

WANDERING THREADS EMBROIDERY



National Park Embroidery Pattern Book {Volume 4}



Table Of Contents

- 1. Materials List
- 2. Pattern Transfer Instructions
- 3. How to Finish Embroidery
- 4-6. Embroidery Stitch Tutorials
- 7-10. Indiana Dunes National Park Pattern & Stitch Guide
- 11-14. Lassen Volcanic National Park Pattern & Stitch Guide
- 15-18. Guadalupe Mountains National Park Pattern & Stitch Guide
- 19-22. Channel Islands Park Pattern & Stitch Guide
- 23-26. Death Valley National Park Pattern & Stitch Guide
- 27-30. Gateway Arch National Park Pattern & Stitch Guide
- 31-34. New River Gorge National Park Pattern & Stitch Guide
- 35-38. Redwoods National Park Pattern & Stitch Guide
- 39-42. Great Sand Dunes National Park Pattern & Stitch Guide
- 43-46. Mesa Verde National Park Pattern & Stitch Guide
- 47. Additional Resources

Materials List

- Fabric Square approximately 10" x 10" in size:
Choose a fabric with a medium weave such as a cotton, muslin, or flour sack.
You can embroider on any color fabric, but keep in mind that some floss colors will not show up well on dark fabrics.
- Embroidery Hoop:
Size 7 or 8-inch
- Embroidery Needle:
Size 7 or 9
- Water Soluble Pen or other items for pattern transfer:
(See the Pattern Transfer Instructions on page 2)
- Small Scissors
- DMC Embroidery Floss:
Each pattern contains a guide with suggested DMC floss colors.
Indiana Dunes: 318, 356, 842, 890, 932, 3032, 3053, 3363, 3768, 3781
Lassen Volcanic: 04, 415, 839, 931, 935, 937, 3046, 3064, 3346
Guadalupe: 07, 434, 580, 937, 3013, 3781, 3830, 3862
Channel Islands: 08, 519, 581, 676, 730, 743, 898, 976, 3760, 3799
Death Valley: 611, 726, 728, 730, 833, 921, 3781, 3863, 3864
Gateway Arch: 317, 318, 520, 729, 839, 3022, 3023, 3363,
New River Gorge: 469, 472, 500, 523, 612, 987, 3362, 3781, 3799, 3810
Redwoods: 437, 580, 780, 801, 937, 938, 3345
Great Sand Dunes: 06, 07, 318, 414, 610, 987, 3721, 3756
Mesa Verde: 838, 975, 3033, 3053, 3362, 3862
- Felt or Wooden Frame for finishing the embroidery:
(See How to Finish Embroidery on page 3)

Embroidery Pattern Transfer Instructions

Light Table/ Window:

Place the pattern on a light table or tape it to a bright window. Position the fabric on top and secure in place. Trace the pattern onto the fabric using a water erasable transfer pen. The markings from this pen will remain until washed gently with water.

*Pro tip: A computer or tablet screen makes a great light box! Simply open this PDF on your computer, tape the fabric over the pattern on the screen, and trace it. No printer needed!

Iron On Transfer Pencil or Pen:

Iron on transfer pens and pencils can be found at many fabric/craft stores. First, print the REVERSE IMAGE pattern. Trace the pattern with the iron on pencil or pen. Place the traced pattern on an iron-safe surface and secure the fabric on top. Press a hot iron on the fabric for 5-10 seconds. Do not move the iron around. Gently lift an edge of the fabric to check that the design has transferred before removing the fabric.

*This method will leave permanent marks that need to be covered with stitches.

Transfer Paper:

Transfer Paper can be found at many fabric or craft stores. It is coated on one side with a powdery ink that will wash out of the fabric.

Transfer Paper (continued)...

To use, secure your fabric to a flat, hard surface, cover with a piece of transfer paper (powder side down) and place the printed pattern on top. Trace the pattern using a pencil, or stylus. Press very firmly and make sure the paper does not move.

This method works well for transferring patterns to dark fabric. A white or yellow transfer paper shows up nicely.

Stick & Stitch Transfer Paper

This dissolvable, sticky-backed, transfer paper can be drawn on by hand, or printed on using a printer. The pattern goes on the rough (non-sticky) side of the paper. If tracing by hand, use a light-colored pen or pencil and don't press too hard. If using a printer, make sure the setting is for plain, not photo, paper.

Once the pattern is on the paper, lay the fabric flat on a hard surface, remove the backing from the transfer paper, place the pattern on top, and press firmly. Stitch as usual.

When finished stitching, place the fabric in a shallow bowl of lukewarm water. Make sure the water completely covers the fabric. Leave it for 5-10 minutes. Shake the fabric in the water to remove any loose bits of semi-dissolved paper. Rinse and lay flat to dry.

How to Finish Embroidery: Two Methods

Frame in the Hoop

1. Using the inner ring of an embroidery hoop, trace a circle on a piece of felt and cut it out.

2. Place the finished embroidery in the hoop, stretch it smooth and tighten the screw. Trim the excess fabric around the edges roughly an inch wider than the hoop.

3. Cut off a long piece of sewing thread. Make sure it's long enough to stitch all the way around the circle. Leaving a 4-5-inch tail at the beginning, stitch around the edge with Running Stitch.

4. When you've stitched all the way around, grasp both ends of the thread and pull until the fabric gathers together. Tie a knot and cut off the excess thread.

5. Position the felt circle over the back and sew it into place with a whip stitch.

6. Continue sewing all the way around and tie off the thread.



In a Wooden Frame

1. Cut a piece of foam board to fit the inside dimensions of your frame.

2. Position the foam board in the center of your embroidery piece. Make sure it's straight! Flip over so the fabric is on the bottom. Starting with the long sides, fold the extra fabric into the center. If necessary, trim the fabric to leave a roughly 1-4" space in between. Pull the fabric tight and secure with long pins.

3. Repeat this process on the short sides. If the corners are bunching, fold them on a diagonal and trim a bit. The finished fabric-wrapped foam board needs to fit snugly inside the frame so try your best to avoid bulky corners.

4. Secure the fabric using a simple lacing technique. Fold the extra fabric from the short sides out of the way. Insert a needle with a long strand of thread about a 1/4-inch from the edge of the fabric and weave back and forth while pulling the fabric tight. Tie off the thread at the end and start a new piece. Finish the lacing by folding the fabric from the short sides into the middle and lacing it together.

5. Remove the pins and place the embroidery board inside the frame.

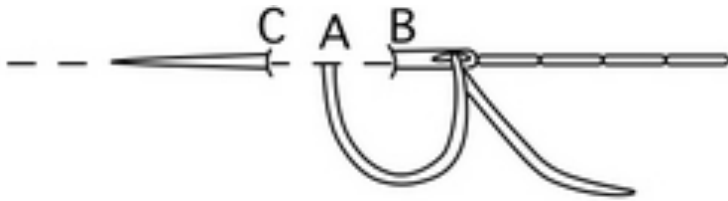
6. Replace the frame backing, flip it over, and admire your handiwork!

For a framing tutorial with photos, visit:
www.wanderingthreadsembroidery.com/how-to-frame-embroidery/

Embroidery Stitch Tutorials

Back Stitch

Begin by bringing the thread up through the fabric one stitch length away from the starting point. Next, go back and bring the needle down at the beginning. Think of it as stitching in reverse. The second stitch is made in the same manner. Come up one stitch length away from the previous stitch and bring the needle down at the end of the previous stitch. Once you get the hang of it this stitch becomes almost like second nature.



Bring the thread up at A, down at B, and back up at C.

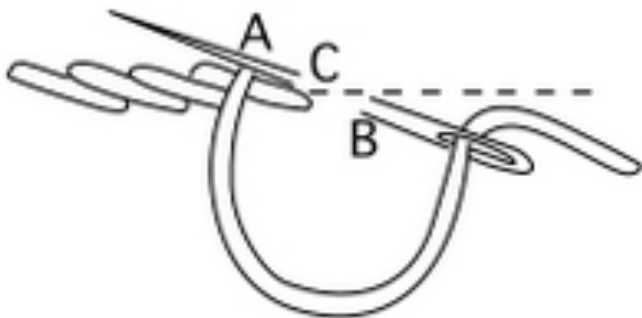
Split Stitch

Make a single stitch. Next, bring the thread back up in the middle of the stitch you just made. Pull the thread all the way through and complete the stitch. Repeat the process of starting each stitch in the middle of the previous stitch. Shorten the stitches when turning corners.



Bring the thread up at A, down at B, and back up at C.

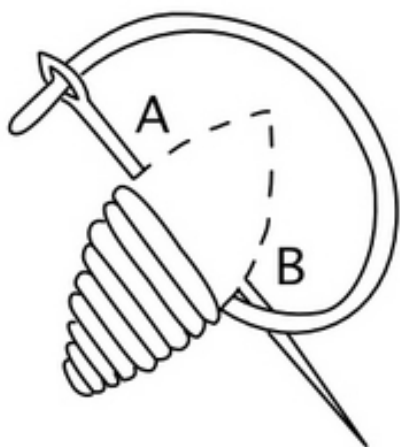
Stem Stitch



Working from left to right, bring the needle up through the fabric just above the marked line of your pattern (point A)

Insert the needle one stitch length away from point A just below the pattern line (point B). Angle the needle backward and come back up roughly half way between the A & B, just above the line (point c).

