

Flowers & Fruit Houseplant Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Materials List

Hand embroidery doesn't require a lot of expensive or bulky equipment. A few basic supplies are all you need to get started.

- Fabric Square approximately 10" x 10" in size:
Choose a fabric with a medium weave such as a cotton, muslin, flour sack, or a linen blend. A dark or light fabric works well for this pattern.

If framing in the hoop (instructions to follow) don't be afraid to use a thicker fabric. The example pictured above is stitched on a lightweight denim.

- Embroidery Hoop:
Size 7 or 8-inch
- Embroidery Needle:
Size 7 or 9
- Water Soluble Pen or other items for pattern transfer:
(See the Pattern Transfer Instructions)
- Small Scissors
- DMC Embroidery Floss:
498, 3853, 727, 3345, 3347, 472, 3790
- Felt or Wooden Frame for finishing the embroidery:
(See How to Finish Embroidery)

Embroidery Pattern Transfer Instructions

Light Table/ Window:

Place the pattern on a light table or tape it to a bright window. Position the fabric on top and secure in place. Trace the pattern onto the fabric using a water erasable transfer pen. The markings from this pen will remain until washed gently with water.

*Pro tip: A computer or tablet screen makes a great light box! Simply open this PDF on your computer, tape the fabric over the pattern on the screen, and trace it using the provided pen. No printer needed!

Iron On Transfer Pencil or Pen:

Iron on transfer pens and pencils can be found at most fabric/sewing stores. First, print the REVERSE IMAGE pattern. Trace the pattern with the iron on pencil or pen. Place the traced pattern on an iron-safe surface and secure the fabric on top. Press a hot iron on the fabric for 5-10 seconds. Do not move the iron around. Gently lift an edge of the fabric to check that the design has transferred before removing the fabric.

*This method will leave permanent marks that need to be covered with embroidery or they will show on the finished piece.

Dressmaker's Transfer Paper:

Transfer Paper can be found at many fabric or craft stores. It is coated on one side with a powdery ink that will wash out of the fabric. Transfer paper comes in both light and dark colors.

To use, secure your fabric to a flat, hard surface, cover with a piece of transfer paper (powder side down) and place the printed pattern on top. Trace the pattern using a pencil, fine tipped pen, or stylus. Press very firmly and make sure the paper does not move.

This is the best method for transferring patterns to a dark fabric. A white or yellow transfer paper will show up nicely on dark fabric.

*Pro Tip: The transfer lines from this paper fades fast. After 24 hours you will only see faint lines. For best results, transfer a small portion of the pattern, stitch, then repeat the transfer process for a different part of the pattern until finished.

How to Finish Embroidery: Two Methods

Frame in the Hoop

1. Using the inner ring of an embroidery hoop, trace a circle on a piece of felt and cut it out.
2. Place the finished embroidery in the hoop, stretch it smooth and tighten the screw. Trim the excess fabric around the edges roughly an inch wider than the hoop.
3. Cut off a long piece of sewing thread. Make sure it's long enough to stitch all the way around the circle. Leaving a 4-5-inch tail at the beginning, stitch around the edge with Running Stitch.
4. When you've stitched all the way around, grasp both ends of the thread and pull until the fabric gathers together. Tie a knot and cut off the excess thread.
5. Position the felt circle over the back and sew it into place with a whip stitch.
6. Continue sewing all the way around and tie off the thread.

View step by-step photo tutorials for both framing methods on:

wanderingthreadsembroidery.com

In a Wooden Frame

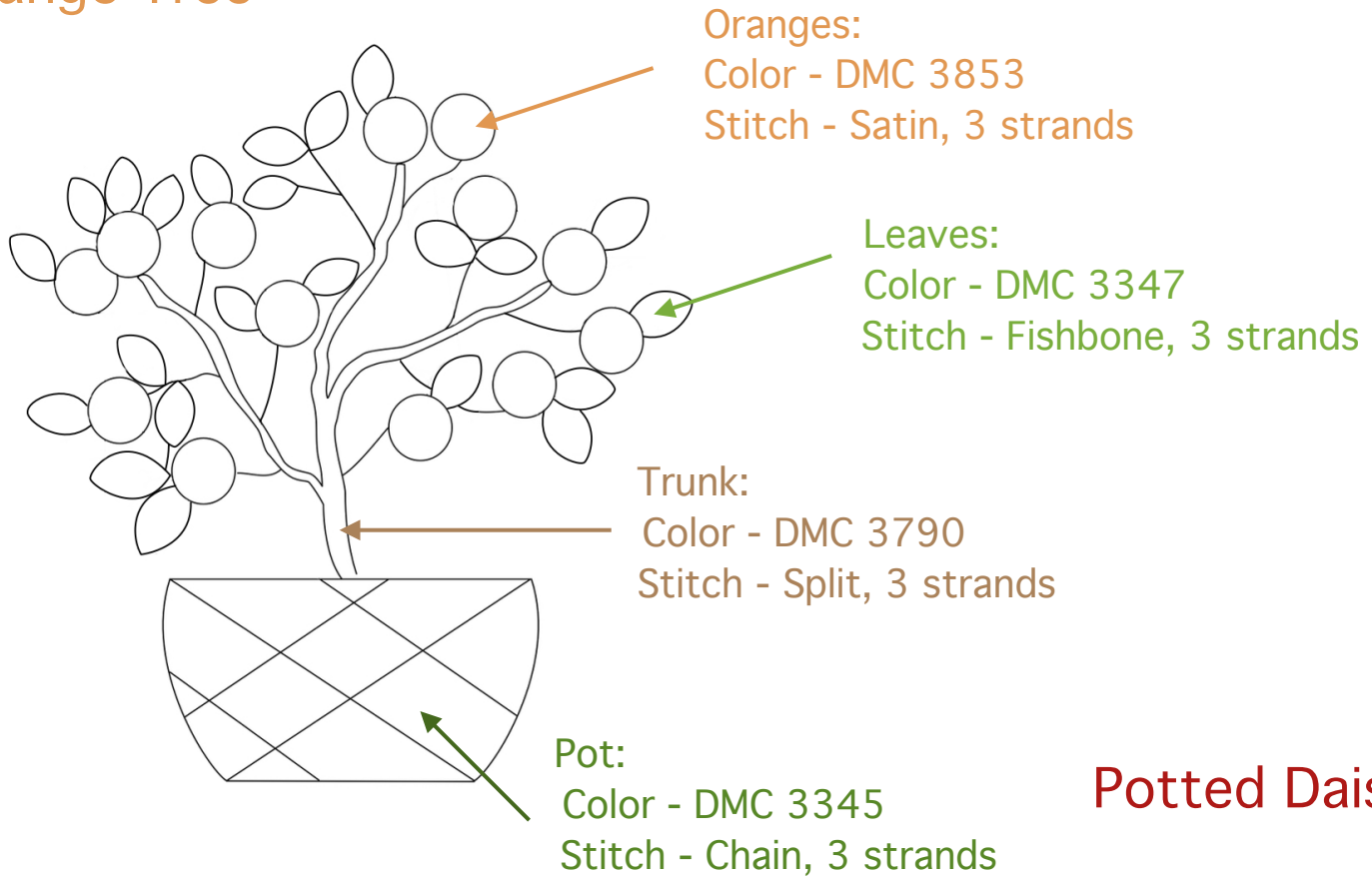
1. Cut a piece of foam board to fit the inside dimensions of your frame.
2. Position the foam board in the center of your embroidery piece. Make sure it's straight! Flip over so the fabric is on the bottom. Starting with the long sides, fold the extra fabric into the center. If necessary, trim the fabric to leave a roughly 1-4" space in between. Pull the fabric tight and secure with long pins.
3. Repeat this process on the short sides. If the corners are bunching, fold them on a diagonal and trim a bit. The finished fabric-wrapped foam board needs to fit snugly inside the frame so try your best to avoid bulky corners.
4. Secure the fabric using a simple lacing technique. Fold the extra fabric from the short sides out of the way. Insert a needle with a long strand of thread about a 1/4-inch from the edge of the fabric and weave back and forth while pulling the fabric tight. Tie off the thread at the end and start a new piece. Finish the lacing by folding the fabric from the short sides into the middle and lacing it together.
5. Remove the pins and place the embroidery board inside the frame.
6. Replace the frame backing, flip it over, and admire your handiwork!

