



National Park Embroidery Pattern Book {Volume 3}



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Materials List

- Fabric Square approximately 10” x 10” in size:
Choose a fabric with a medium weave such as a cotton, muslin, or flour sack.
You can embroider on any color fabric, but keep in mind that some floss colors will not show up well on dark fabrics.
- Embroidery Hoop:
Size 7 or 8-inch
- Embroidery Needle:
Size 7 or 9
- Water Soluble Pen or other items for pattern transfer:
(See the Pattern Transfer Instructions on page 2)
- Small Scissors
- DMC Embroidery Floss:
Each pattern contains a guide with suggested DMC floss colors.
Cuyahoga : 318, 414, 3787, 840, 839, 3345, 581, 642, 3364
Hot Springs: 597, 3809, 168, 645, 3021, 501, 3687, 841, 471
Shenandoah: 927, 926, 317, 924, 3363, 844, 3345, 3364, 844, 676
Capitol Reef: 3362, 300, 975, 436, 610, 347, 169, 989, 838
Canyonlands: 975, 976, 317, 3740, 644, 3863, 725
Theodore Roosevelt: 632, 642, 08, 937, 734, 317, 3799, 3828
Denali: 3072, 415, 930, 414, 3810, 992, 471, 3787, 938, 840, 501
Big Bend: 839, 3863, 3777, 937, 612, 169, 976, 834, 471
Black Canyon: 898, 3863, 3021, 645, 415, 3346, 931, 580, 08
Carlsbad Caverns: 612, 436, 434, 612, 2021, 937
- Felt or Wooden Frame for finishing the embroidery:
(See How to Finish Embroidery on page 3)

Embroidery Pattern Transfer Instructions

Light Table/ Window:

Place the pattern on a light table or tape it to a bright window. Position the fabric on top and secure in place. Trace the pattern onto the fabric using a water erasable transfer pen. The markings from this pen will remain until washed gently with water.

*Pro tip: A computer or tablet screen makes a great light box! Simply open this PDF on your computer, tape the fabric over the pattern on the screen, and trace it. No printer needed!

Iron On Transfer Pencil or Pen:

Iron on transfer pens and pencils can be found at many fabric/craft stores. First, print the REVERSE IMAGE pattern. Trace the pattern with the iron on pencil or pen. Place the traced pattern on an iron-safe surface and secure the fabric on top. Press a hot iron on the fabric for 5-10 seconds. Do not move the iron around. Gently lift an edge of the fabric to check that the design has transferred before removing the fabric.

*This method will leave permanent marks that need to be covered with stitches.

Transfer Paper:

Transfer Paper can be found at many fabric or craft stores. It is coated on one side with a powdery ink that will wash out of the fabric.

Transfer Paper (continued)...

To use, secure your fabric to a flat, hard surface, cover with a piece of transfer paper (powder side down) and place the printed pattern on top. Trace the pattern using a pencil, or stylus. Press very firmly and make sure the paper does not move.

This method works well for transferring patterns to dark fabric. A white or yellow transfer paper shows up nicely.

Stick & Stitch Transfer Paper

This dissolvable, sticky-backed, transfer paper can be drawn on by hand, or printed on using a printer. The pattern goes on the rough (non-sticky) side of the paper. If tracing by hand, use a light-colored pen or pencil and don't press too hard. If using a printer, make sure the setting is for plain, not photo, paper.

Once the pattern is on the paper, lay the fabric flat on a hard surface, remove the backing from the transfer paper, place the pattern on top, and press firmly. Stitch as usual.

When finished stitching, place the fabric in a shallow bowl of lukewarm water. Make sure the water completely covers the fabric. Leave it for 5-10 minutes. Shake the fabric in the water to remove any loose bits of semi-dissolved paper. Rinse and lay flat to dry.

How to Finish Embroidery: Two Methods

Frame in the Hoop

1. Using the inner ring of an embroidery hoop, trace a circle on a piece of felt and cut it out.

2. Place the finished embroidery in the hoop, stretch it smooth and tighten the screw. Trim the excess fabric around the edges roughly an inch wider than the hoop.

3. Cut off a long piece of sewing thread. Make sure it's long enough to stitch all the way around the circle. Leaving a 4-5-inch tail at the beginning, stitch around the edge with Running Stitch.

4. When you've stitched all the way around, grasp both ends of the thread and pull until the fabric gathers together. Tie a knot and cut off the excess thread.

5. Position the felt circle over the back and sew it into place with a whip stitch.

6. Continue sewing all the way around and tie off the thread.



In a Wooden Frame

1. Cut a piece of foam board to fit the inside dimensions of your frame.

2. Position the foam board in the center of your embroidery piece. Make sure it's straight! Flip over so the fabric is on the bottom. Starting with the long sides, fold the extra fabric into the center. If necessary, trim the fabric to leave a roughly 1-4" space in between. Pull the fabric tight and secure with long pins.

3. Repeat this process on the short sides. If the corners are bunching, fold them on a diagonal and trim a bit. The finished fabric-wrapped foam board needs to fit snugly inside the frame so try your best to avoid bulky corners.

4. Secure the fabric using a simple lacing technique. Fold the extra fabric from the short sides out of the way. Insert a needle with a long strand of thread about a 1/4-inch from the edge of the fabric and weave back and forth while pulling the fabric tight. Tie off the thread at the end and start a new piece. Finish the lacing by folding the fabric from the short sides into the middle and lacing it together.

5. Remove the pins and place the embroidery board inside the frame.

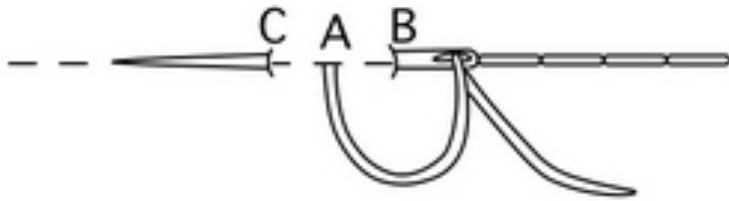
6. Replace the frame backing, flip it over, and admire your handiwork!

For a framing tutorial with photos, visit:
www.wanderingthreadsembroidery.com/how-to-frame-embroidery/

Embroidery Stitch Tutorials

Back Stitch

Begin by bringing the thread up through the fabric one stitch length away from the starting point. Next, go back and bring the needle down at the beginning. Think of it as stitching in reverse. The second stitch is made in the same manner. Come up one stitch length away from the previous stitch and bring the needle down at the end of the previous stitch. Once you get the hang of it this stitch becomes almost like second nature.



Bring the thread up at A, down at B, and back up at C.

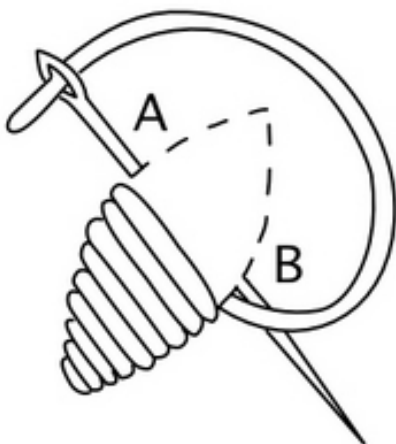
Split Stitch

Make a single stitch. Next, bring the thread back up in the middle of the stitch you just made. Pull the thread all the way through and complete the stitch. Repeat the process of starting each stitch in the middle of the previous stitch. Shorten the stitches when turning corners.



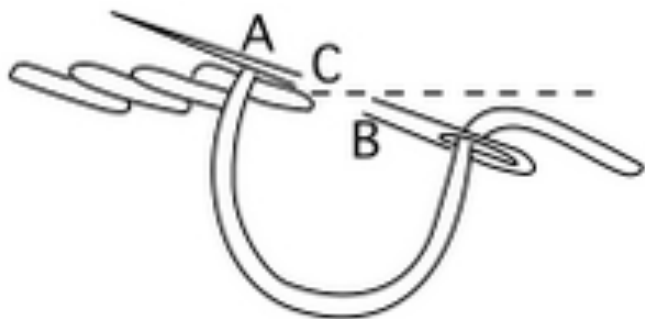
Bring the thread up at A, down at B, and back up at C.

Satin Stitch



Bring the needle up on the edge of the shape you are filling with satin stitch (point A). Stretch the thread across the other side of the shape and bring the needle back down (point B). To make the second stitch, bring the needle back up right next to where you started the first stitch. The key to a smooth satin stitch is positioning the stitches close together without overlapping.

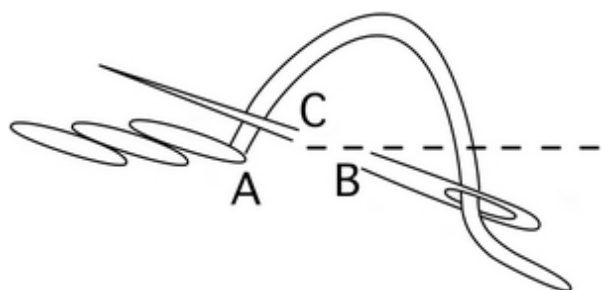
Stem Stitch



Working from left to right, bring the needle up through the fabric just above the marked line of your pattern (point A)

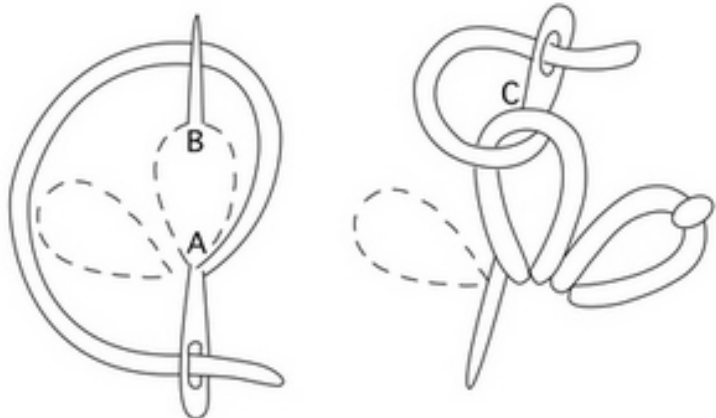
Insert the needle one stitch length away from point A just below the pattern line (point B). Angle the needle backward and come back up roughly half way between the A & B, just above the line (point c).