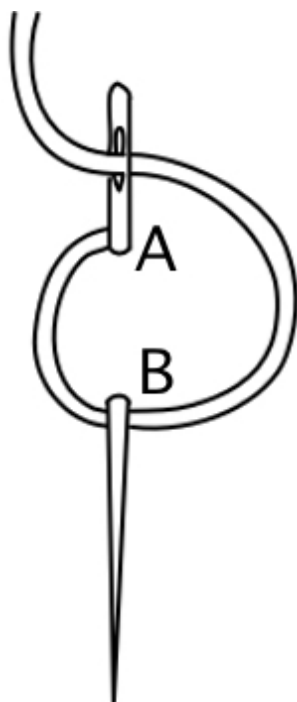
Satin Stitch



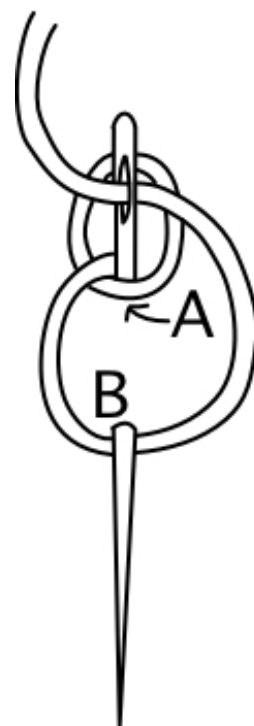
Bring the needle up on the edge of the shape you are filling with satin stitch (point A). Stretch the thread across the other side of the shape and bring the needle back down (point B). To make the second stitch, bring the needle back up right next to where you started the first stitch. The key to a smooth satin stitch is positioning the stitches close together without overlapping.

Chain Stitch

Begin your chain stitch by bringing the thread up at the starting point. Take the needle back through the same hole (point A) then up again a short distance away without pulling the thread all the way through (point B). Loop the thread around the bottom of the needle and pull all the way through to create a loop.

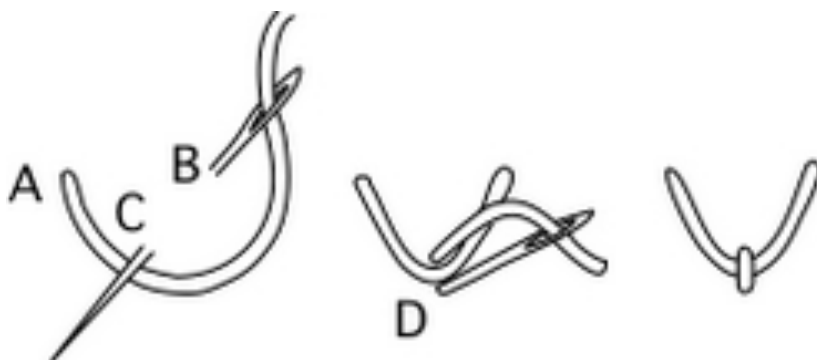


Bring the needle back down in the same hole - inside the loop - (point A) and then back up another stitch length away (point B). Make sure the thread is under the needle before pulling it tight to form that second loop in the chain. Continue this pattern until you've reached the desired length.

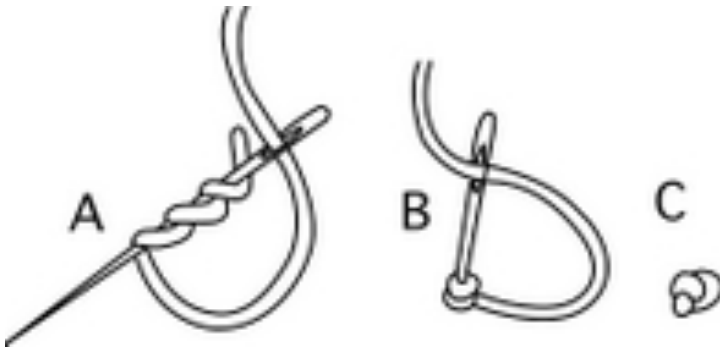


Fly Stitch

Bring the needle up at A, down at B, and back up at C while keeping the working thread under the needle. Complete the stitch by bringing the needle back down under the loop you just created (point D).



French Knot



Bring the needle up through the fabric to the front. Hold the thread taut with one hand, and with the other hand wrap it around the needle two or three times. (figure A)

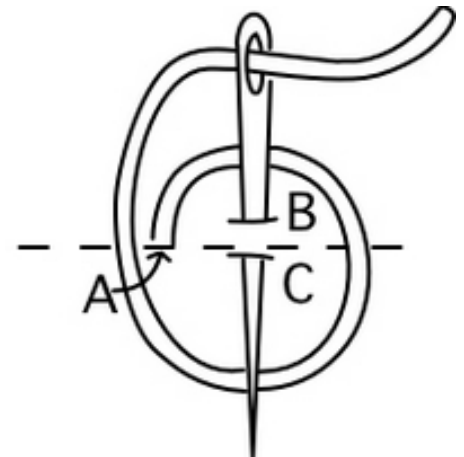
While keeping a tight grasp on the thread, push the needle down through the fabric next to where you first brought it up. (figure B)

The finished stitch looks like a small knot. (figure c)

Scroll Stitch

Bring the thread to the front of the fabric (point A). Move one stitch length away and take the needle down (point B) and back up (point C) on either side of the stitch line. While keeping the working thread behind the needle, wind it under the needle to create a loop.

Pull the needle all the way through and admire the tiny little knot you just made. Be careful not to pull too tight or you will no longer have a scroll shape on the top. Bring the needle back up another stitch length away and repeat the loop until you reach the desired length.



Looking for more stitch tutorials?

Detailed step-by-step tutorials for the above stitches and many more are available at:

www.wanderingthreadsembroidery.com/embroidery-stitch-tutorials

Indiana Dunes National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

Indiana Dunes National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Trees:

- #1 - DMC 3363, Back 2 strands
- #2 - DMC 3053, French Knot, 2 strands
- #3 - DMC 890, Satin, 2 strands

Text:

- Color - DMC 356
- Stitch - Split, 2 strands

Tree Trunks:

- Color - DMC 3781
- Stitch - Back, 2 strands

Top Dunes:

- Color - DMC 3032
- Stitch - Stem, 3 strands

Grass:

- Color - DMC 3363
- Stitch - Split, 2 strands

Bottom Dunes:

- Color - DMC 842
- Stitch - Stem, 3 strands

Cattail Stems:

- Color - DMC 3053
- Stitch - Coral, 2 strands

Cattails:

- Color - DMC 3781
- Stitch - Satin, 2 strands

Water :

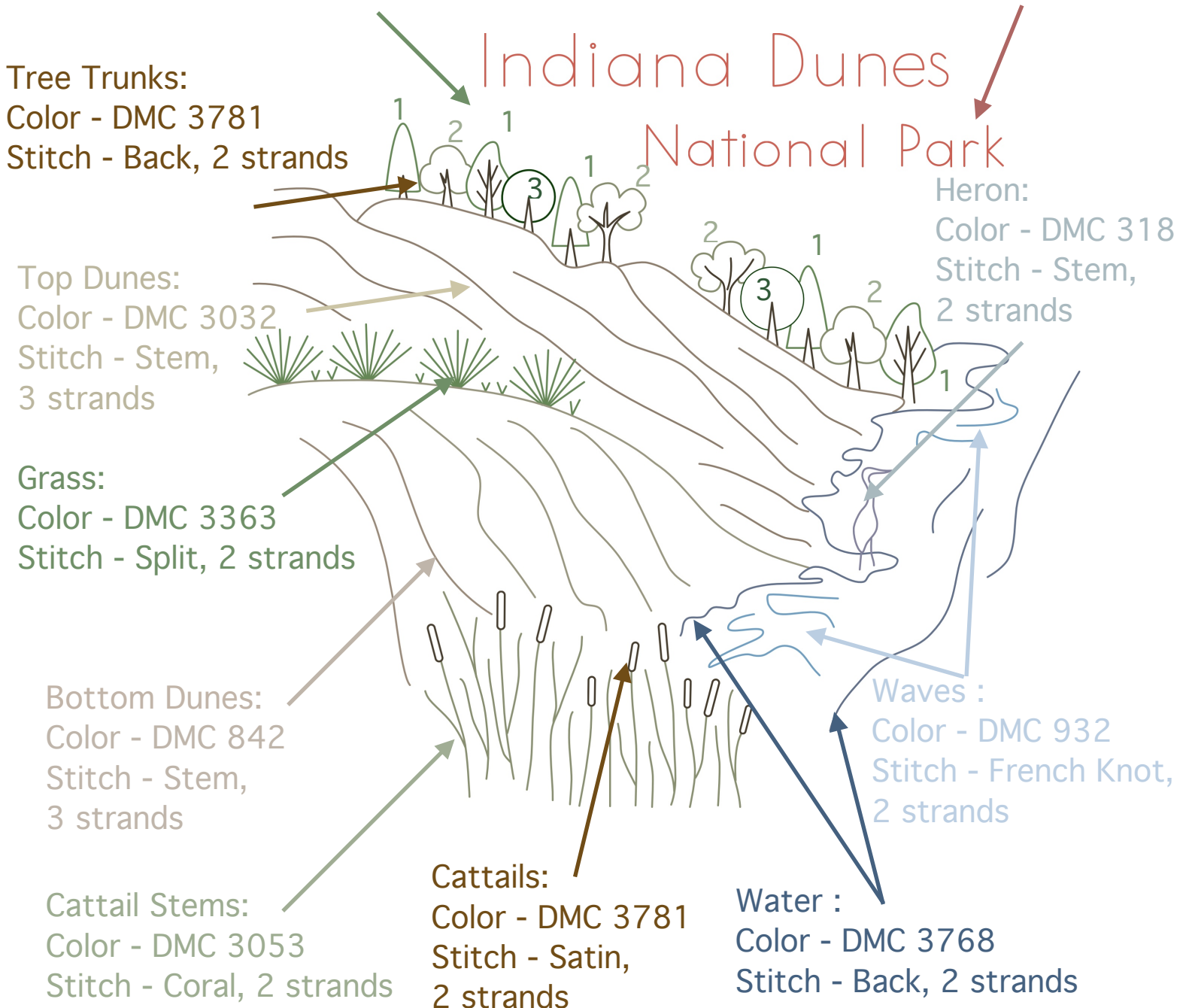
- Color - DMC 3768
- Stitch - Back, 2 strands