Color & Stitch Guide

Need help with embroidery stitches?

Visit: WanderingThreadsEmbroidery/embroidery-stitch-tutorials.com

Orange Tree

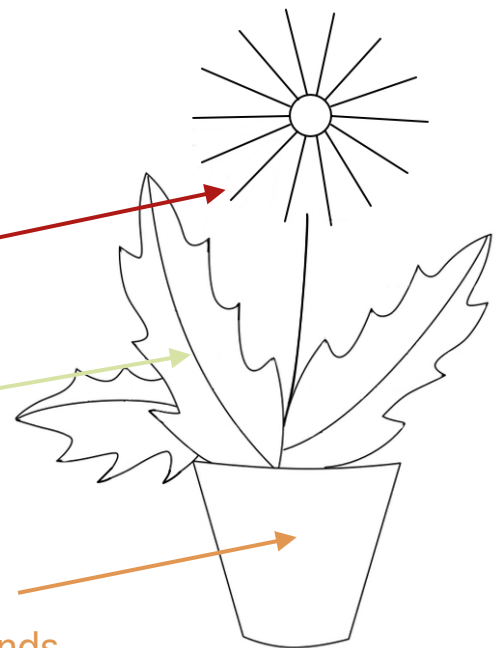


Potted Daisy

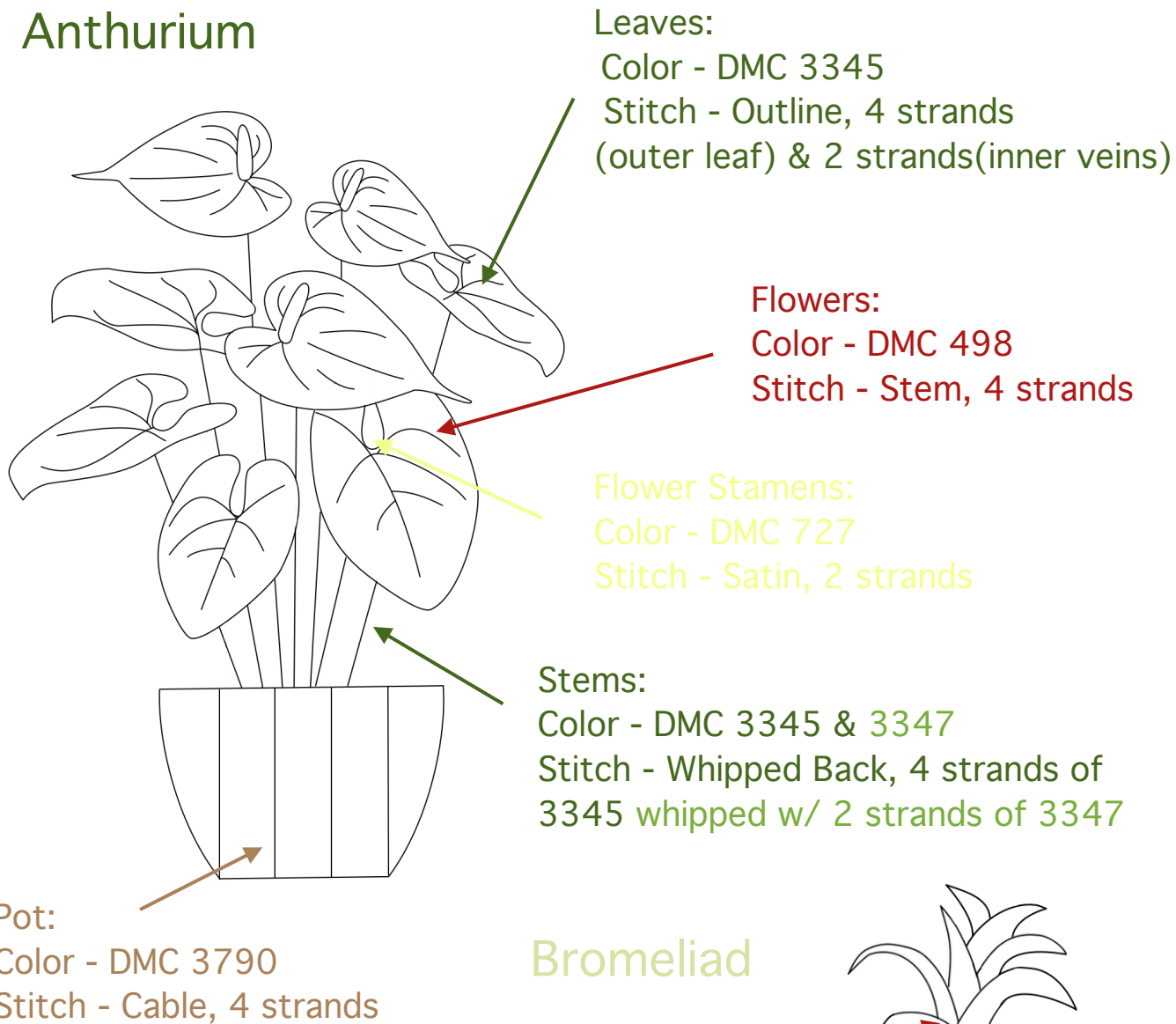
Flower:
Color - DMC 498 (flower petals)
& 472(center)
Stitch - Lazy Daisy(flower petals)
& French Knot (center), 3 strands