Outline Stitch



Follow the same directions as above except keep the working thread above the line.

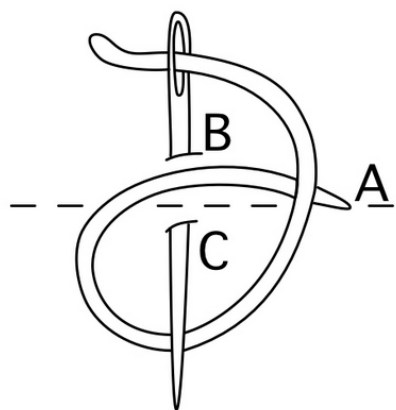
Lazy Daisy



Bring the needle up through the fabric and then reinsert it directly next to the entry point (Point A). Without pulling the thread through, weave the needle under the fabric and bring it back up at point B. Wrap the thread around the back of the needle & pull it all the way through to create a loop. The tighter you pull, the narrower the loop.

Anchor the loop (or petal) by bringing the thread back down on the outer side of the loop (point c).

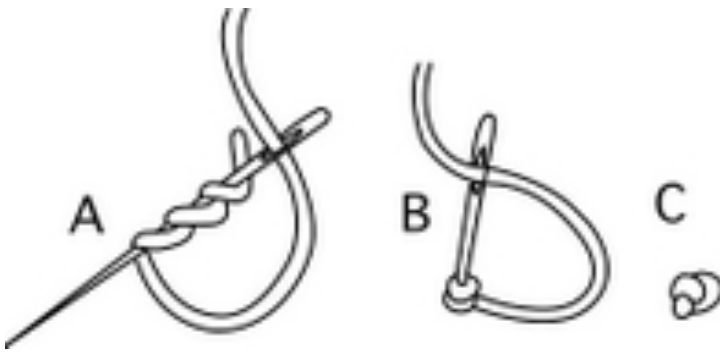
Coral Stitch



Bring the needle up at A, move one stitch length away and insert it on one side of the working line (Point B). Without pulling the thread through, bring the needle back out on the opposite side of the line (Point C).

Wrap the working thread around the needle in a counter clockwise direction & pull the needle through to make a knot. Make subsequent stitches by bring the needle back up another stitch length away and repeating the steps.

French Knot



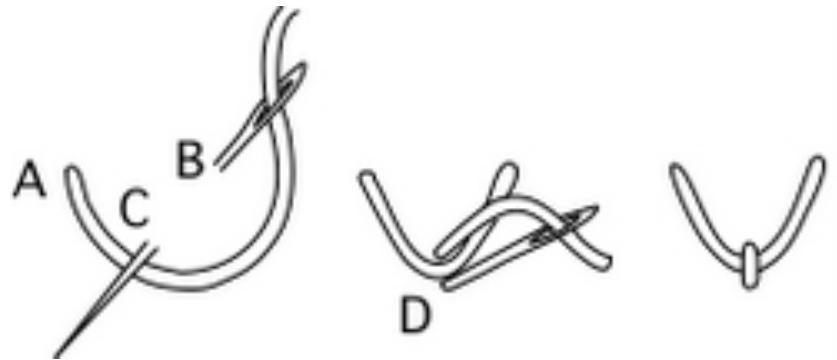
Bring the needle up through the fabric to the front. Hold the thread taut with one hand, and with the other hand wrap it around the needle two or three times. (figure A)

While keeping a tight grasp on the thread, push the needle down through the fabric next to where you first brought it up. (figure B)

The finished stitch looks like a small knot. (figure c)

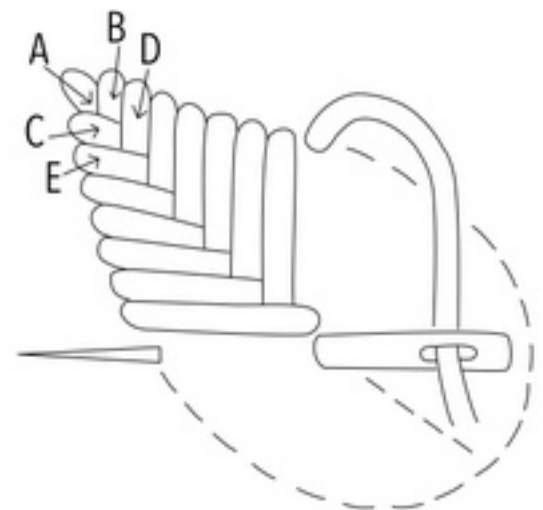
Fly Stitch

Bring the needle up at A, down at B, and back up at C while keeping the working thread under the needle. Complete the stitch by bringing the needle back down under the loop you just created (point D).



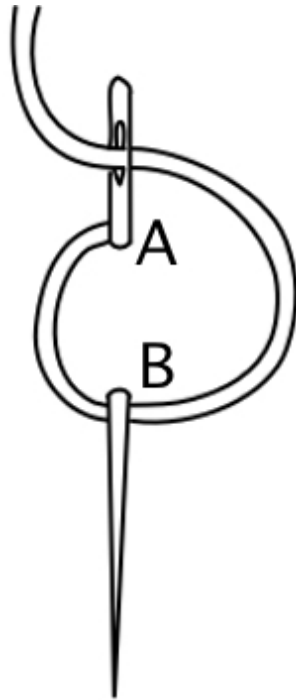
Fishbone Stitch

Bring the needle up at the top of (A) and make a small stitch toward the center of the leaf shape. Come back up next to the right side of the first stitch and make a slanted stitch that ends just across the center line (B). Come up on the other side of the first stitch and make another slanted stitch that ends on the opposite side of the line (C). Continue stitching in this fashion, alternating sides. Each time you will come up right next to the previous stitch and make a slanted stitch that crosses the center line. As you stitch down the shape, the center spine forms and you can see the leaf shape emerging.

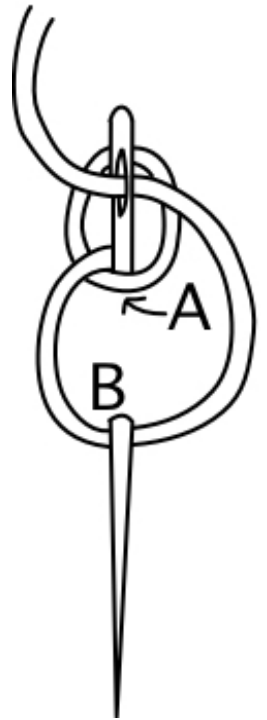


Chain Stitch

Begin your chain stitch by bringing the thread up at the starting point. Take the needle back through the same hole (point A) then up again a short distance away without pulling the thread all the way through (point B). Loop the thread around the bottom of the needle and pull all the way through to create a loop.



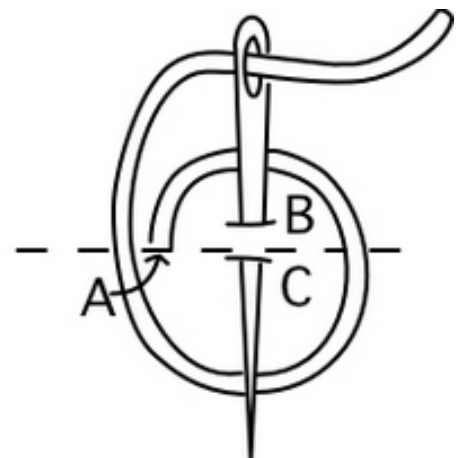
Bring the needle back down in the same hole - inside the loop - (point A) and then back up another stitch length away (point B). Make sure the thread is under the needle before pulling it tight to form that second loop in the chain. Continue this pattern until you've reached the desired length.



Scroll Stitch

Bring the thread to the front of the fabric (point A). Move one stitch length away and take the needle down (point B) and back up (point C) on either side of the stitch line. While keeping the working thread behind the needle, wind it under the needle to create a loop.

Pull the needle all the way through and admire the tiny little knot you just made. Be careful not to pull too tight or you will no longer have a scroll shape on the top. Bring the needle back up another stitch length away and repeat the loop until you reach the desired length.



Looking for more stitch tutorials?

Detailed step-by-step tutorials for the above stitches and many more are available at:

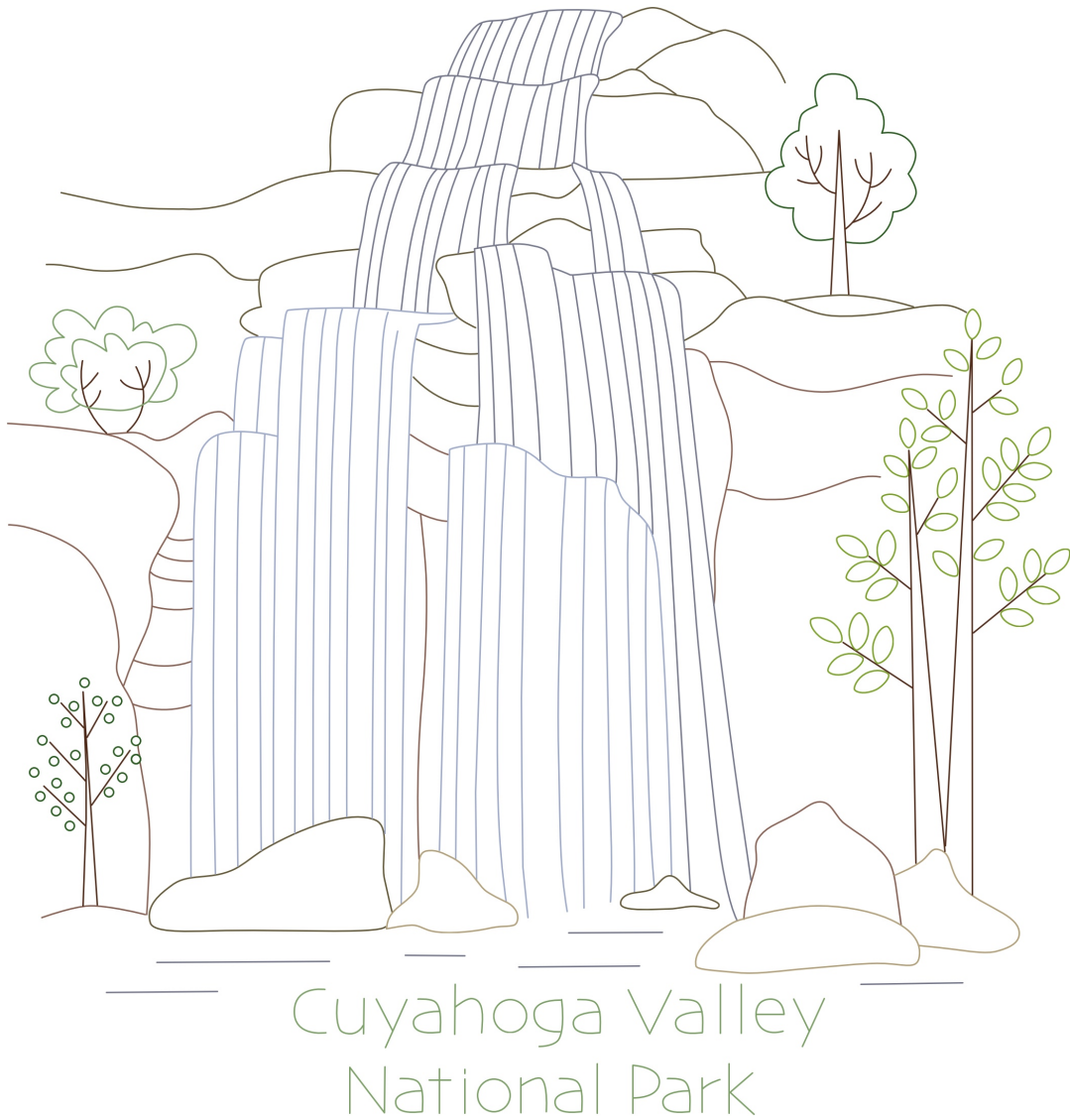
www.wanderingthreadsembroidery.com/embroidery-stitch-tutorials