Waves :

- Color - DMC 932
- Stitch - French Knot, 2 strands

Heron:

- Color - DMC 318
- Stitch - Stem, 2 strands

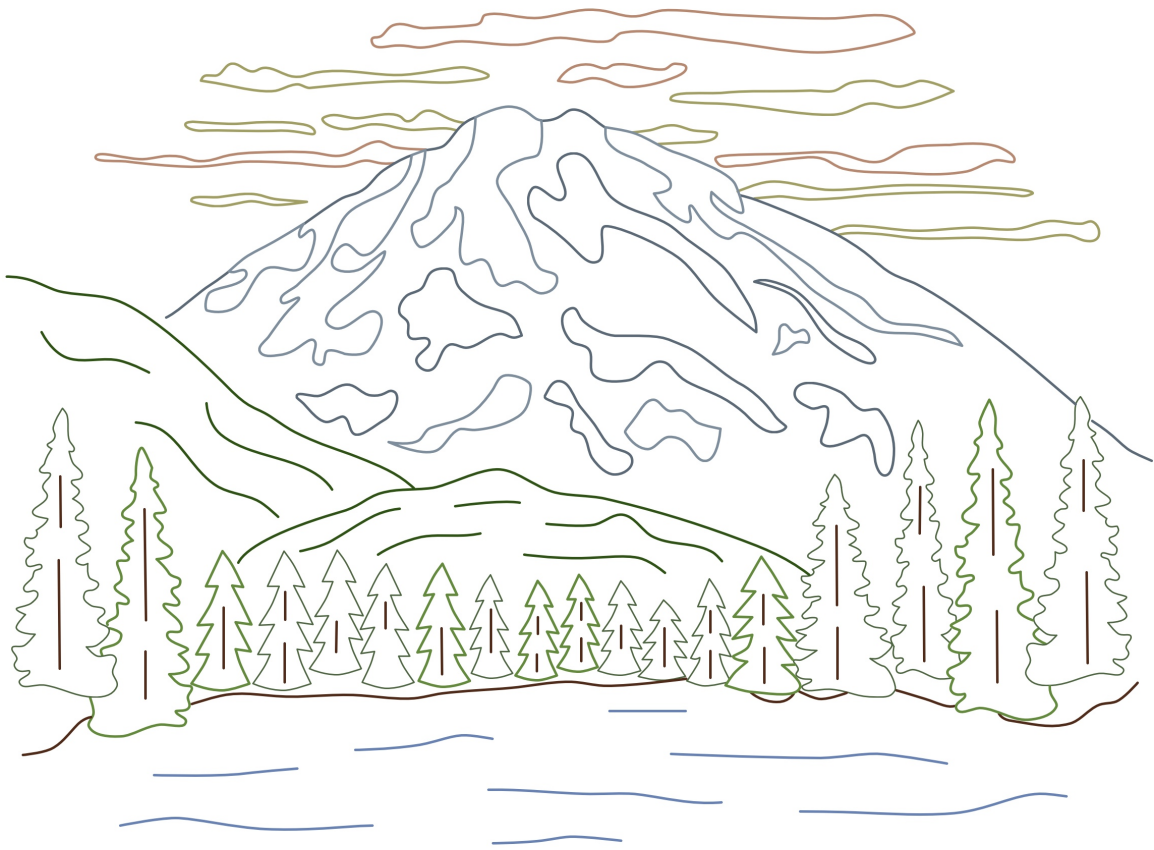


Lassen Volcanic National Park Embroidery Pattern



Full Size Design

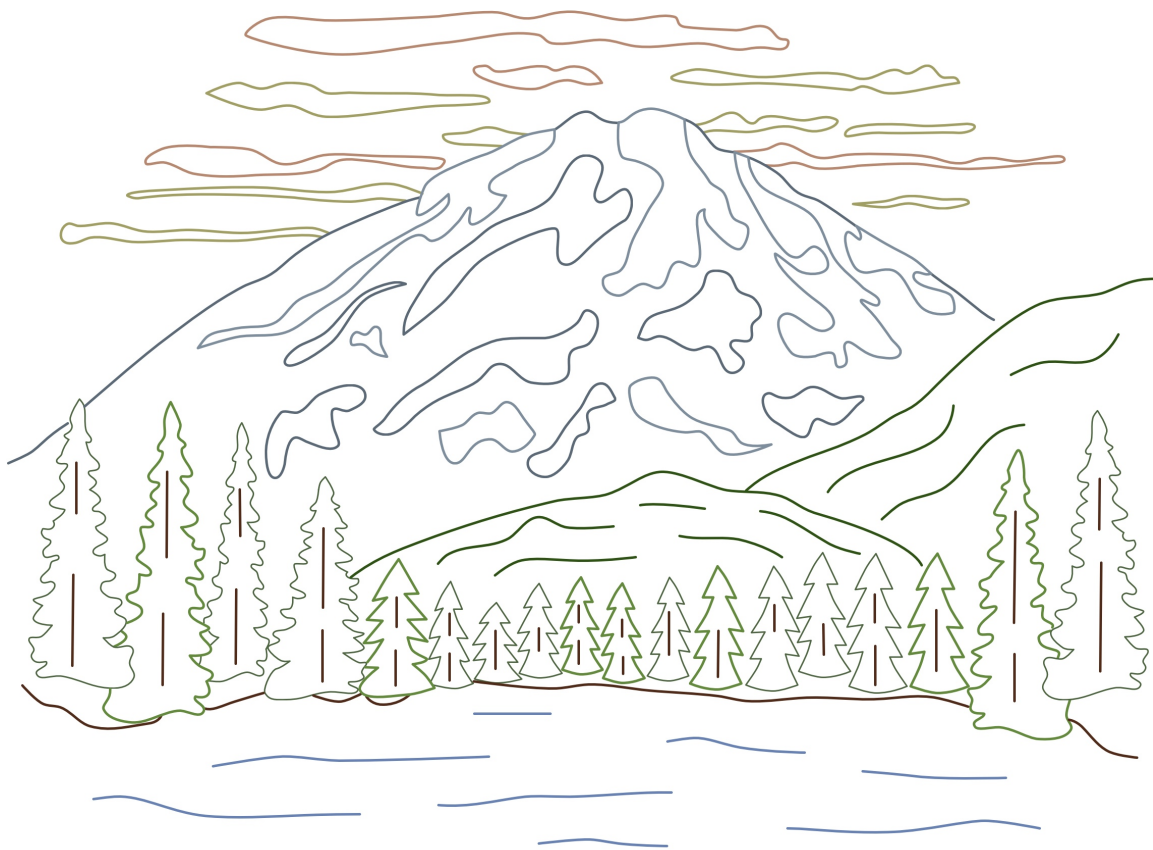
Fits 7 or 8-Inch Hoop



Lassen Volcanic
National Park

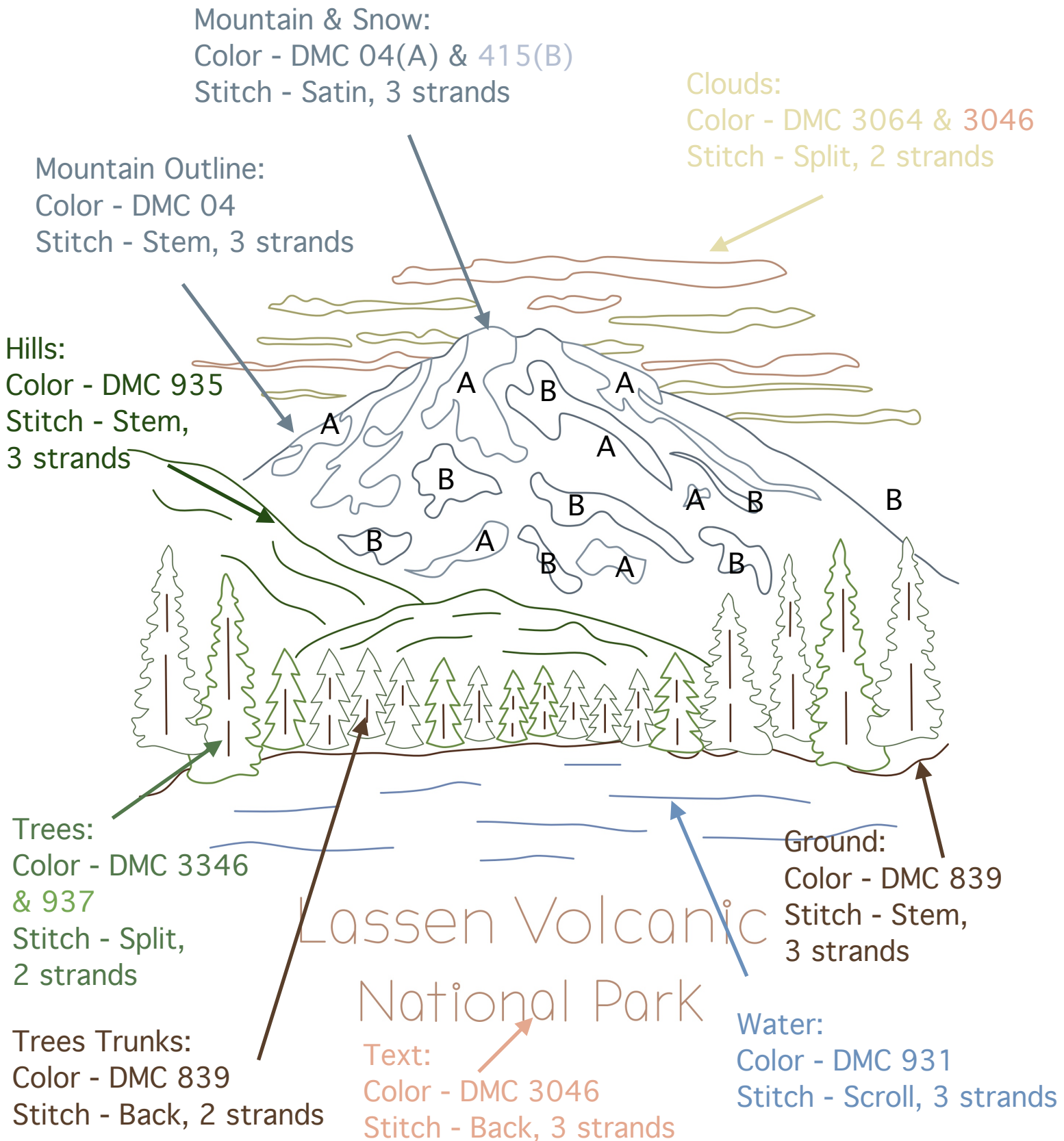
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Lassen Volcanic
National Park