Leaves & Stem:
Color - DMC 472
Stitch - Back, 2 strands

Pot:
Color - DMC 3853
Stitch - Satin, 3 strands



Anthurium

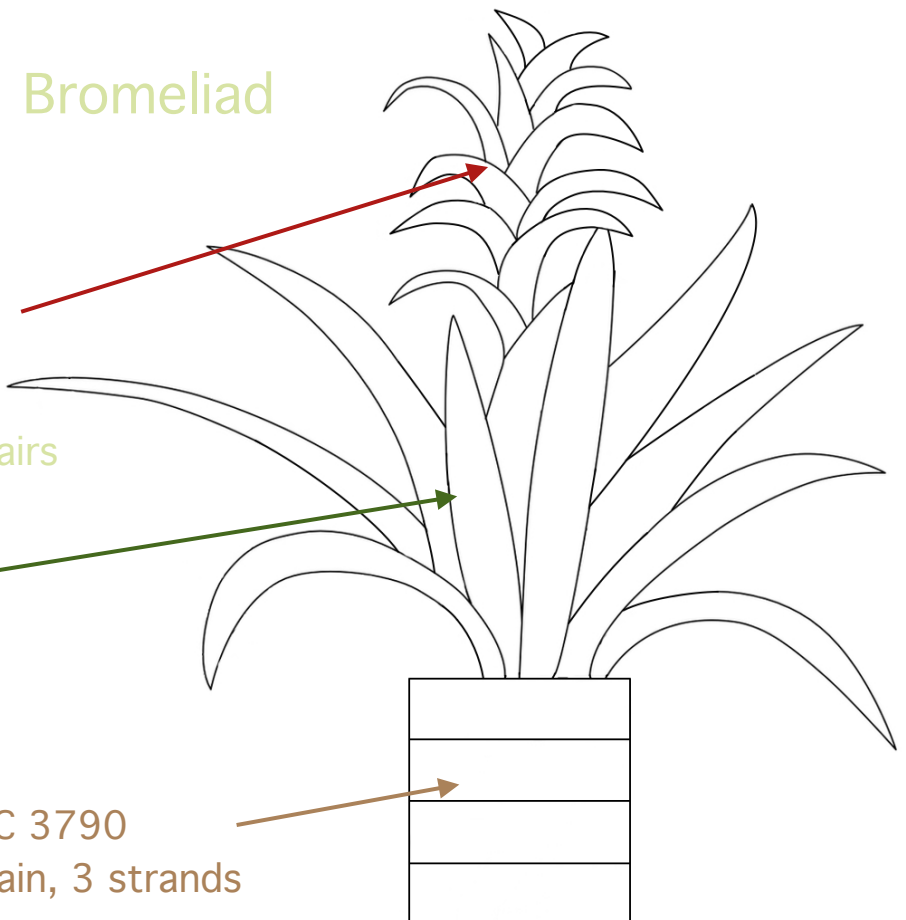


Flower:
Color - DMC 472 & 498
Stitch - Split, 4 strands
*Alternate the colors in pairs