Cuyahoga Valley National Park Embroidery Pattern



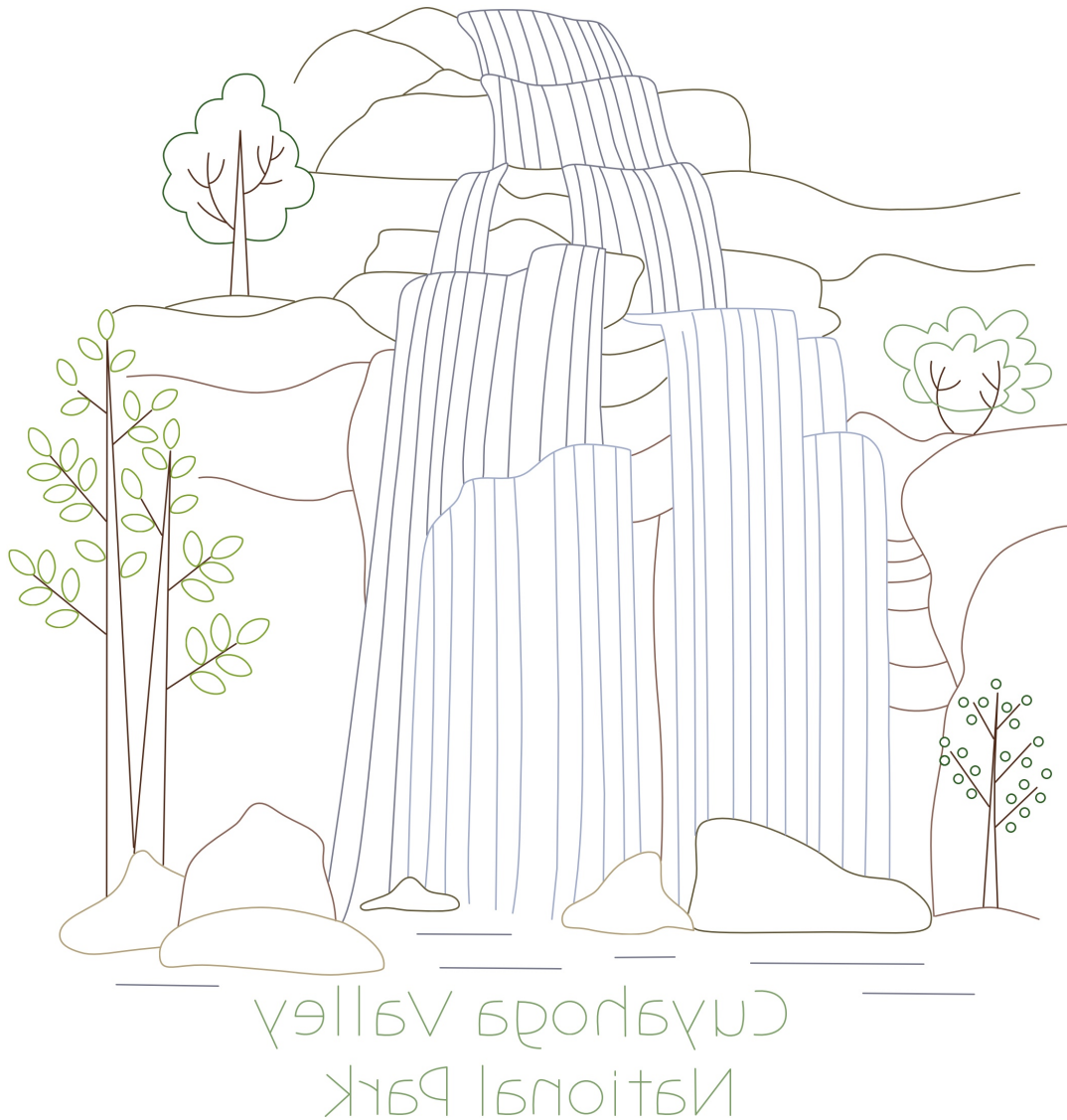
Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Cliffs:

Color - DMC 3787 & 840

Stitch - Split, 4 strands

*Use 3787 for the top cliffs & 840 for the lower cliffs (below the shrub)

Waterfalls:

Color - DMC 414 & 318

Stitch - Stem, 3 strands

*Use the darker color (414) for the top of the falls & the lighter color (318) for the lower falls

Shrub:

Color - DMC 839(trunk) & 3364(foliage)

Stitch - Back(trunk) & French Knot(foliage), 2 & 3 strands

Tree:

Color - DMC 839(trunk) & 3345(foliage)

Stitch - Back(trunk) & French Knot(foliage), 2 & 3 strands

Rocks:

Color - DMC 642, 3787, 840

Stitch - Back, 4 strands

Water:

Color - DMC 414

Stitch - Scroll, 3 strands

Tree:

Color - DMC 839(trunk) & 3345(foliage)

Stitch - Back(trunk) & French Knot(foliage), 2 & 3 strands

Cuyahoga Valley
National Park

Text:

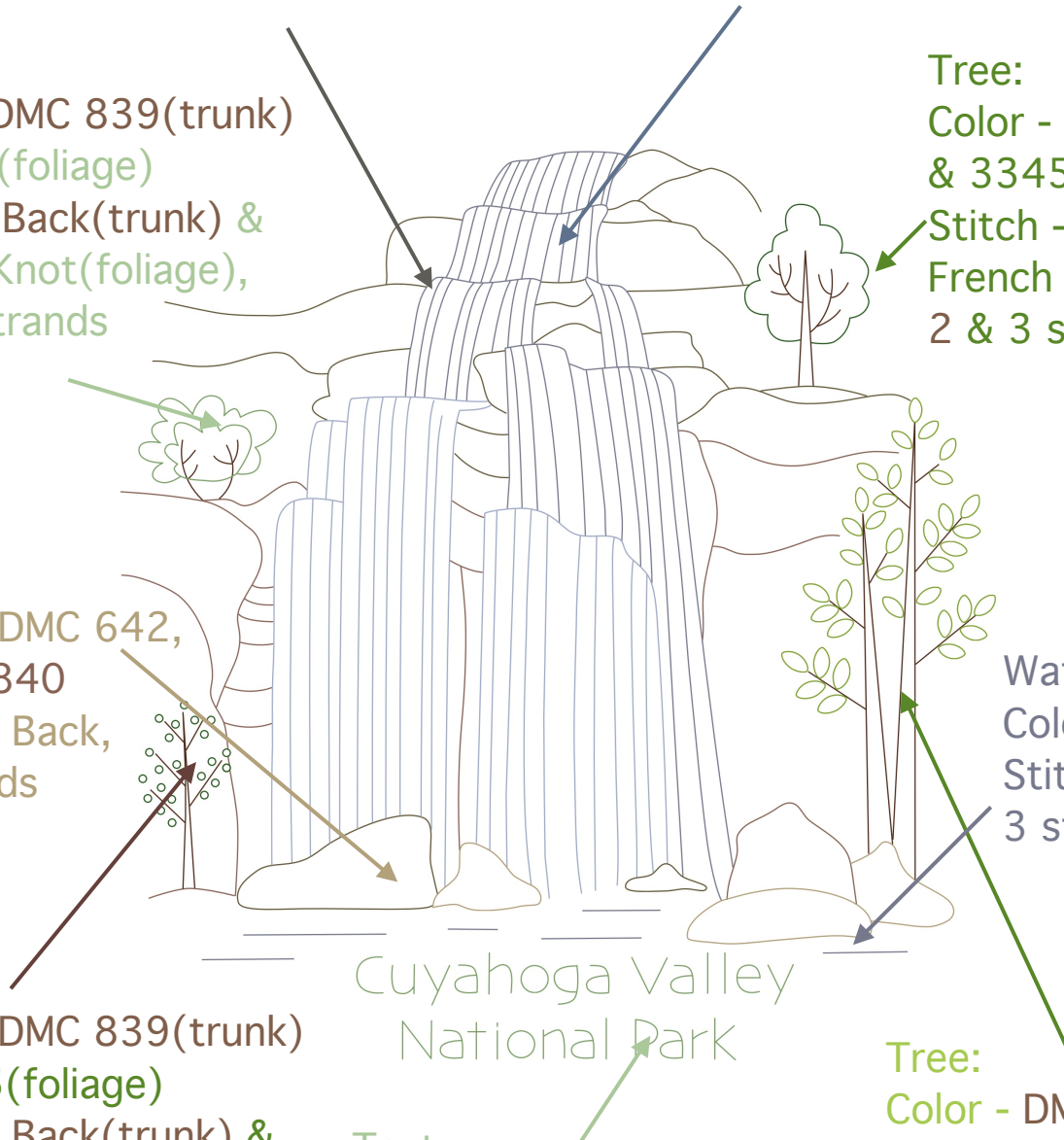
Color - DMC 3364

Stitch - Back, 2 strands

Tree:

Color - DMC 839(trunk) & 581(foliage)

Stitch - Back(trunk) & Fishbone(foliage), 2 & 3 strands



Hot Spring National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

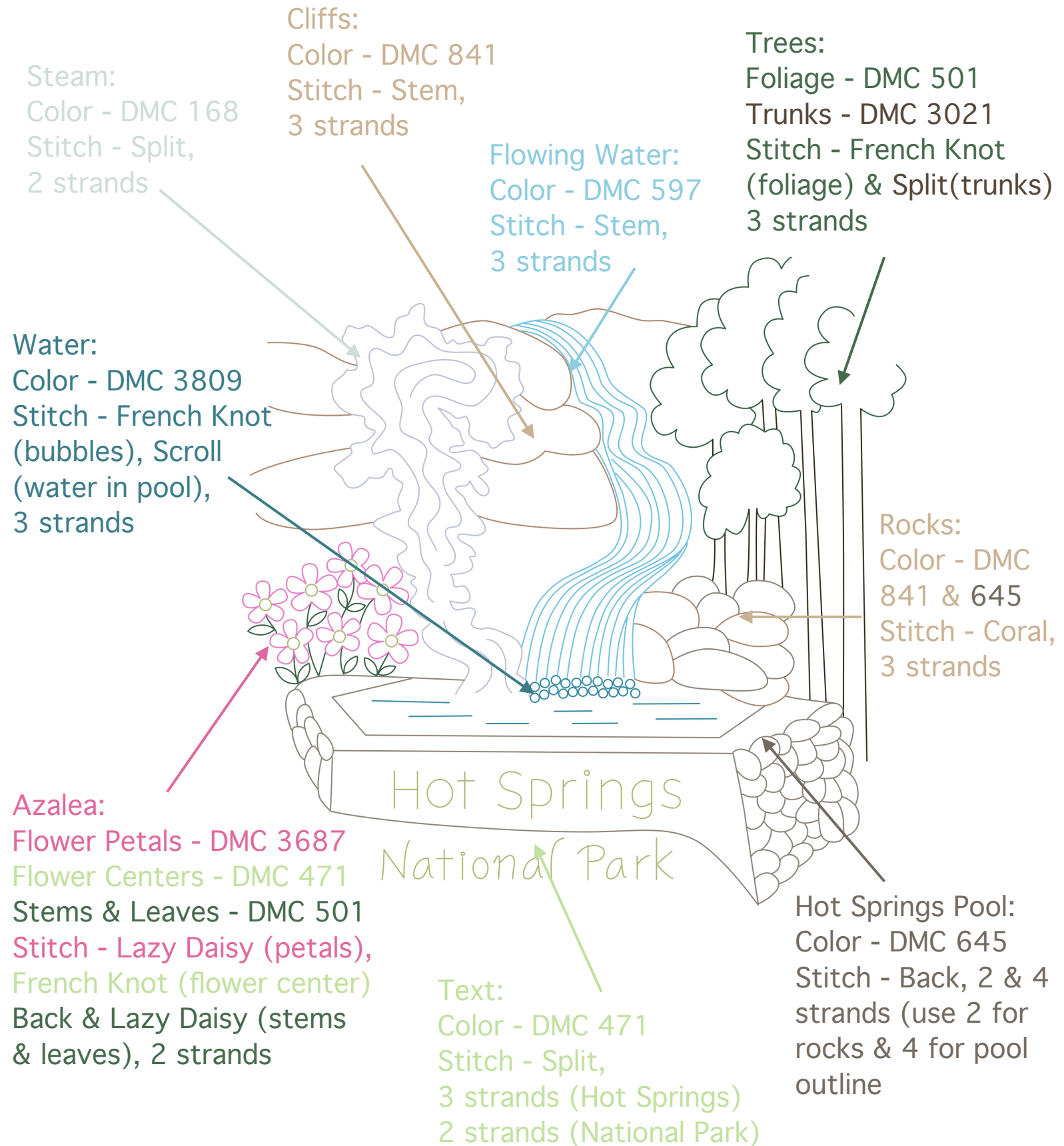


Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide



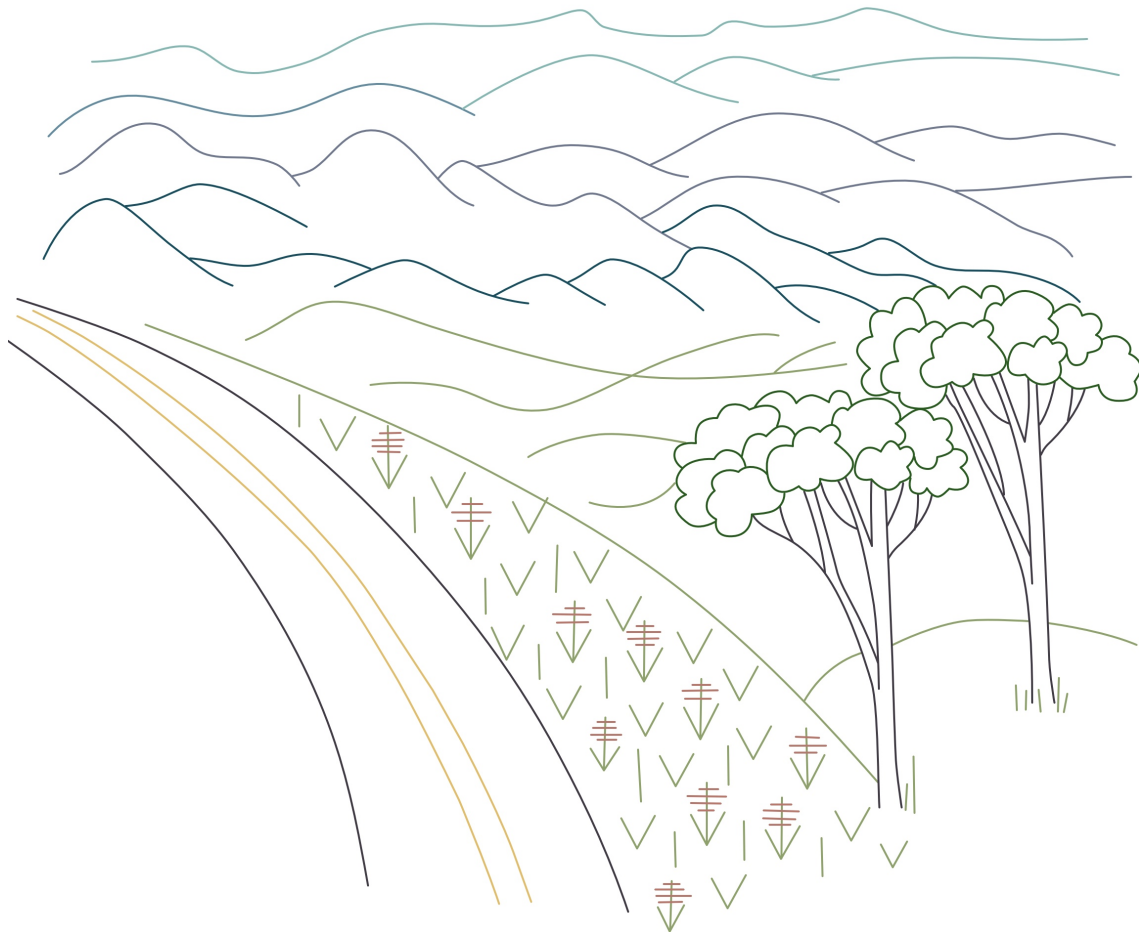
Shenandoah National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

Shenandoah National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Mountains:

Color - DMC 927, 926, 317, 924

Stitch - Outline, 3 strands

*Arrange the colors from light to dark, top to bottom

Hills:

Color - DMC 3363

Stitch - Stem, 3 strands

Text:

Color - DMC 407

Stitch - Back, 2 strands

Shenandoah National Park

Road:

Color - DMC 844 (outer lines) & 676 (middle lines)

Stitch - Chain, 2 strands

Hillside:

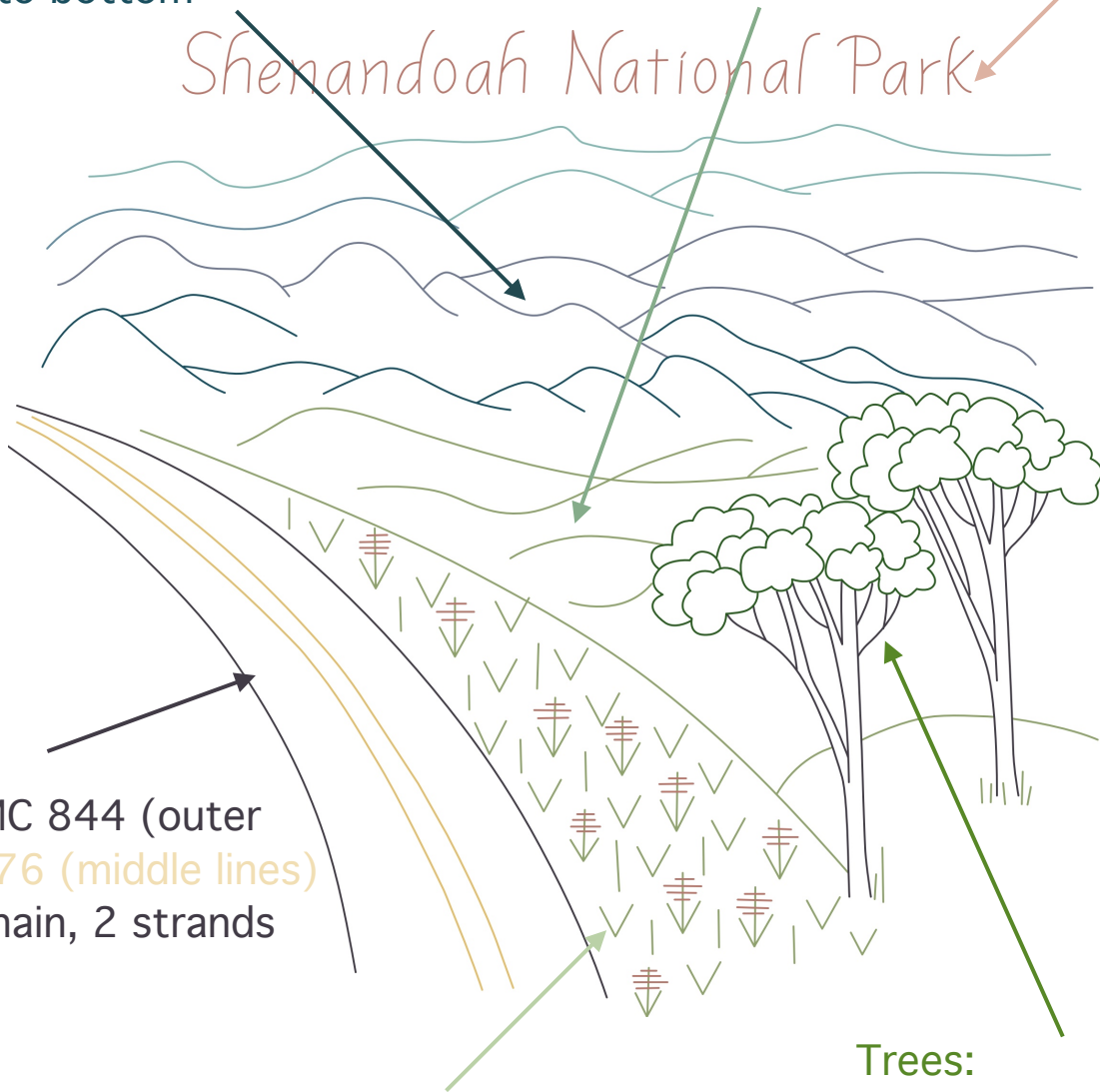
Color - DMC 3346 & 407 (flowers)