Color & Stitch Guide



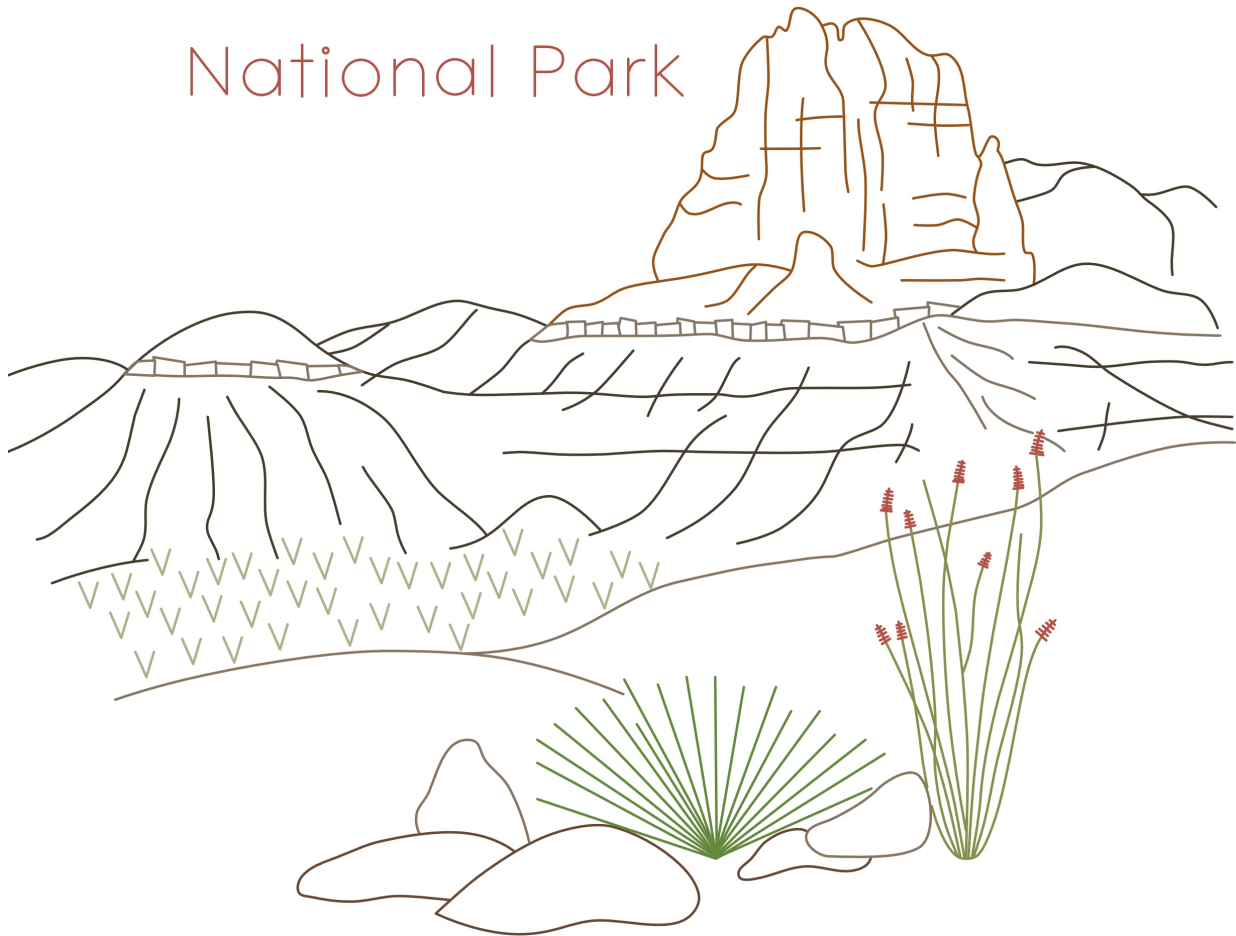
Guadalupe Mountains National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

Guadalupe Mountains National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Guadalupe Mountains
National Park

Color & Stitch Guide

Text:
Color - DMC 3830
Stitch - Split, 2 strands

El Capitan:
Color - DMC 434
Stitch - (Rock Outline & Vertical Lines) Stem,
(Horizontal Lines) Back, 3 strands

Hills:
Color - DMC 3781
Stitch - (Outline & Horizontal Lines) Stem,
(Vertical Lines) Back,
2 strands

Rocky Outcropping:
Color - DMC 07
Stitch - Back,
3 strands

Grass:
Color - DMC 3013
Stitch - Fly, 2 strands

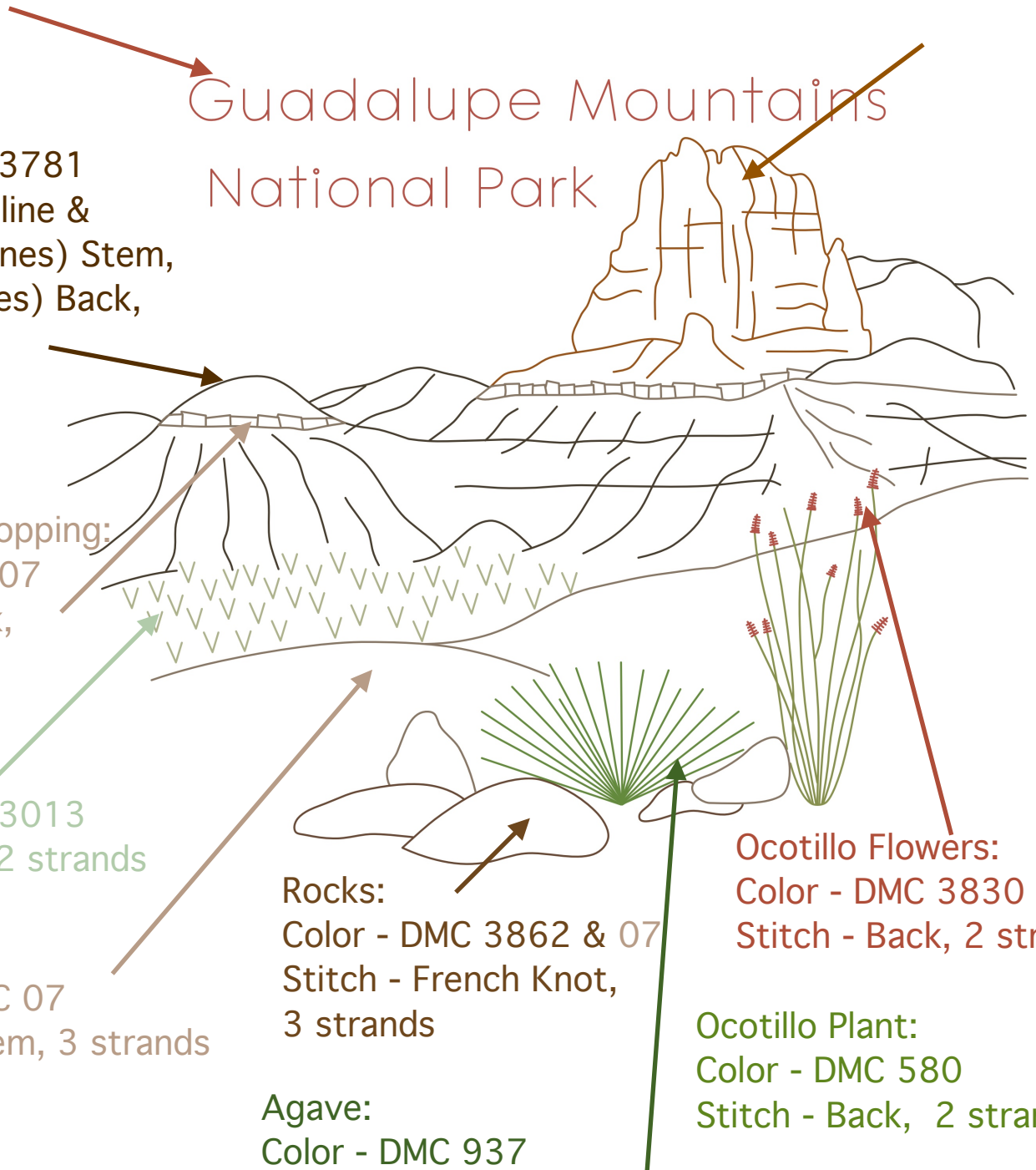
Ground:
Color - DMC 07
Stitch - Stem, 3 strands