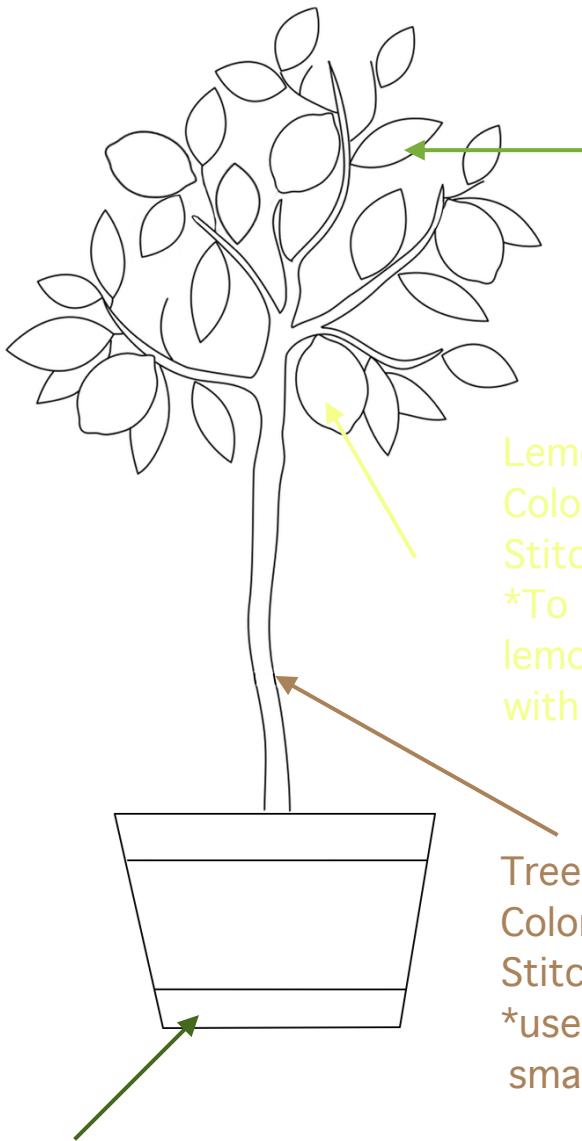
Leaves:
Color - DMC 3345
Stitch - Split, 4 strands

Pot:
Color - DMC 3790
Stitch - Chain, 3 strands

Bromeliad



Lemon Tree



Leaves:
Color - DMC 3347
Stitch - Fishbone, 4 strands

Lemons:
Color - DMC 727
Stitch - Satin, 4 strands
*To ensure smoother edges, outline each lemon w/ 2 strands of floss before covering with satin stitch.

Tree Trunk:
Color - DMC 3790
Stitch - Basket, 4 strands
*use a single line of stem stitch for the smaller branches

Pot:
Color - DMC 3345 & 727
Stitch - Whipped Back, 4 strands
of 3345 whipped w/ 2 strands
of 727

Love this pattern and want to stitch more?

You are in luck! Visit www.wanderingthreadsembroidery.com to view the full line of downloadable embroidery patterns.

- More Botanical & Houseplant Patterns
- National Park Patterns
- 50 Unique Patterns for Each of the 50 U.S States
- 50 U.S. State Flower Patterns
- The Vintage Trailer Pattern Collection
- Travel Map Patterns
- Holiday Patterns including Christmas Ornaments

In addition to patterns, you will also find a full line of embroidery resources to teach and inspire:

- Over 15 different Step-by-Step Embroidery Stitch Tutorials
- FREE Patterns!
- How-To Tutorials Including Framing, Finishing, Embroidery Letters, and More!

Questions or comments? Send me an email at:
amanda@wanderingthreadsembroidery.com

I would love to see your finished pieces! You can find me on Instagram at www.instagram.com/wanderingthreadsembroidery or on Facebook at www.facebook.com/wanderingthreadsembroidery.

Thanks so much for purchasing the Flowers & Fruit Houseplant Pattern and happy stitching!

~Amanda