Stitch - Fly (grass) & Back (straight grass blades & flowers), 3 strands

Trees:

Color - DMC 844 (trunks) & 3045 (foliage)

Stitch - Split (trunks) & French Knots (foliage), 2 strands



Capitol Reef National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

CAPITOL REEF NATIONAL PARK



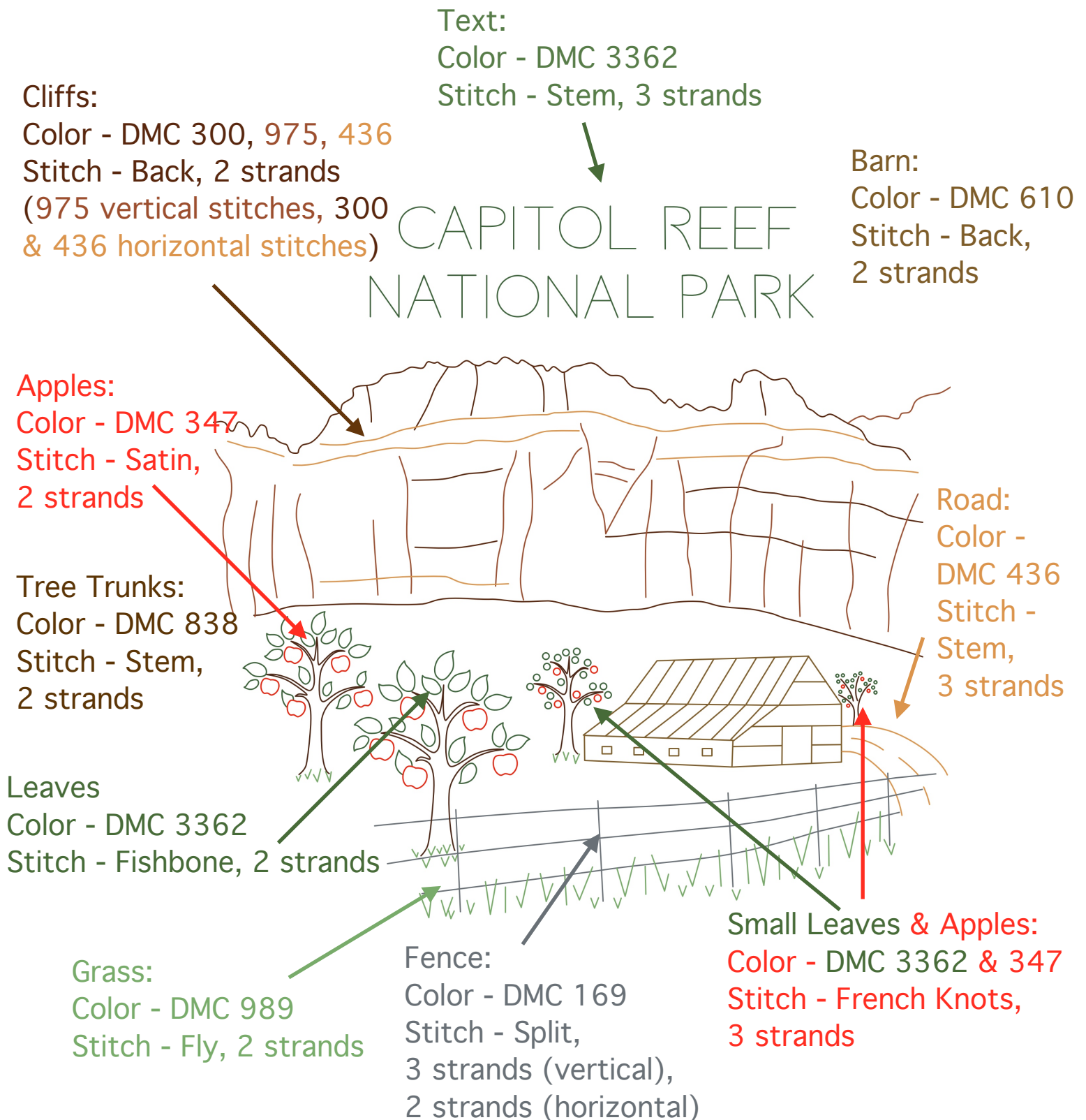
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop

NATIONAL PARK
CAPITOL REEF



Color & Stitch Guide



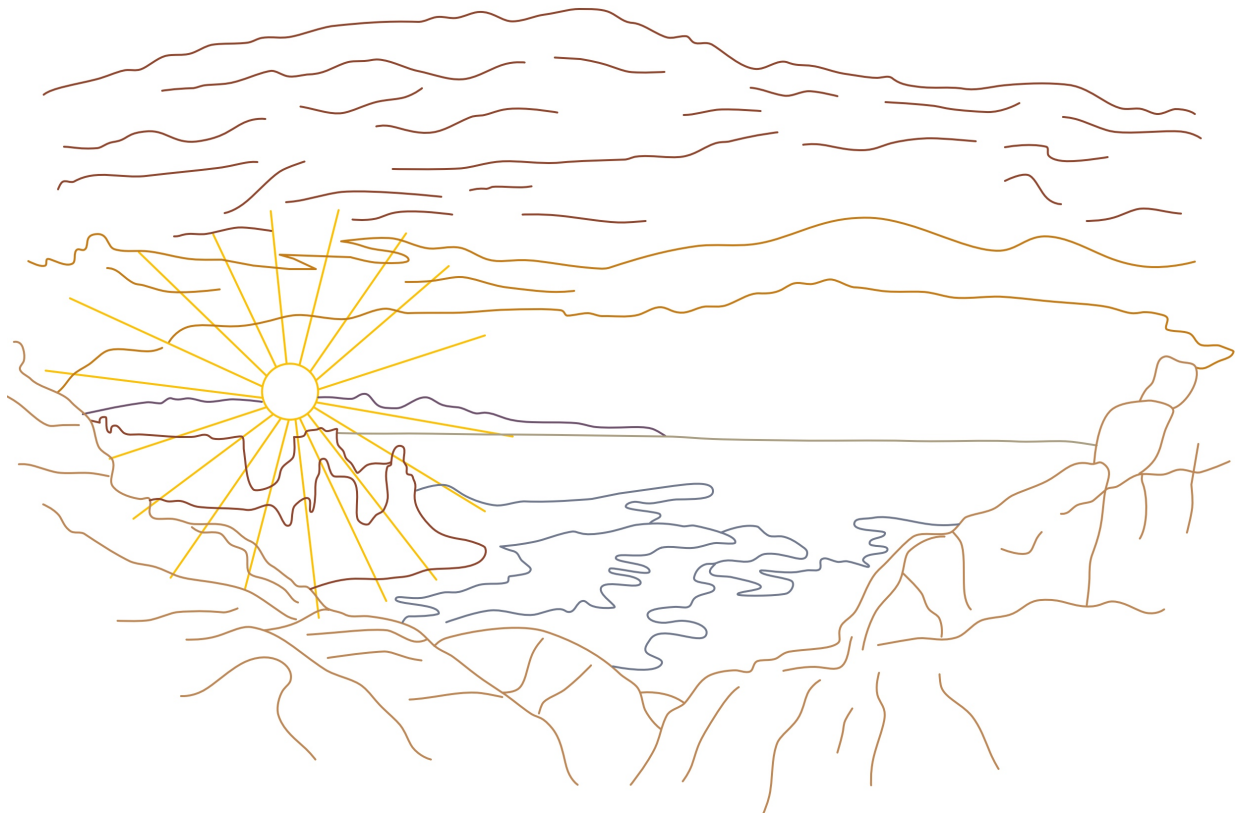
Canyonlands National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