Rocks:
Color - DMC 3862 & 07
Stitch - French Knot,
3 strands

Agave:
Color - DMC 937
Stitch - Split, 2 strands

Ocotillo Flowers:
Color - DMC 3830
Stitch - Back, 2 strands

Ocotillo Plant:
Color - DMC 580
Stitch - Back, 2 strands



Channel Islands National Park Embroidery Pattern



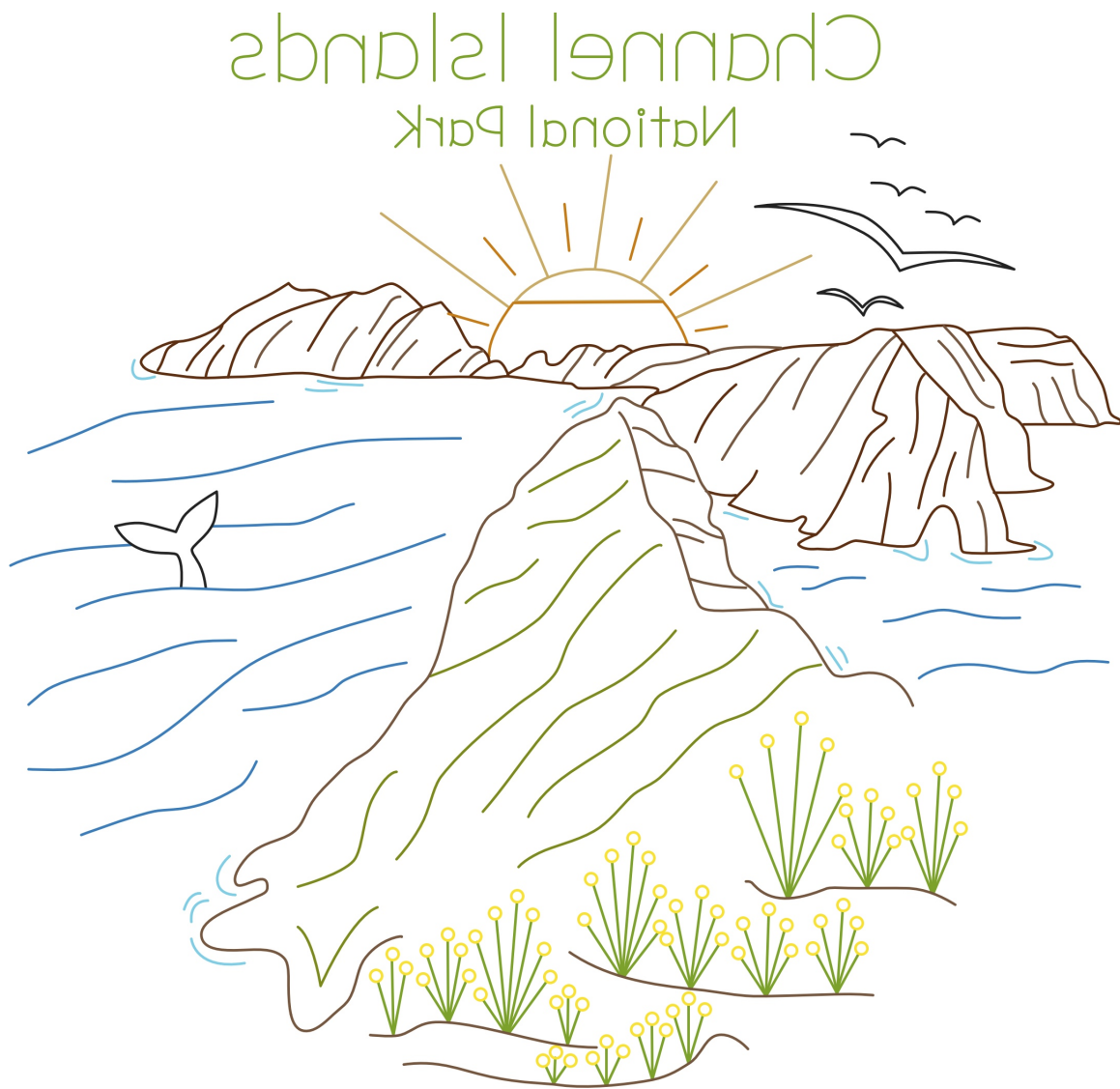
Full Size Design

Fits 7 or 8-Inch Hoop



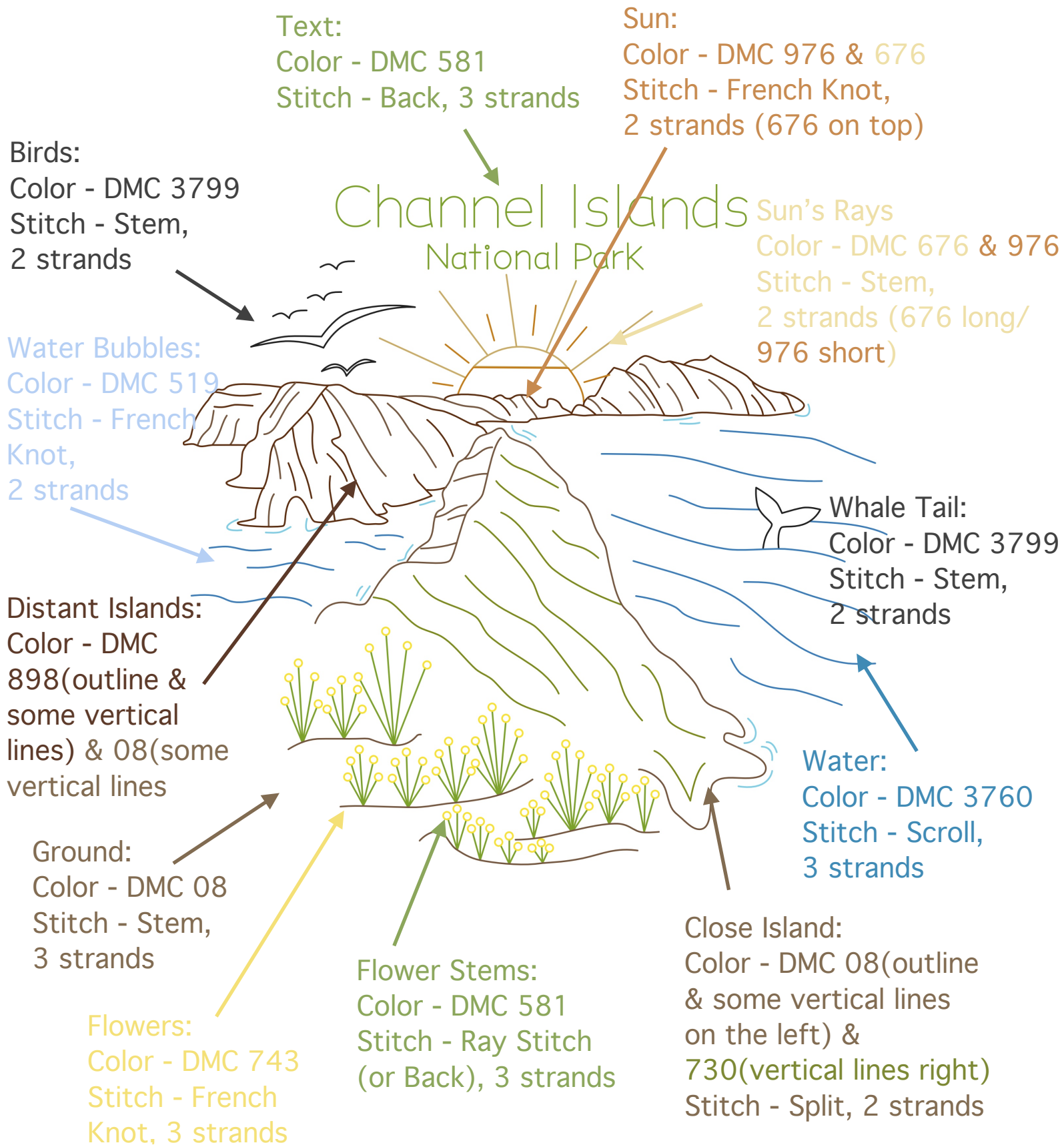
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Channel Islands
National Park

