

Nature Alphabet Embroidery Pattern



Materials List

- Fabric Type: Any fabric can be used for embroidery. However, fabric with a medium weave such as cotton, muslin, or flour sack is easiest for stitching. The stitched examples are shown on white fabric, but don't be afraid to try a dark color with a contrasting thread!
- Fabric Size: The finished size of the complete alphabet is approximately 9.25" x 7.25". To frame or mount the alphabet on a foam board, use a piece of fabric with 3-4 extra inches on each side.
- Embroidery Hoop:
Size 5 or 6-inch for stitching a few letters at a time
Size 12-inch for stitching the whole alphabet at once
- Embroidery Needle:
Size 7 or 9
- Water Soluble Pen or other items for pattern transfer:
(See the Pattern Transfer Instructions)
- Small Scissors
- DMC Embroidery Floss:
Color Theme 1 (shown in example on first page): 3041, 987
Color Theme 2 (shown in example on this page): 3809, 12
- Wooden Frame or foam board for finishing the embroidery:
The complete alphabet fits inside a 8x10-inch or 11x14-inch rectangle frame
(See the How to Finish Embroidery section for complete instructions)



Embroidery Pattern Transfer Instructions

Light Table/ Window:

Place the pattern on a light table or tape it to a bright window. Position the fabric on top and secure in place. Trace the pattern onto the fabric using a water erasable transfer pen. The markings from this pen will remain until washed gently with water.

*Pro tip: A computer or tablet screen makes a great light box! Simply open this PDF on your computer, tape the fabric over the pattern on the screen, and trace it using the transfer pen. No printer needed!

Iron On Transfer Pencil or Pen:

Iron on transfer pens and pencils can be found at most fabric/sewing stores. First, print the REVERSE IMAGE pattern. Trace the pattern with the iron on pencil or pen. Place the traced pattern on an iron-safe surface and secure the fabric on top. Press a hot iron on the fabric for 5-10 seconds. Do not move the iron around. Gently lift an edge of the fabric to check that the design has transferred before removing the fabric.

*This method will leave permanent marks that need to be covered with embroidery or they will show on the finished piece.

Dressmaker's Transfer Paper:

Transfer Paper can be found at many fabric or craft stores. It is coated on one side with a powdery ink that will wash out of the fabric. Transfer paper comes in both light and dark colors.

To use, secure your fabric to a flat, hard surface, cover with a piece of transfer paper (powder side down) and place the printed pattern on top. Trace the pattern using a pencil, fine tipped pen, or stylus. Press very firmly and make sure the paper does not move.

This is the best method for transferring patterns to a dark fabric. A white or yellow transfer paper will show up nicely on dark fabric.

*Pro Tip: The transfer lines from this paper fades fast. After 24 hours you will only see faint lines. For best results, transfer a small portion of the pattern, stitch, then repeat the transfer process for a different part of the pattern until

How to Finish Embroidery: Two Methods

Frame in the Hoop

1. Using the inner ring of an embroidery hoop, trace a circle on a piece of felt and cut it out.
2. Place the finished embroidery in the hoop, stretch it smooth and tighten the screw. Trim the excess fabric around the edges roughly an inch wider than the hoop.
3. Cut off a long piece of sewing thread. Make sure it's long enough to stitch all the way around the circle. Leaving a 4-5-inch tail at the beginning, stitch around the edge with Running Stitch.
4. When you've stitched all the way around, grasp both ends of the thread and pull until the fabric gathers together. Tie a knot and cut off the excess thread.
5. Position the felt circle over the back and sew it into place with a whip stitch.
6. Continue sewing all the way around and tie off the thread.

View step by-step photo tutorials for both framing methods on:

wanderingthreadsembroidery.com

In a Wooden Frame

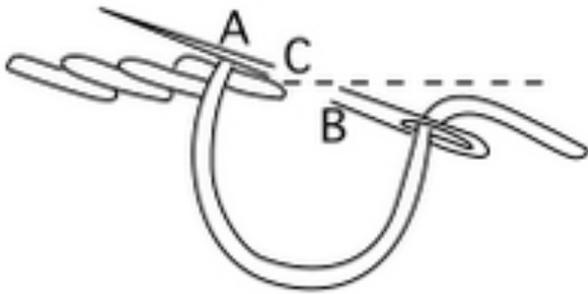
1. Cut a piece of foam board to fit the inside dimensions of your frame.
2. Position the foam board in the center of your embroidery piece. Make sure it's straight! Flip over so the fabric is on the bottom. Starting with the long sides, fold the extra fabric into the center. If necessary, trim the fabric to leave a roughly 1-4" space in between. Pull the fabric tight and secure with long pins.
3. Repeat this process on the short sides. If the corners are bunching, fold them on a diagonal and trim a bit. The finished fabric-wrapped foam board needs to fit snugly inside the frame so try your best to avoid bulky corners.
4. Secure the fabric using a simple lacing technique. Fold the extra fabric from the short sides out of the way. Insert a needle with a long strand of thread about a 1/4-inch from the edge of the fabric and weave back and forth while pulling the fabric tight. Tie off the thread at the end and start a new piece. Finish the lacing by folding the fabric from the short sides into the middle and lacing it together.
5. Remove the pins and place the embroidery board inside the frame.
6. Replace the frame backing, flip it over, and admire your handiwork!

Embroidery Stitch Tutorials

Need help with embroidery stitches? For step-by-step stitch tutorials including tips & tricks, visit:

WanderingThreadsEmbroidery.com/embroidery-stitch-tutorials.com

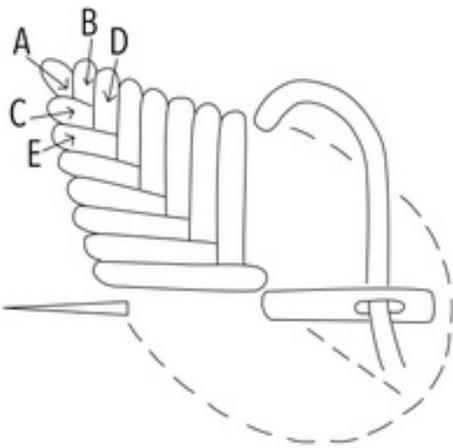
Stem Stitch



Working from left to right, bring the needle up through the fabric just above the marked line of your pattern (point A)

Insert the needle one stitch length away from point A just below the pattern line (point B). Angle the needle backward and come back up roughly half way between the A & B, just above the line (point c).

Fishbone Stitch



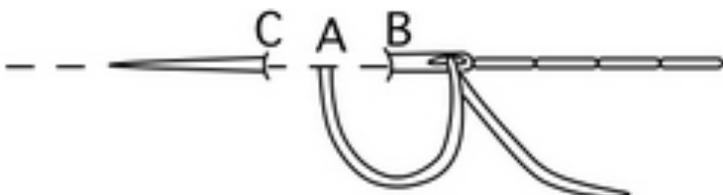
Start by making a single stitch at the top of the leaf (stitch A). Bring the thread back up next to the right side of the first stitch. Make a slanted stitch that ends just across the point where the first stitch ends. (stitch B)

Come up on the other side of the first stitch and make another slanted stitch that ends on the below the second stitch. (stitch C)

Continue stitching in this fashion, alternating sides. Each time you will come up right next to the previous stitch and make a slanted toward the center.

Back Stitch

Begin by bringing the thread up through the fabric one stitch length away from the starting point. Next, go back and bring the needle down at the beginning. Think of it as stitching in reverse. The second stitch is made in the same manner. Come up one stitch length away and bring the needle down at the end of the previous stitch.