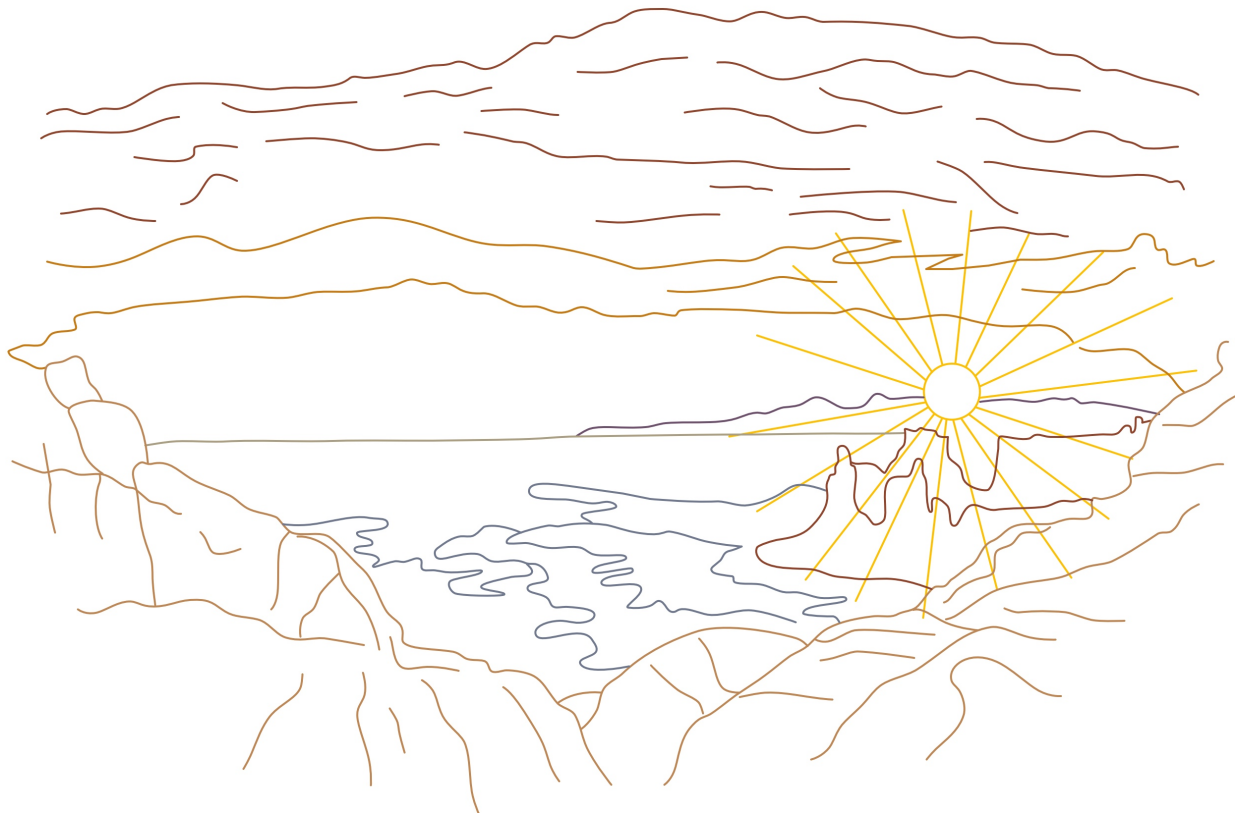
CANYONLANDS NATIONAL PARK



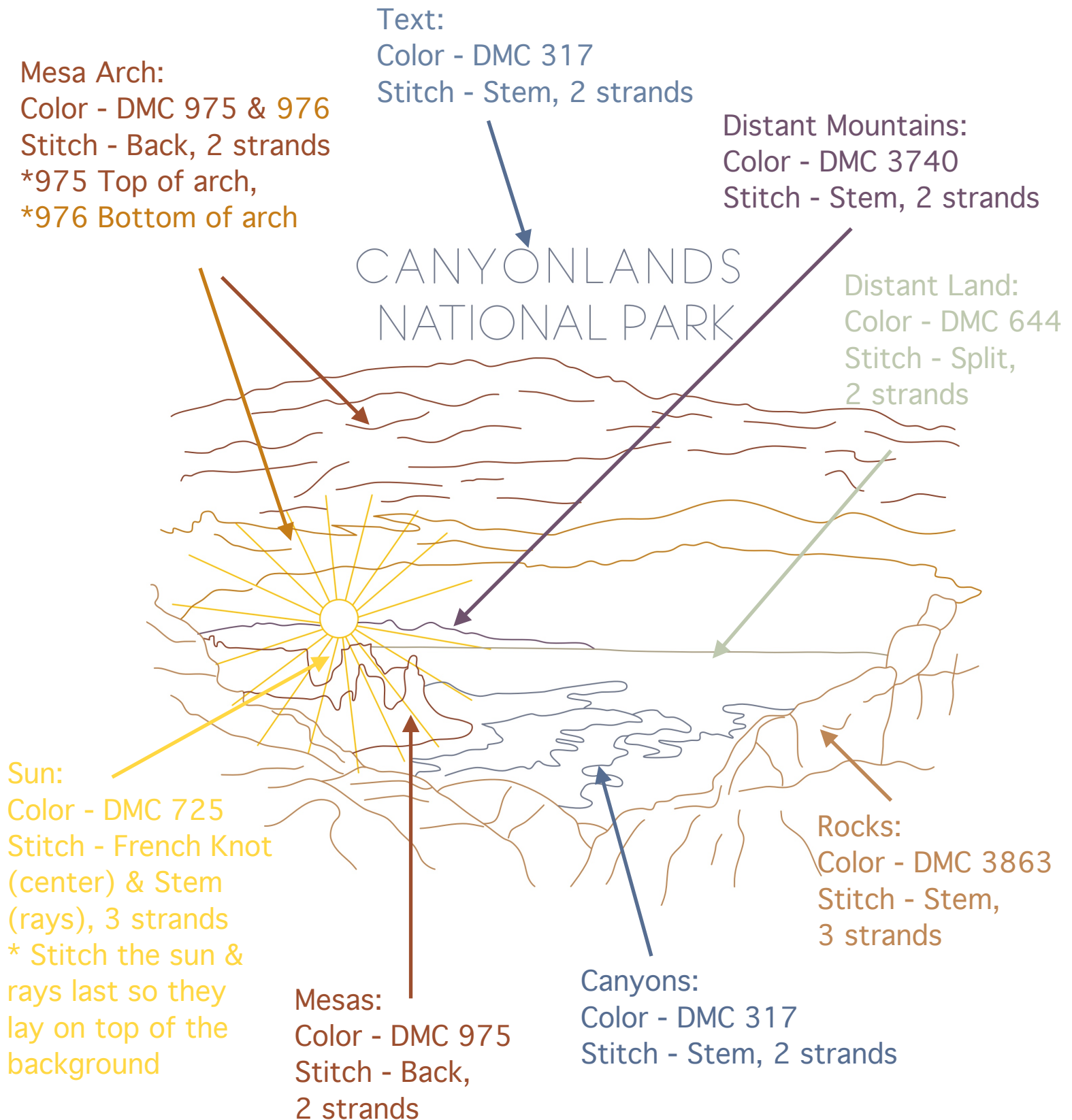
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop

CANYONLANDS
NATIONAL PARK



Color & Stitch Guide



Theodore Roosevelt National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

Theodore Roosevelt National Park



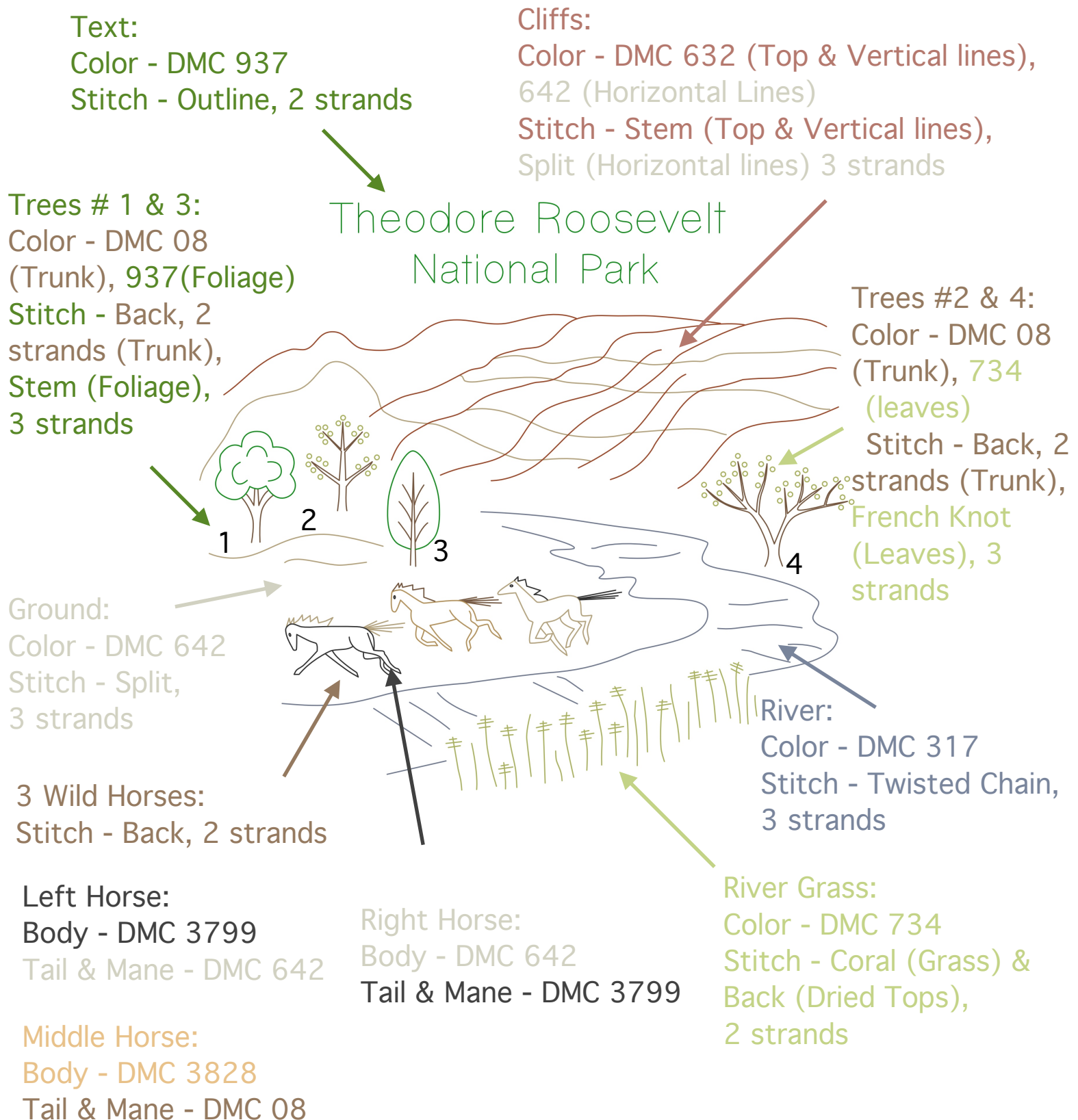
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop

Theodore Roosevelt
National Park



Color & Stitch Guide



Denali National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Denali
National Park

Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Mountain:

Snow Fields(marked w/ "snow") & Top Outline:

DMC 3072, Satin Stitch, 3 strands

Snow (all lines w/ no marks):

DMC 415, Split Stitch, 3 strands

Mountain Layers (corresponding #s under each line)

DMC 930, 414, 3810, 992, Stem Stitch, 3 strands

Meadow:

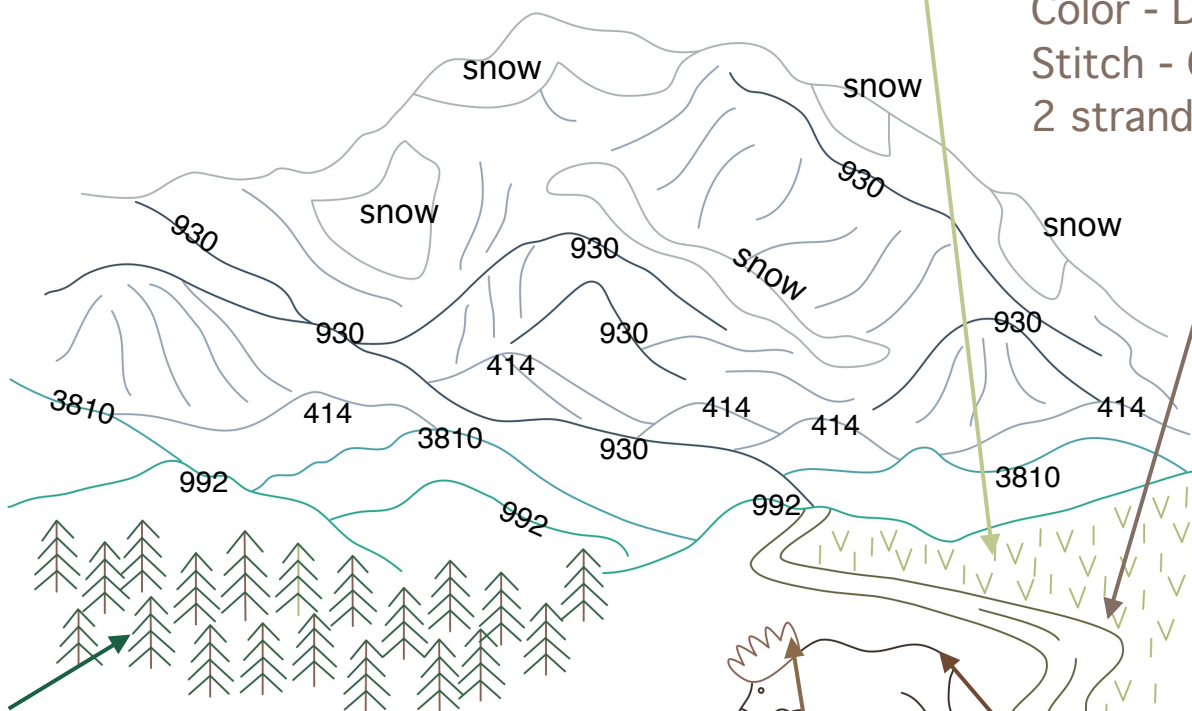
Color - DMC 471

Stitch - Fly & Back,
2 strands

Road:

Color - DMC 3787

Stitch - Chain,
2 strands



Trees:

Branches - DMC 501

Trunks - DMC 840

Stitch - Fly (branches),
Back (trunk), 2 strands

*Create the branches
with a series of upside
down fly stitches

Denali
National Park

Text:

Color - DMC 3810

Stitch - Outline,
2 strands

Moose:

Color - DMC 938

Stitch - Back, 2 strands

Moose Rack:

Color - DMC 840

Stitch - Satin, 2 strands

Big Bend National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Cliffs:

Color - DMC 839 & 3863

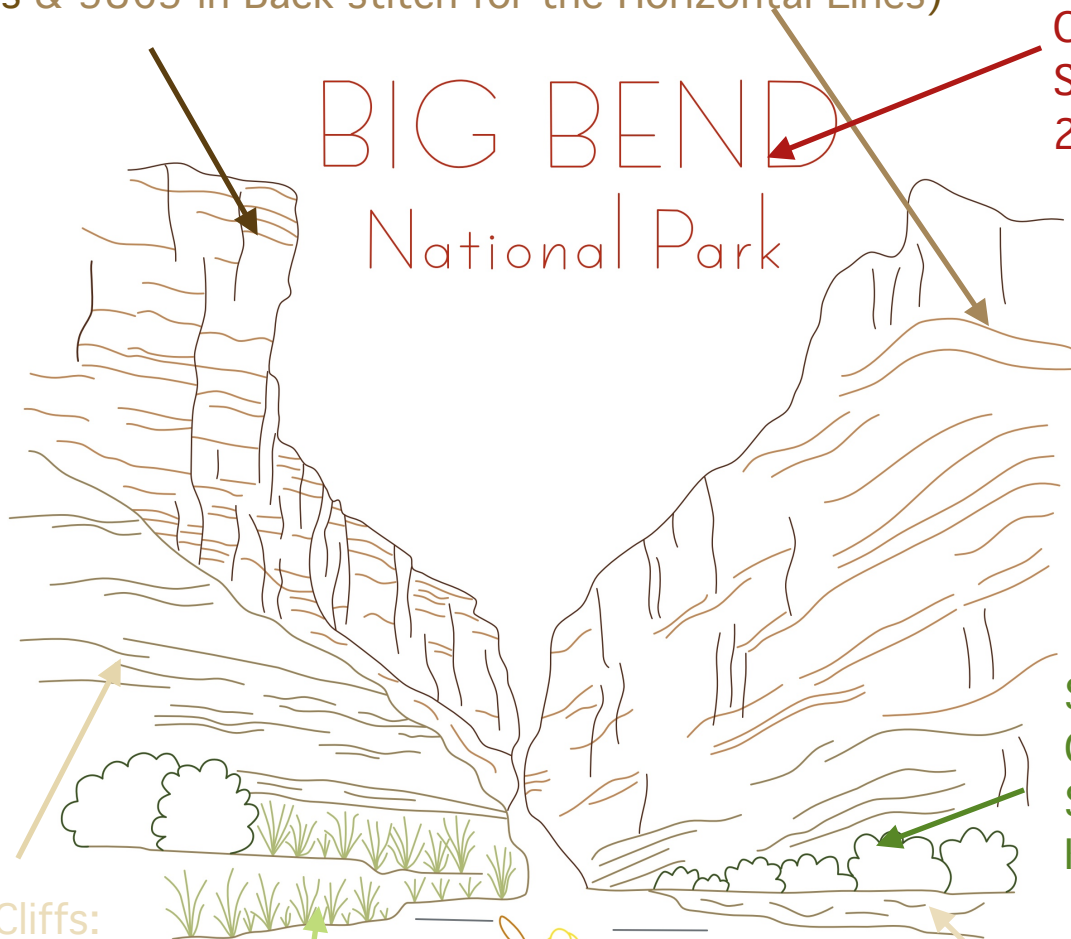
Stitch - Split & Back, 3 strands

(Use 839 in Split stitch for the Cliff Outline & Vertical Lines & 3863 in Back stitch for the Horizontal Lines)

Text:

Color - DMC 3777

Stitch - Stem,
2 strands



Shrubs:

Color - DMC 937

Stitch - French
Knot, 2 strands

Lower Cliffs:

Color - DMC 612

Stitch - Split & Back,
2 strands (split for
outline, back for all
other lines)

Grass:

Color - DMC 471

Stitch - Stem, 2 strands

Kayaker:

Color - DMC 976(kayak
& paddle), 3777
(person), 834 (hat)

Stitch - Satin (kayak &
paddle), Stem (person &
hat), 2 strands

Beach:

Color - DMC 612

Stitch - Back, 2
strands

Water:

Color - DMC 169

Stitch - Scroll & Back,
2 strands

Black Canyon of the Gunnison National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

