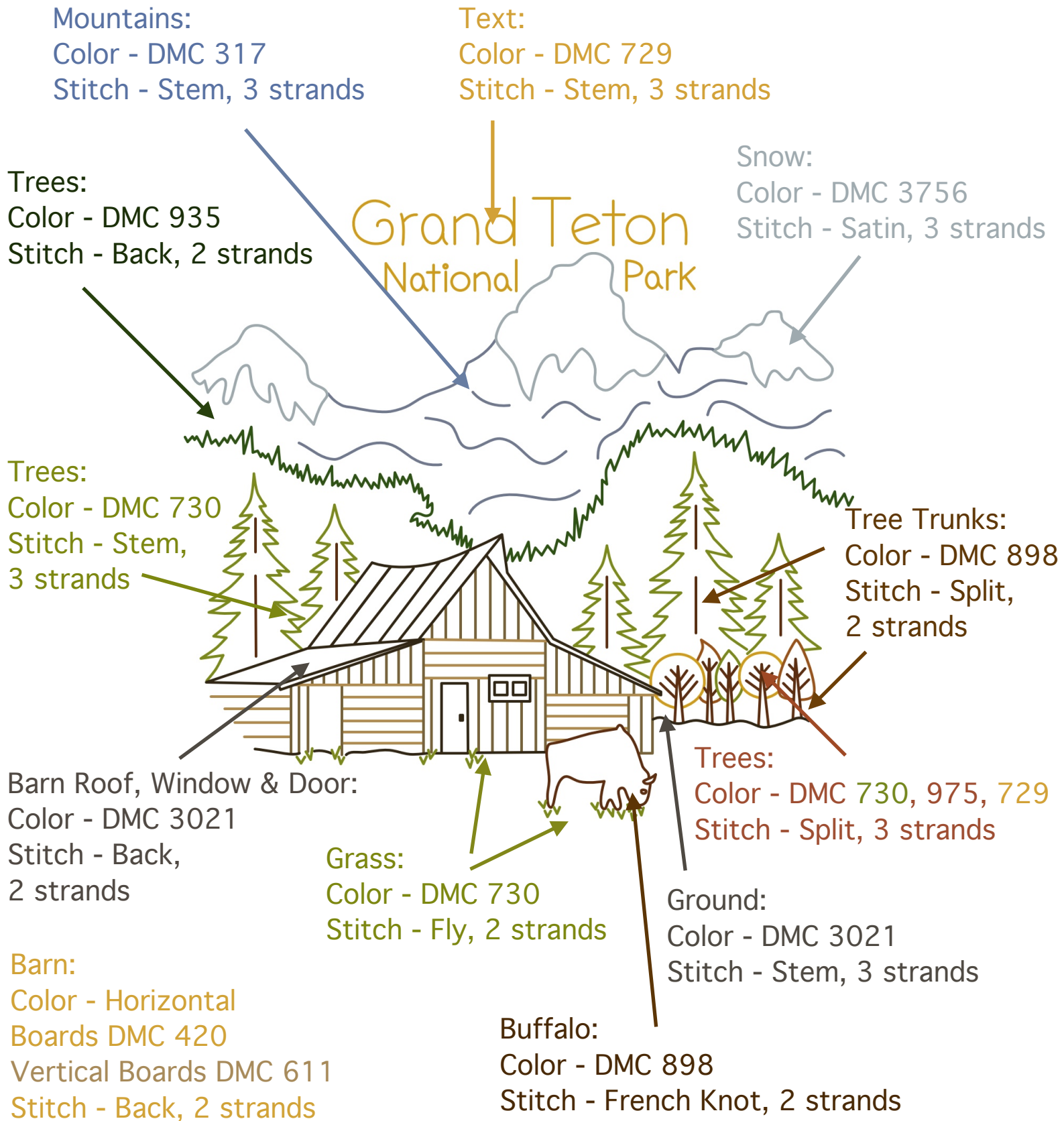


Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

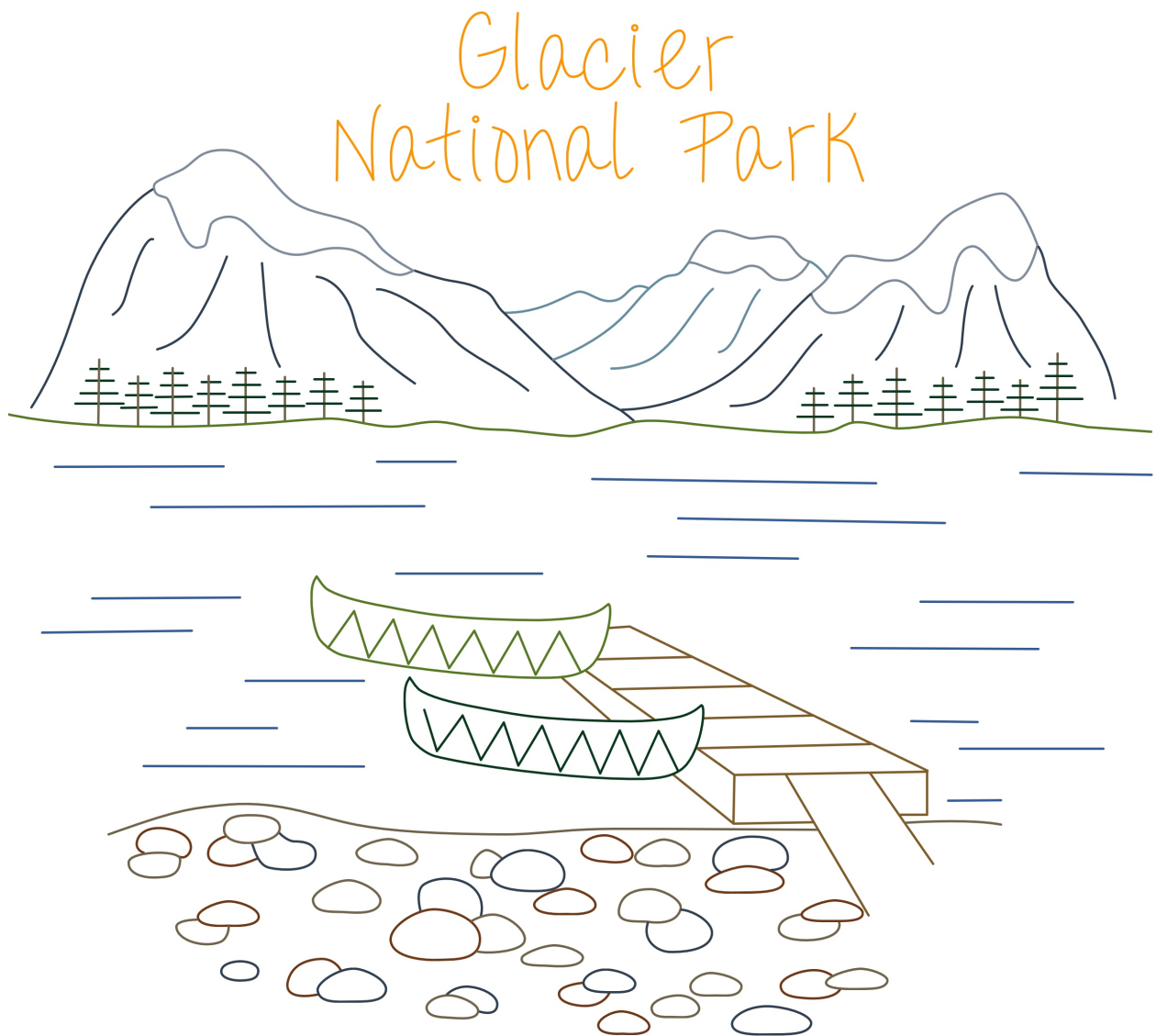


Glacier National Park Embroidery Pattern



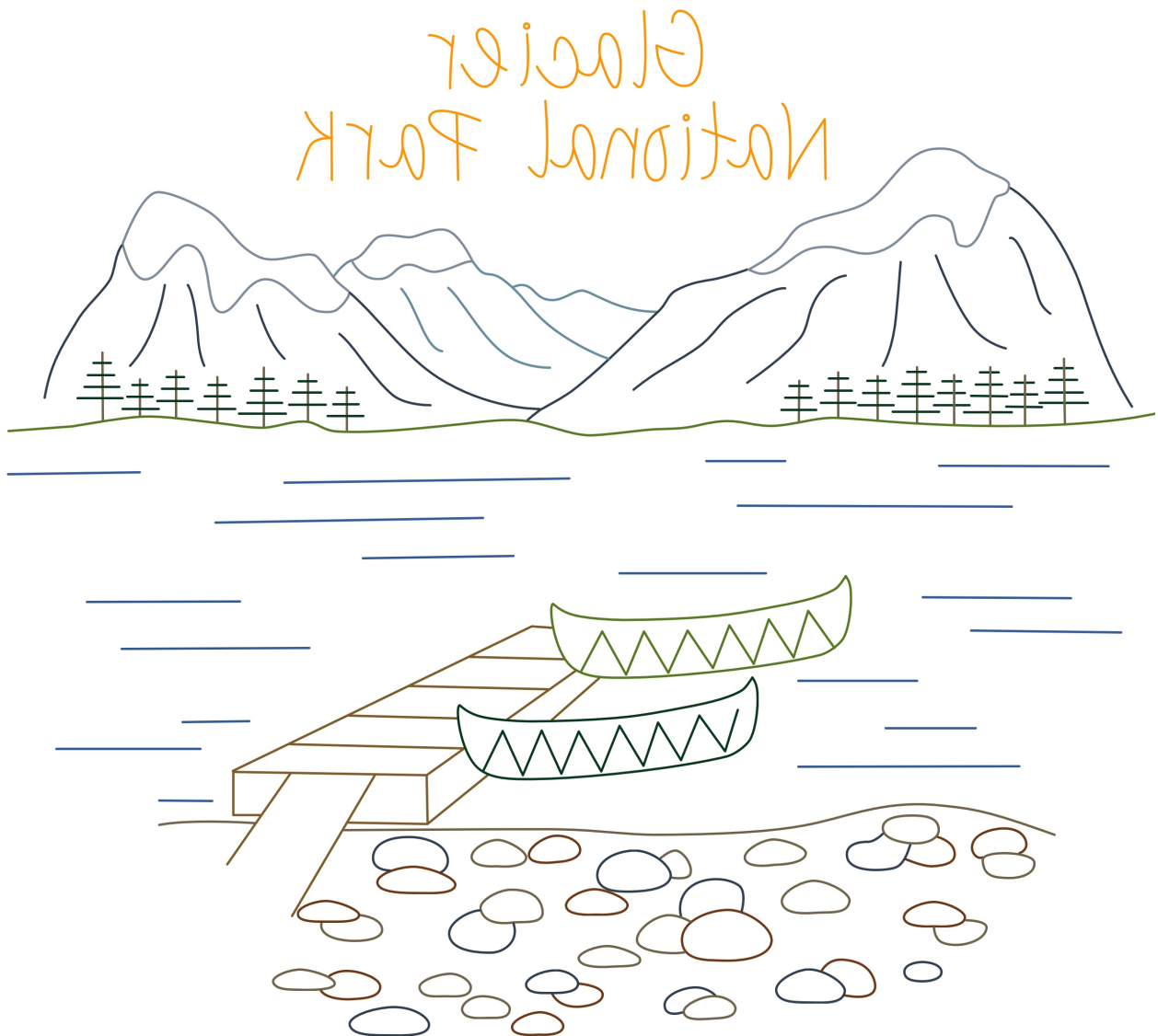
Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Mountains:

Color - DMC 3768 (front)
& 926 (back)
Stitch - Split, 4 strands

Text:

Color - DMC 977
Stitch - Stem,
2 strands

Snow:

Color - DMC 415
Stitch - Satin, 4 strands
*Create smooth edges by
outlining the snow with 2
strands of floss and stitching
over with 4 strands in satin
stitch

Ground:

Color - DMC 469
Stitch - Stem,
3 Strands

Trees:

Color - DMC 319(foliage)
& 640(trunks)
Stitch - Back, 2 Strands

Lake:

Color - DMC 931
Stitch - Scroll,
3 strands

Ground:

Color - DMC 640
Stitch - Stem,
3 Strands

Dock:

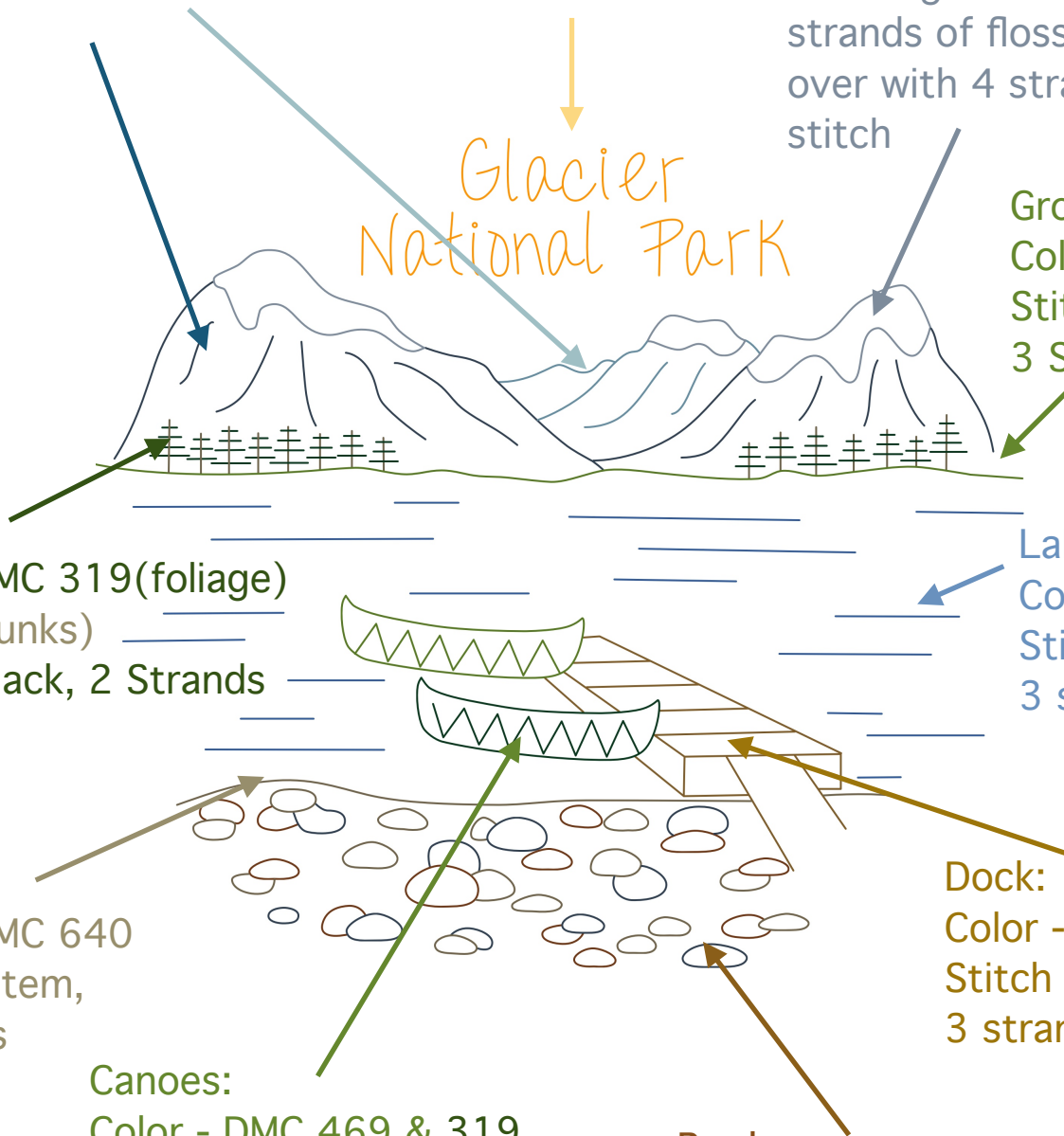
Color - DMC 610
Stitch - Back,
3 strands

Canoes:

Color - DMC 469 & 319
Stitch - Chain(outline),
Split(zig-zag), 2 strands

Rocks:

Color - DMC 433, 3768, 640
Stitch: French Knot, 3 strands



Love these patterns and want to stitch more?

You are in luck! Visit www.wanderingthreadsembroidery.com to view the full line of downloadable embroidery patterns.

- More National Park Patterns
- 50 Unique Patterns for Each of the 50 U.S States
- 50 U.S. State Flower Patterns
- The Vintage Trailer Pattern Collection
- U.S Travel Map Pattern
- City Skyline Patterns
- Botanical Patterns
- Holiday Patterns including Ornaments

In addition to patterns, you will also find a full line of embroidery resources to teach and inspire:

- Step-by-Step Embroidery Stitch Tutorials
- FREE Patterns!
- How-To Tutorials Including Framing, Finishing, Embroidery Letters, and More!

Questions or comments? Send me an email at:
amanda@wanderingthreadsembroidery.com

I would love to see your finished pieces! You can find me on Instagram at www.instagram.com/wanderingthreadsembroidery or on Facebook at www.facebook.com/wanderingthreadsembroidery.

Thanks so much for purchasing the National Park Embroidery Pattern Book {Volume 1} and happy stitching!

~Amanda