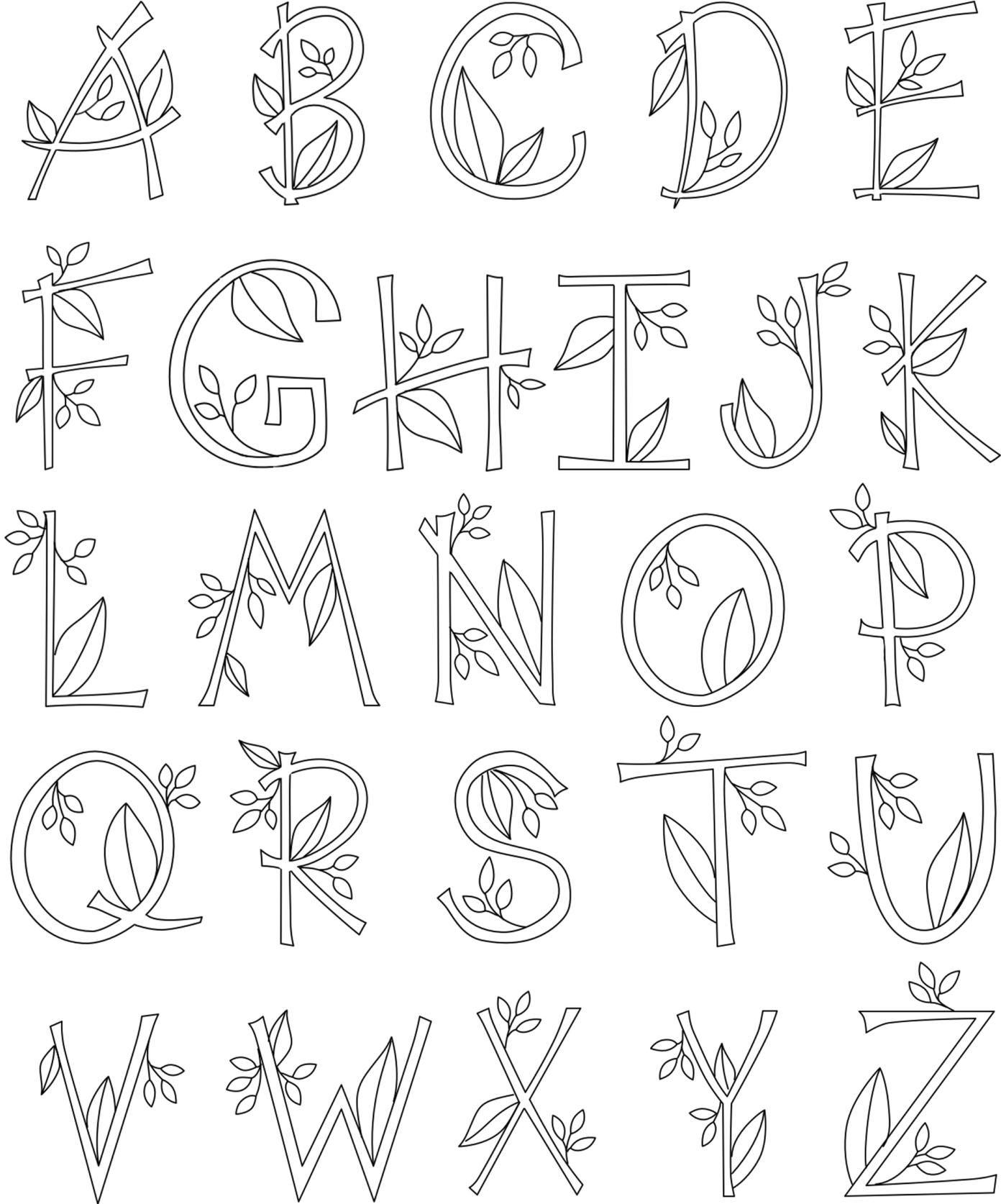


Bring the thread up at A, down at B, and back up at C

Full Size Design

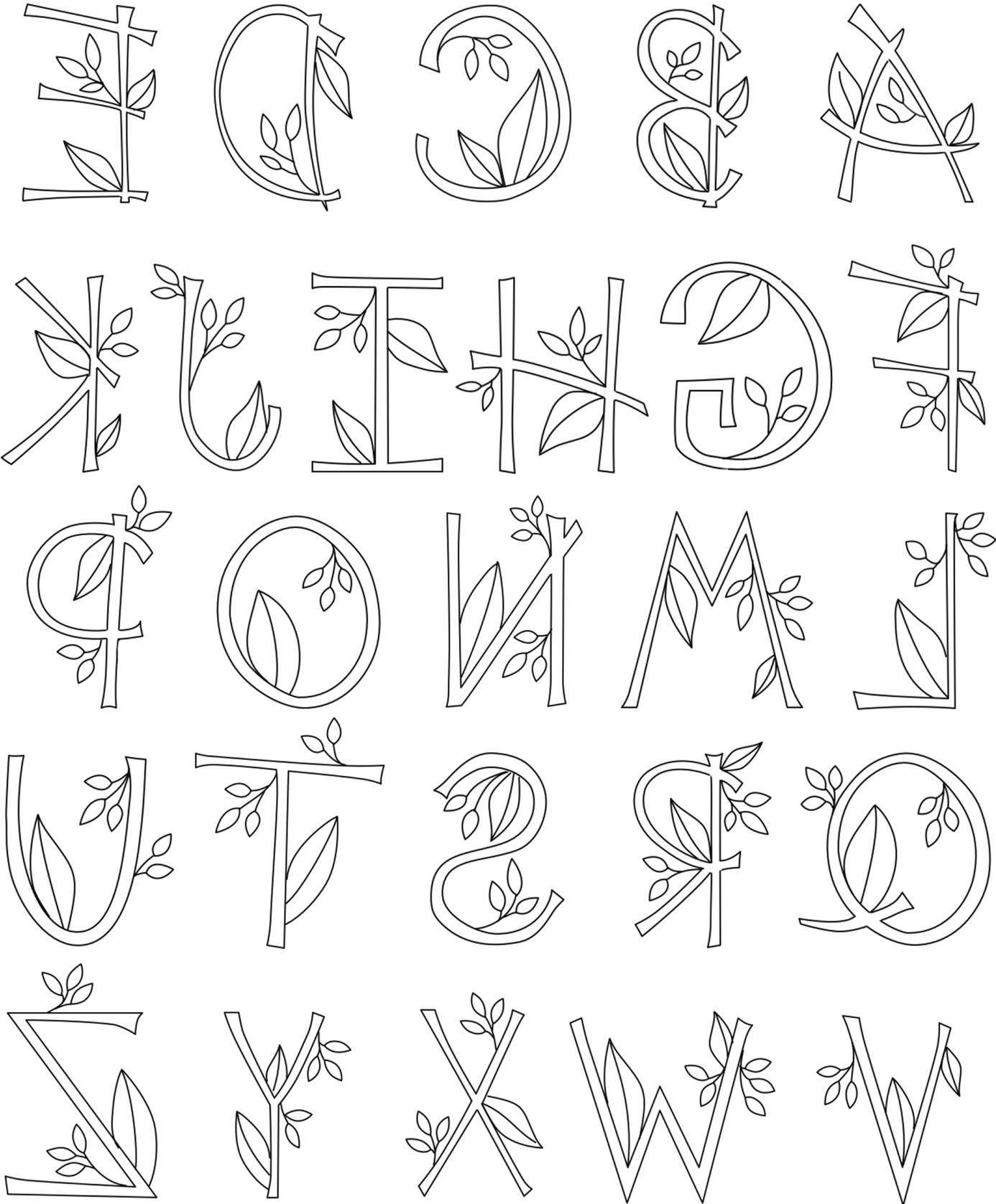
Each letter is ~1.5" tall

Full Alphabet is ~ 7.25 x 9.25"



Reverse Image for Iron-On Transfer

Each letter is ~1.5" tall
Full Alphabet is ~ 7.25 x 9.25"



Color & Stitch Guide



Step 1: Letter Outline

Stitch - Stem

Color - 3041 (purple) or 3809 (turquoise)



Step 2: Leaves

Stitch - Fishbone

Color - 987 (green) or 12 (chartreuse)



Step 3: Leaf Steams

Stitch - Back

Color - 987 (green) or 12 (chartreuse)

Love this pattern and want to stitch more?

You are in luck! Visit www.wanderingthreadsembroidery.com to view the full line of downloadable embroidery patterns.

- National Park Patterns
- 50 Unique Patterns for Each of the 50 U.S States
- 50 U.S. State Flower Patterns
- The Vintage Trailer Pattern Collection
- Travel Map Patterns
- City Skyline Patterns
- Botanical & Houseplant Patterns
- Holiday Patterns including Christmas Ornaments

In addition to patterns, you will also find a full line of embroidery resources to teach and inspire:

- Step-by-Step Embroidery Stitch Tutorials
- FREE Patterns!
- How-To Tutorials Including Framing, Finishing, Embroidery Letters, and More!

Questions or comments? Send me an email at:
amanda@wanderingthreadsembroidery.com

I would love to see your finished pieces! You can find me on Instagram at www.instagram.com/wanderingthreadsembroidery or on Facebook at www.facebook.com/wanderingthreadsembroidery.

Thanks so much for purchasing the Nature Alphabet Pattern and happy stitching!

~Amanda