Color & Stitch Guide



Death Valley National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

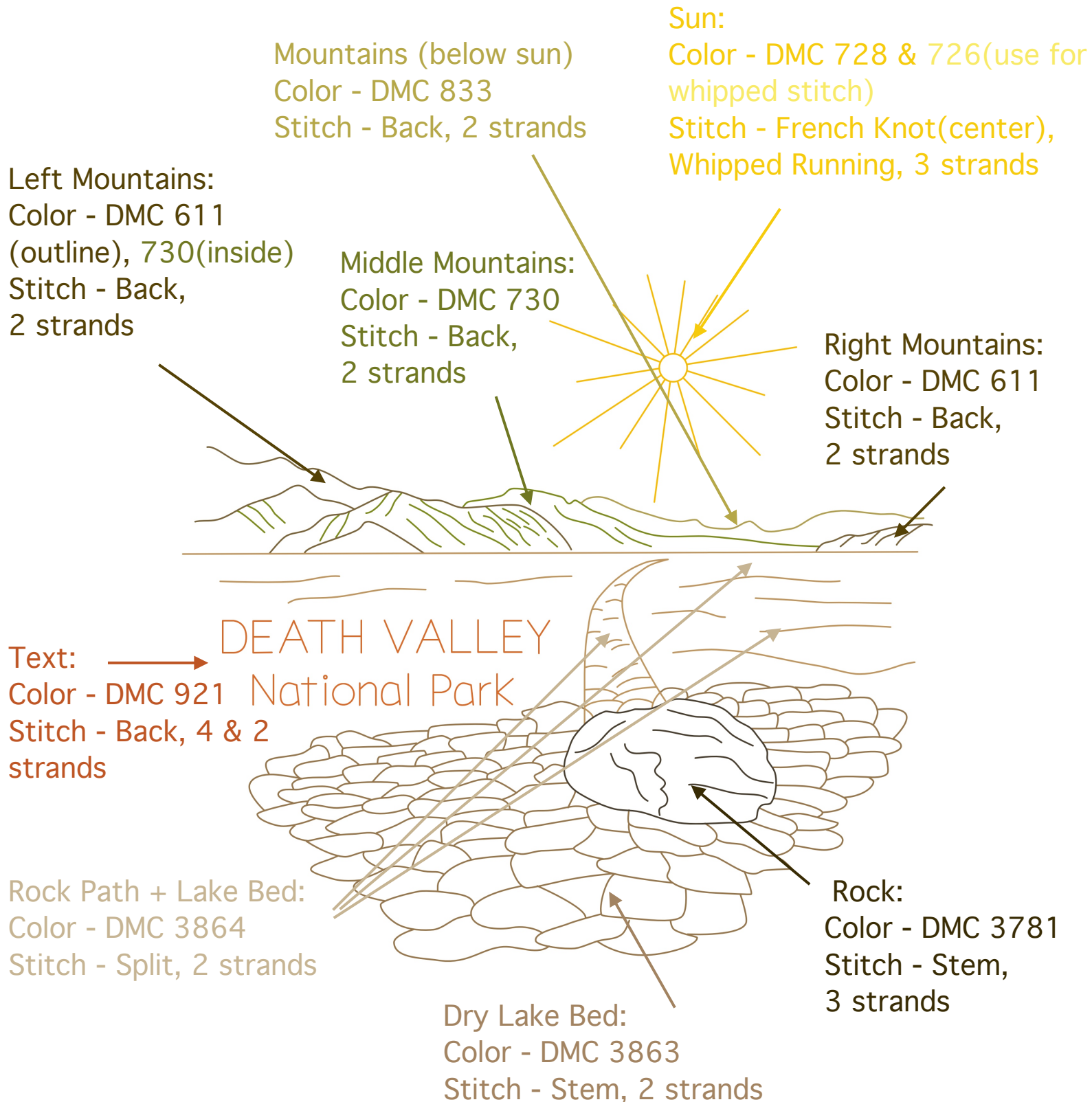


Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide



Gateway Arch National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



GATEWAY ARCH
NATIONAL PARK

Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



GATEWAY ARCH
NATIONAL PARK

Color & Stitch Guide

Clouds:
Color - DMC 318
Stitch - Split, 4 strands

Arch:
Color - DMC 3023
Stitch - Satin, 3 strands
*Keep the edges neat by
outline the arch with
2 strands of back stitch
and then stitching over
the top with satin.

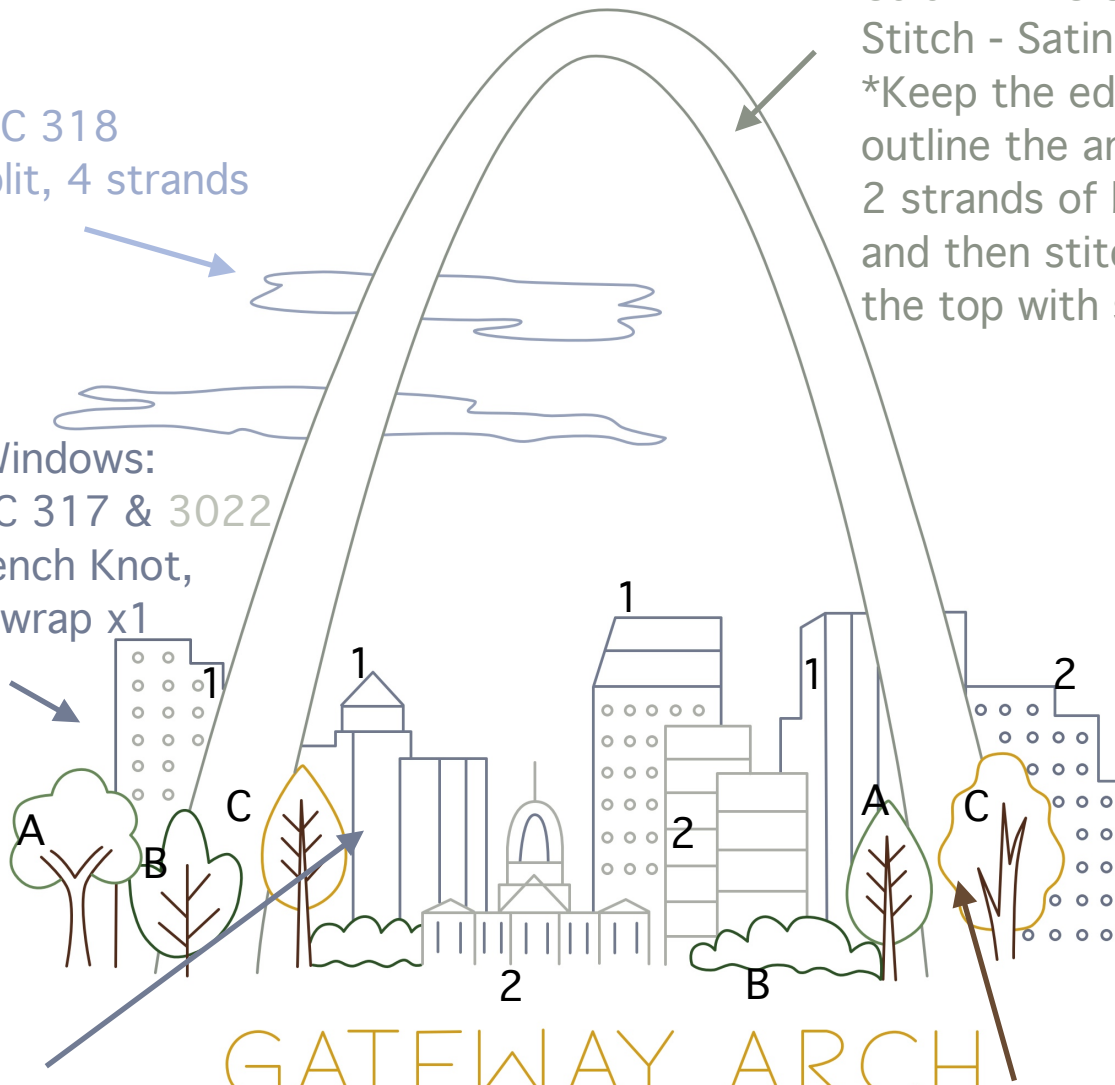
Buildings Windows:
Color - DMC 317 & 3022
Stitch - French Knot,
2 strands, wrap x1
*use the
opposite
color
as the
building

Buildings:
Color - DMC 317(1)
& 3022(2)
Stitch - Back, 2 strands

Trees Trunks:
Color - DMC 839
Stitch - Stem, 3 strands

Text:
Color - DMC 729
Stitch - Stem, 3 & 2
strands (3 for Gateway
Arch & 2 for National
Park)

Trees & Shrub Foliage:
Color - DMC 3363(A),
520(B), 729(C)
Stitch - French Knot,
3 strands wrap x2



New River Gorge National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

New River Gorge National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop

New River Gorge
National Park



Color & Stitch Guide

Bridge:

Color - DMC 3799

Stitch - Split(top rails),
Back(arch), Double
Chain(vertical rails)

4 strands (2 strands
for the zig zag line)

Hills:

Color - DMC 3362 & 612

Stitch - Whipped Back, 3 strands

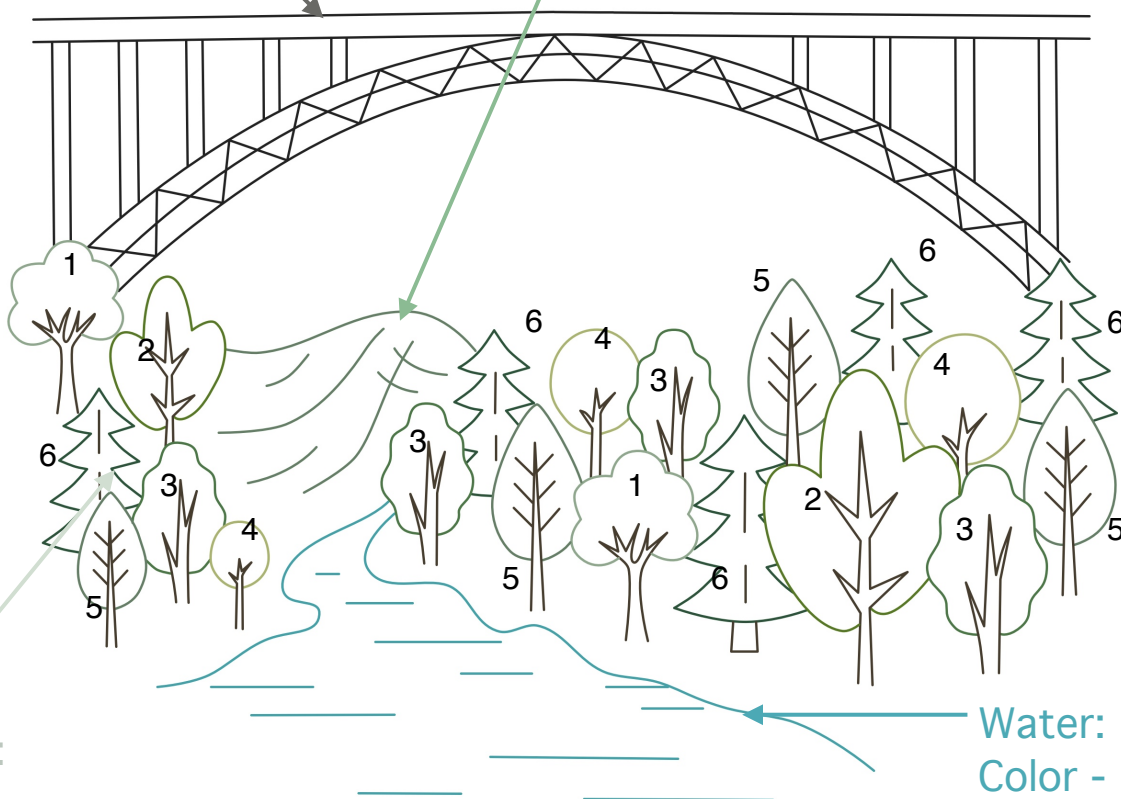
*Back stitch w/ 3362 & whip w/ 612

Text:

Color - DMC 469

Stitch - Back, 3 strands

New River Gorge
National Park



Trees:

Color -

Tree 1 - DMC 523

Tree 2 - DMC 469

Tree 3 - DMC 987

Tree 4 - DMC 472

Tree 5 - DMC 3362

Tree 6 - DMC 500

Stitch - Stem, 3 strands

Tree Trunks

Color - DMC 3781

Stitch - Split, 2 strands

Water:

Color - DMC 3810

Stitch - Rope
(shore), Scroll
(middle), 3 strands

Redwoods National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Branches & Needles
Color - DMC 938 (branch)
& 3345 (needles)

Stitch - Back, 3 strands
*First stitch the branches
w/ 938 & then fill in the
needles with 3345 using
as many lines as you
choose.

Baby Trees:
Color - DMC 938
(trunk) &
937 (needles)
Stitch - Back,
3 strands

Large Tree Trunks:
(marked w/ L)
Color - DMC 801
Stitch - Split,
4 strands

Small Tree Trunks:
(marked w/ S)
Color - DMC 780
Stitch - Split,
2 strands

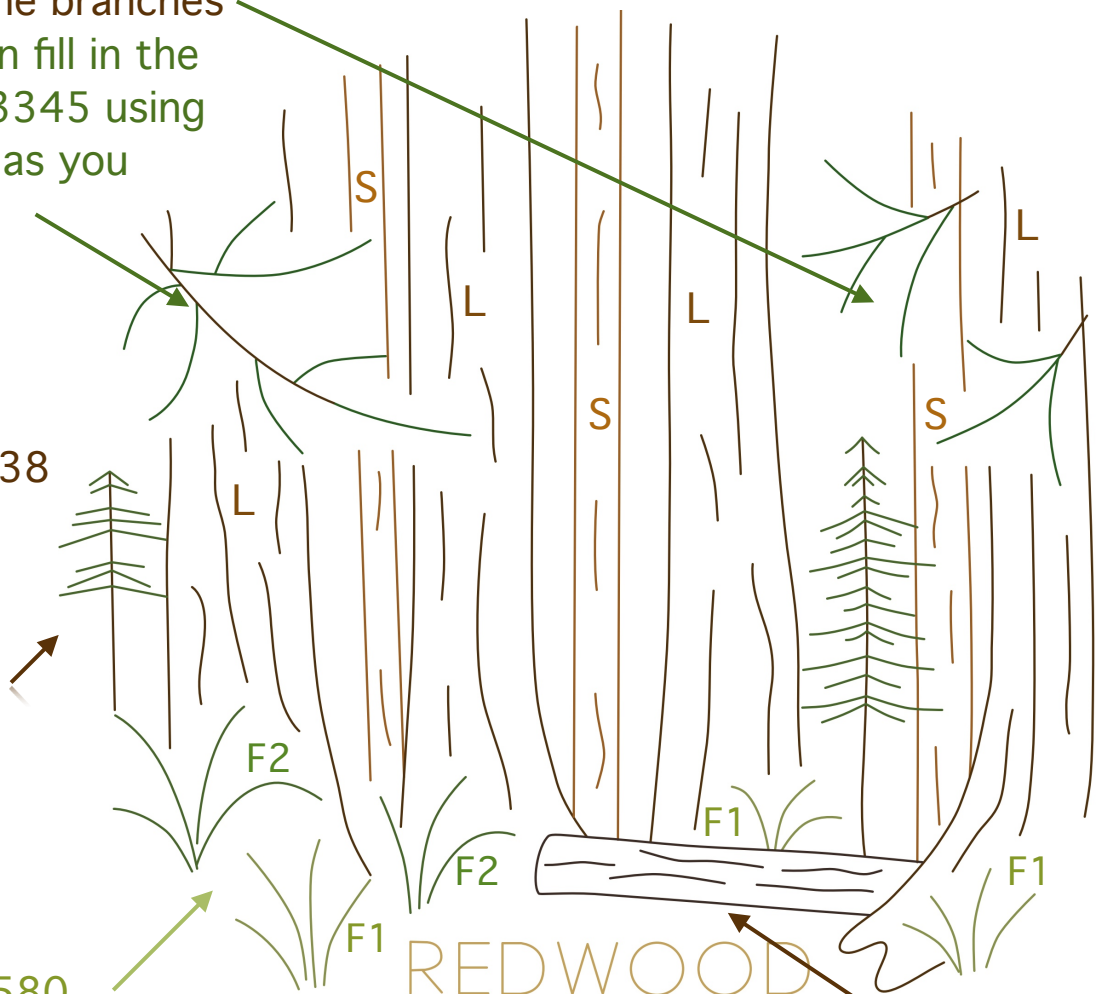
Fern 1:
Color - DMC 580
Stitch - Fern, 3 strands

Fern 2:
Color - DMC 937
Stitch - Lazy Daisy (use
back stitch for the stem
& LD for the "fronds"),
2 strands