BLACK CANYON OF THE GUNNISON NATIONAL PARK

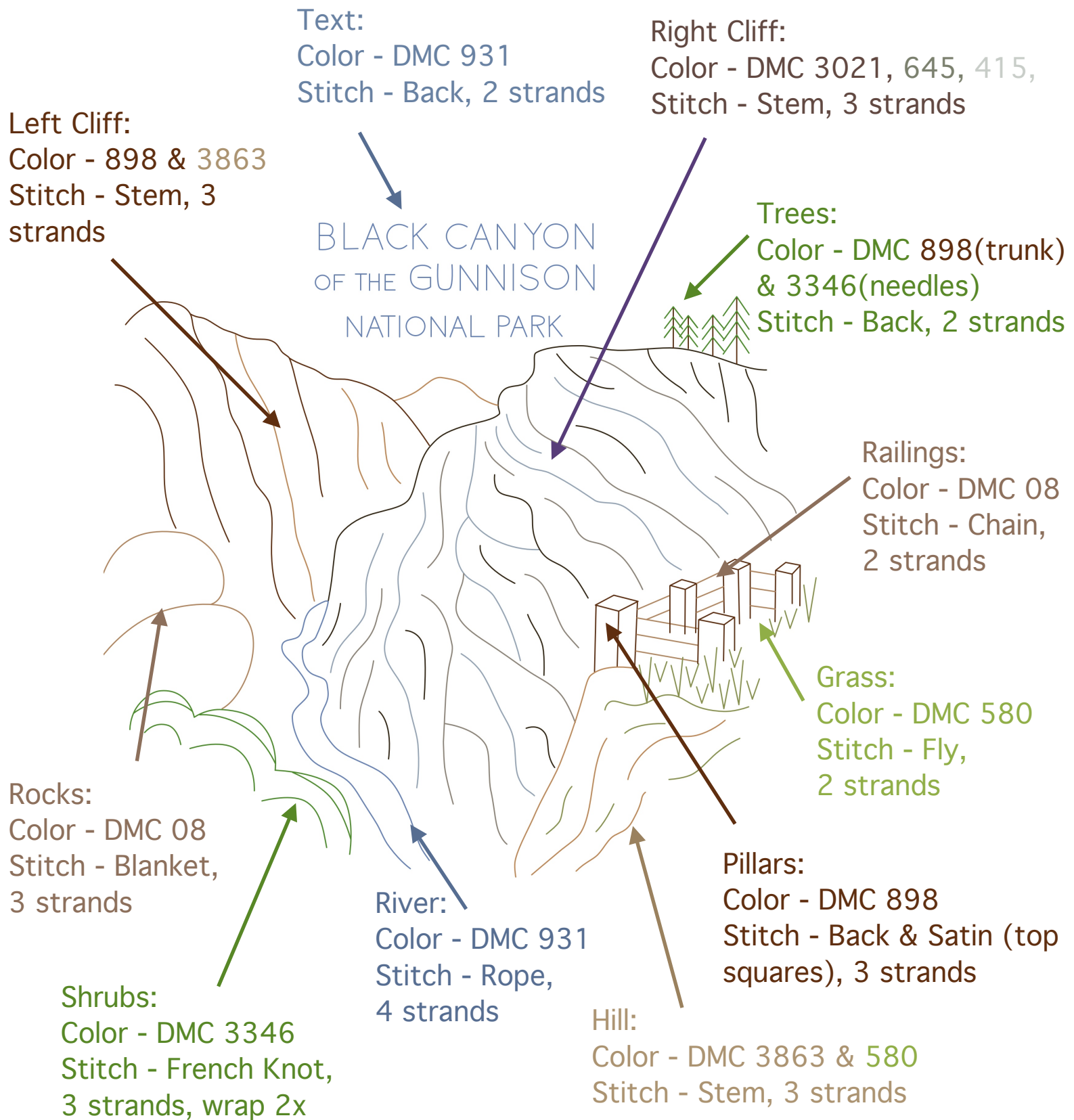


Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

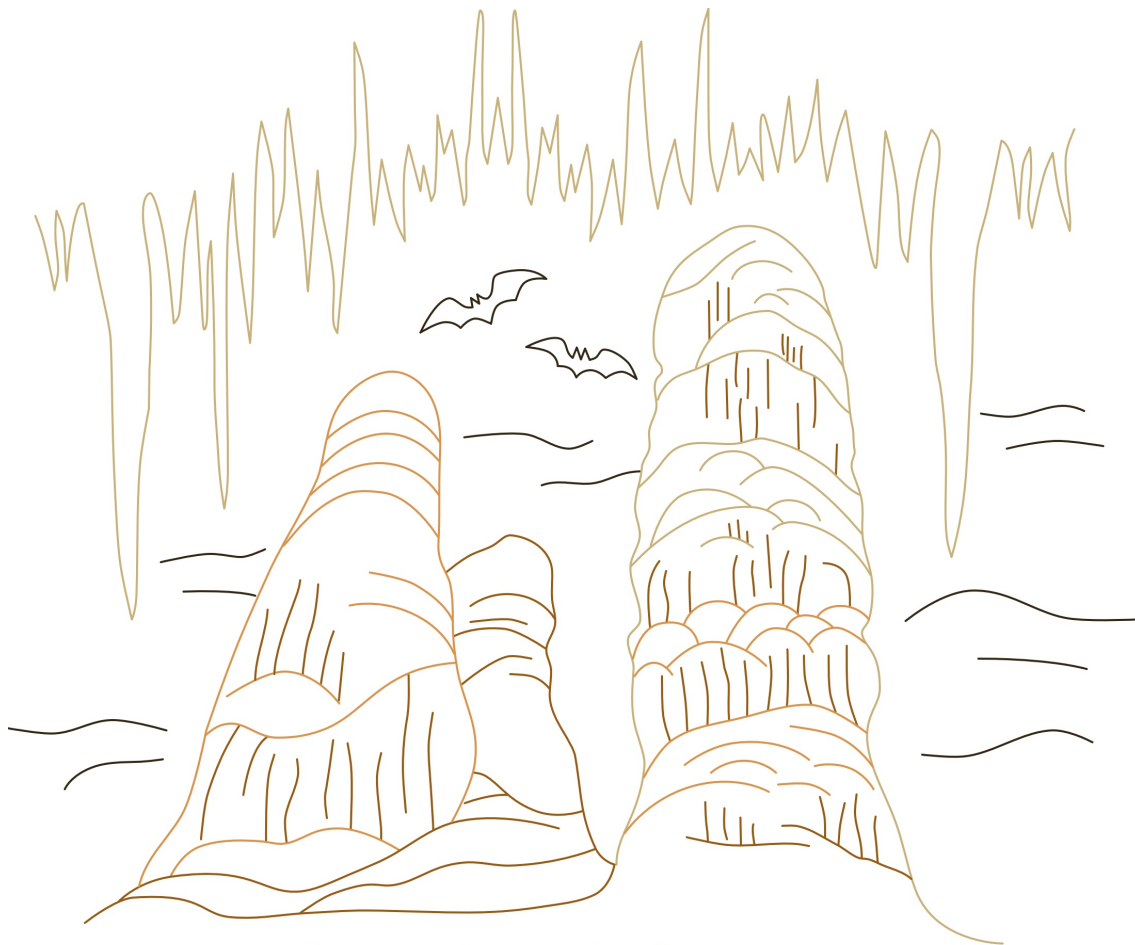


Carlsbad Caverns National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Carlsbad Caverns
National Park

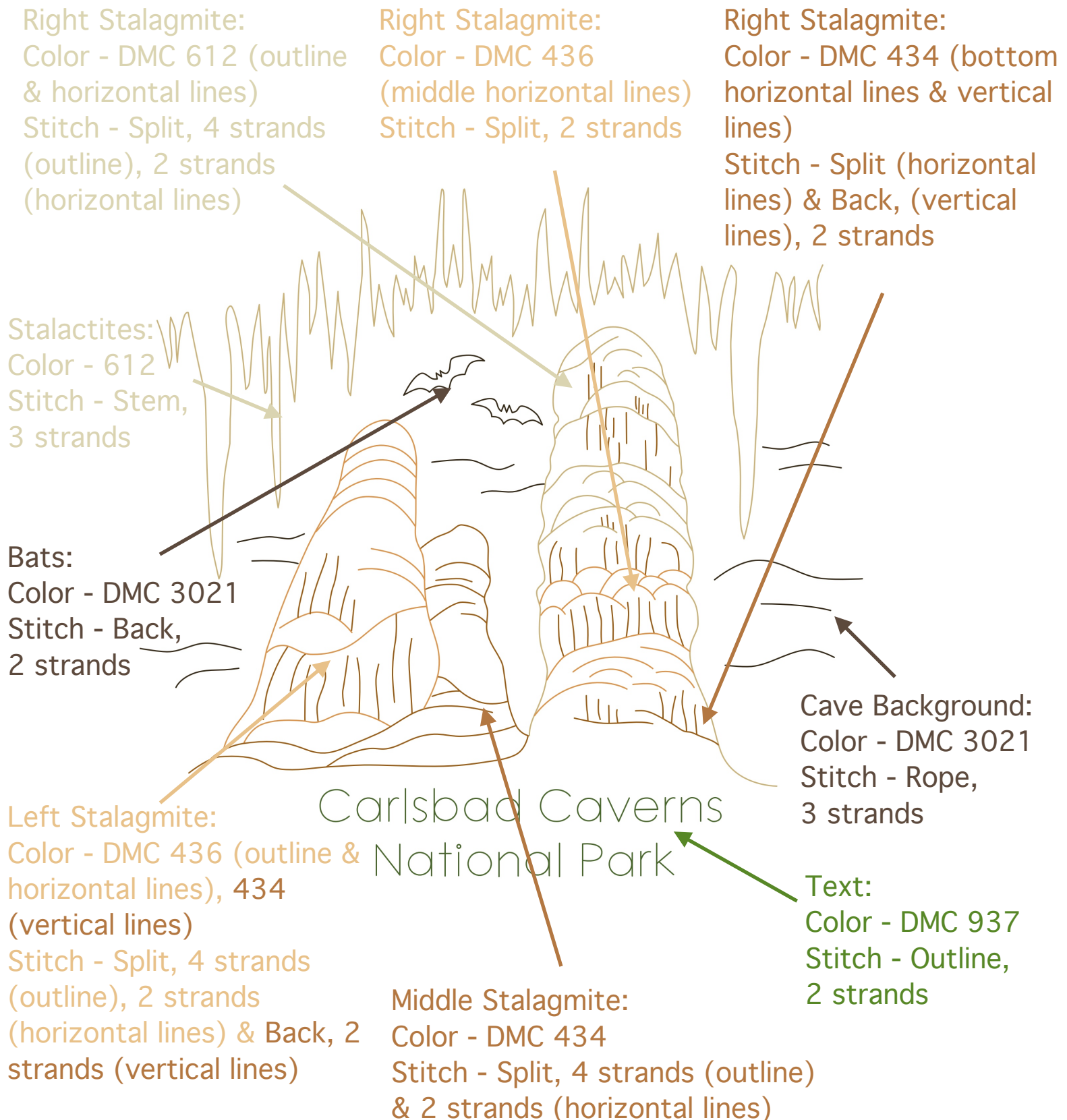
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Carlsbad Caverns
National Park

Color & Stitch Guide



Love these patterns and want to stitch more?

You are in luck! Visit www.wanderingthreadsembroidery.com to view the full line of downloadable embroidery patterns.

- More National Park Patterns
- 50 Unique Patterns for Each of the 50 U.S States
- 50 U.S. State Flower Patterns
- The Vintage Trailer Pattern Collection
- U.S Travel Map Pattern
- City Skyline Patterns
- Botanical Patterns
- Holiday Patterns including Ornaments

In addition to patterns, you will also find a full line of embroidery resources to teach and inspire:

- Step-by-Step Embroidery Stitch Tutorials
- FREE Patterns!
- How-To Tutorials Including Framing, Finishing, Embroidery Letters, and More!

Questions or comments? Send me an email at:
amanda@wanderingthreadsembroidery.com

I would love to see your finished pieces! You can find me on Instagram at www.instagram.com/wanderingthreadsembroidery or on Facebook at www.facebook.com/wanderingthreadsembroidery.

Thanks so much for purchasing the National Park Embroidery Pattern Book {Volume 3} and happy stitching!
~Amanda