REDWOOD
National Park

Text:
Color - DMC 437
Stitch - Back, 3 strands

Log:
Color - DMC 938
Stitch - Stem,
3 strands

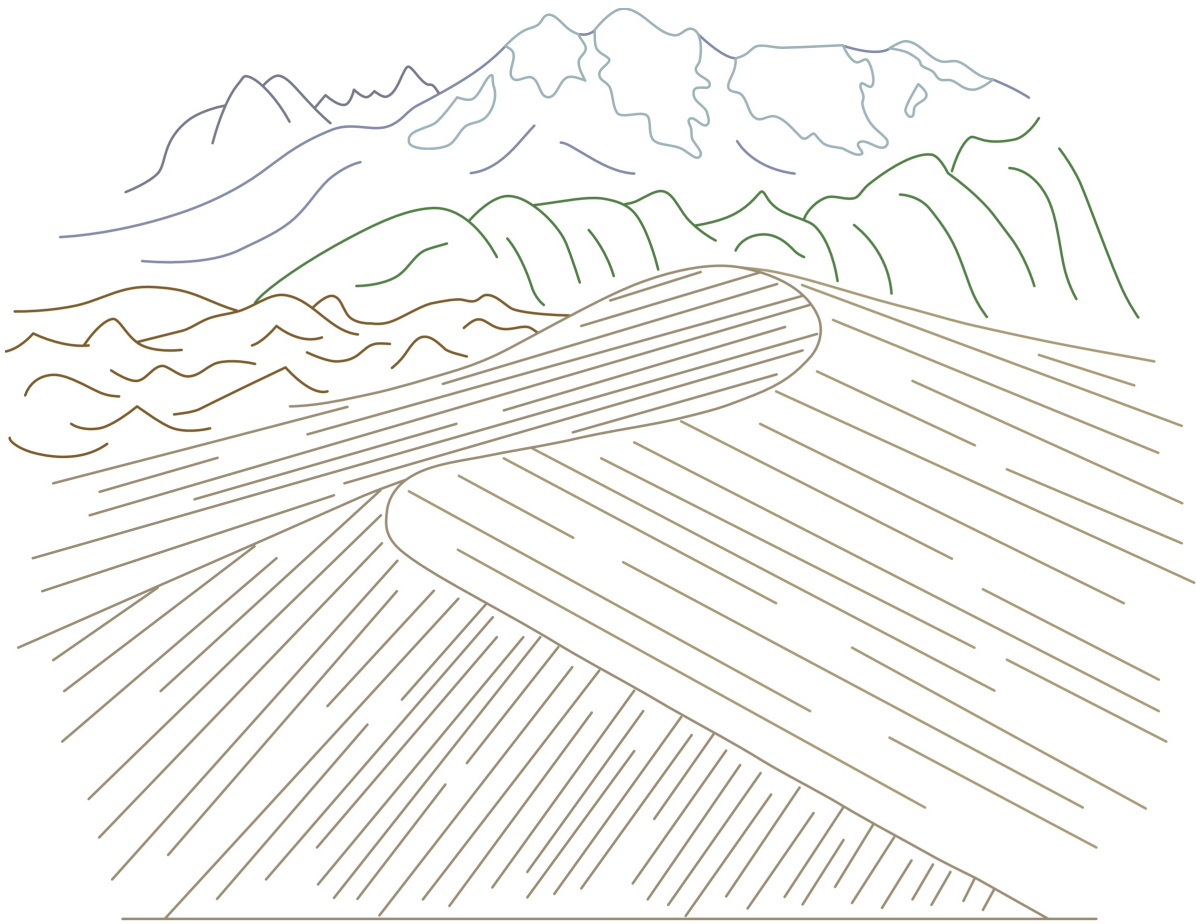


Great Sand Dunes National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



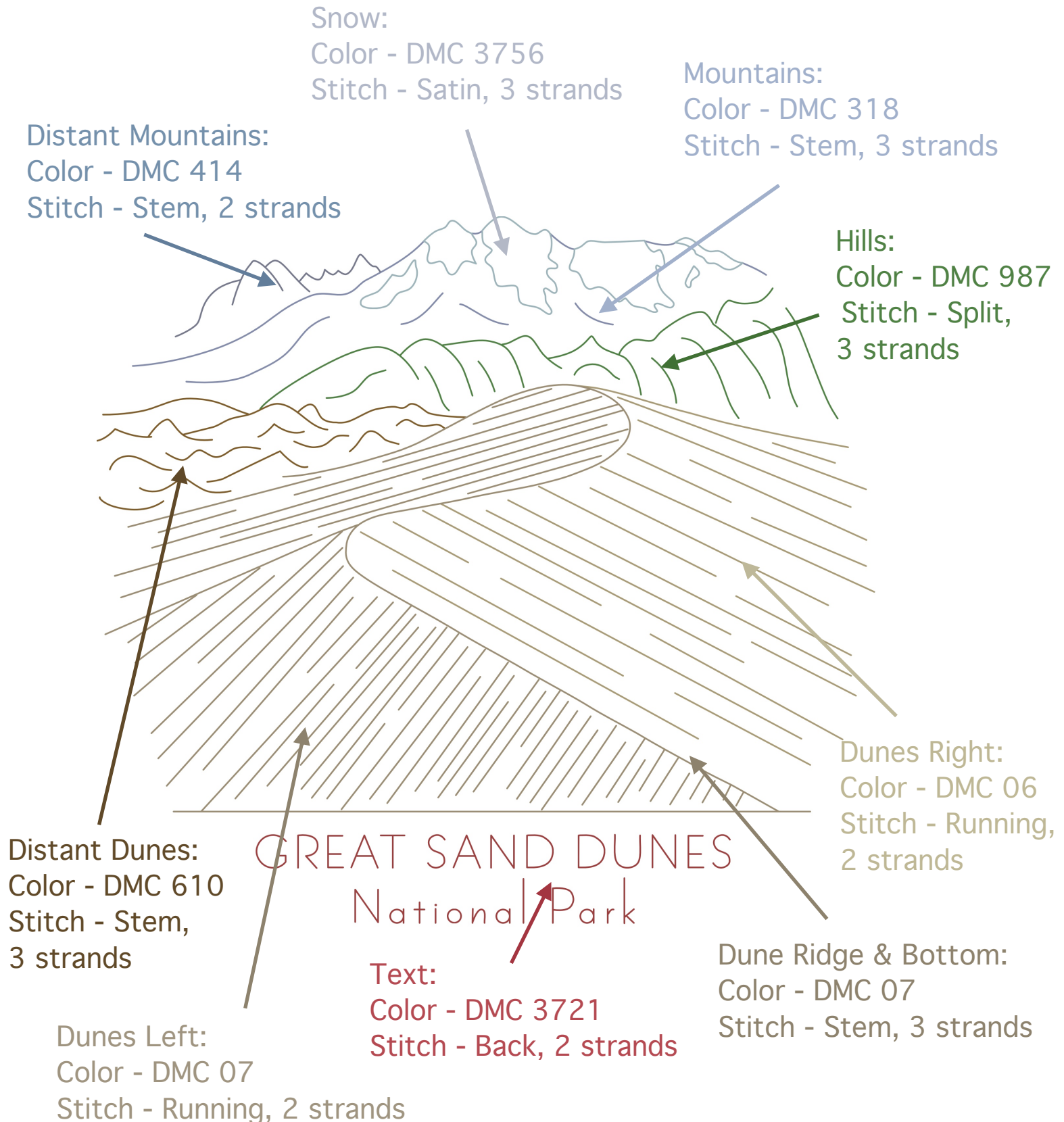
GREAT SAND DUNES
National Park

Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide



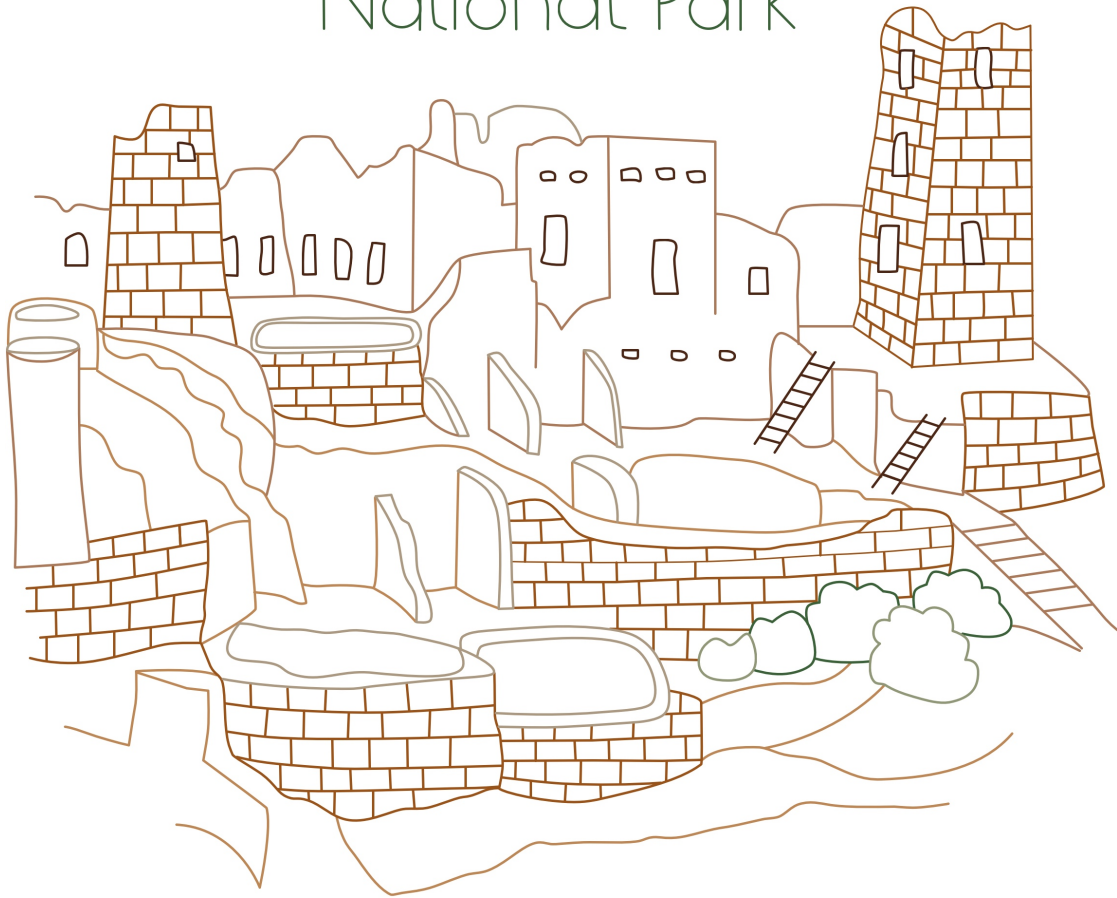
Mesa Verde National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

MESA VERDE National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide



Love these patterns and want to stitch more?

You are in luck! Visit www.wanderingthreadsembroidery.com to view the full line of downloadable embroidery patterns.

- More National Park Patterns
- 50 Unique Patterns for Each of the 50 U.S States
- 50 U.S. State Flower Patterns
- The Vintage Trailer Pattern Collection
- U.S Travel Map Pattern
- City Skyline Patterns
- Botanical Patterns
- Holiday Patterns including Ornaments

In addition to patterns, you will also find a full line of embroidery resources to teach and inspire:

- Step-by-Step Embroidery Stitch Tutorials
- FREE Patterns!
- How-To Tutorials Including Framing, Finishing, Embroidery Letters, and More!

Questions or comments? Send me an email at:
amanda@wanderingthreadsembroidery.com

I would love to see your finished pieces! You can find me on Instagram at www.instagram.com/wanderingthreadsembroidery or on Facebook at www.facebook.com/wanderingthreadsembroidery.

Thanks so much for purchasing the National Park Embroidery Pattern Book {Volume 4} and happy stitching!
~Amanda