

WANDERING THREADS EMBROIDERY



# Advent Wreath Embroidery Pattern



# Materials List

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- Fabric:

Size -

(1) 22 x 22-inch (56 x 56 cm) square for the wreath

(25) 6 x 6-inch (15.25 x 15.25 cm) squares for the number patches

(25) 4 x 4-inch (10 x 10 cm) squares for the number backing

(1) 15 x 4-inch (38 x 10 cm) rectangle for the hanger on the back

Weight - A medium to heavy weave cotton fabric is best for this project.

Color - Light or dark fabric are both suitable for this pattern. If using the suggested thread colors, keep in mind that they were chosen for a light colored fabric and you may need to make changes when using a darker fabric.

- Embroidery Hoop:

Size 5-inch for the numbers, plus a 7 or 9-inch hoop for the wreath

- Embroidery Needle:

Size 5, 7 or 9 (Needle size is determined by fabric thickness, stitch choice & personal preference. I suggest keeping a few sizes on hand)

- Water Soluble Pen, Stick n' Stitch Paper, or other items for pattern transfer:  
(See the Pattern Transfer Instructions)

- Small Scissors

- DMC Floss: 814, 890, 3363, 815, 3822, 3726

\*These are the suggested colors shown in the stitched example. Please feel free to choose your own colors!

- Heat n' Bond Ultra Hold Iron-on Adhesive:

1 package will provide enough plus leftovers for your next project

- Sticky-Back Velcro

- Ribbon & Wooden Dowel for Hanging:

3-feet or more 1-inch wide ribbon in the color of your choice

(1) wooden dowel cut to 15-inches in length



# Embroidery Pattern Transfer Instructions

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## Light Table/ Window:

Place the printed pattern on a light table or tape it to a bright window. Position the fabric on top and secure in place. Trace the pattern onto the fabric using a water erasable transfer pen. The markings from this pen will remain until washed gently with water.

## Stick & Stitch Transfer Paper:

This dissolvable, sticky-backed, transfer paper can be drawn on by hand, or printed on using a printer. The pattern goes on the rough (non-sticky) side of the paper. If tracing by hand, use a light-colored pen or pencil and don't press too hard. If using a printer, make sure the setting is for plain, not photo, paper.

Once the pattern is on the paper, lay the fabric flat on a hard surface, remove the backing from the transfer paper, place the pattern on top, and press firmly. Stitch as usual.

When finished stitching, place the fabric in a shallow bowl of lukewarm water. Make sure the water completely covers the fabric. Leave it for 5-10 minutes. Run the fabric under water to remove any loose bits of semi-dissolved paper. Rinse and lay flat to dry.

For a complete step-by-step photo tutorial for stick & stitch paper, visit [wanderingthreadsembroidery.com//how-to-use-stick-stitch-embroidery-transfer-paper/](http://wanderingthreadsembroidery.com//how-to-use-stick-stitch-embroidery-transfer-paper/)

## Iron On Transfer Pencil or Pen:

Iron on transfer pens and pencils can be found at many fabric/craft stores. First, print the REVERSE IMAGE pattern. Trace the pattern with the iron on pencil or pen. Place the traced pattern on an iron-safe surface and secure the fabric on top. Press a hot iron on the fabric for 5-10 seconds. Do not move the iron around. Gently lift an edge of the fabric to check that the design has transferred before removing the fabric.

\*This method will leave permanent marks that need to be covered with stitches.

## Transfer Paper:

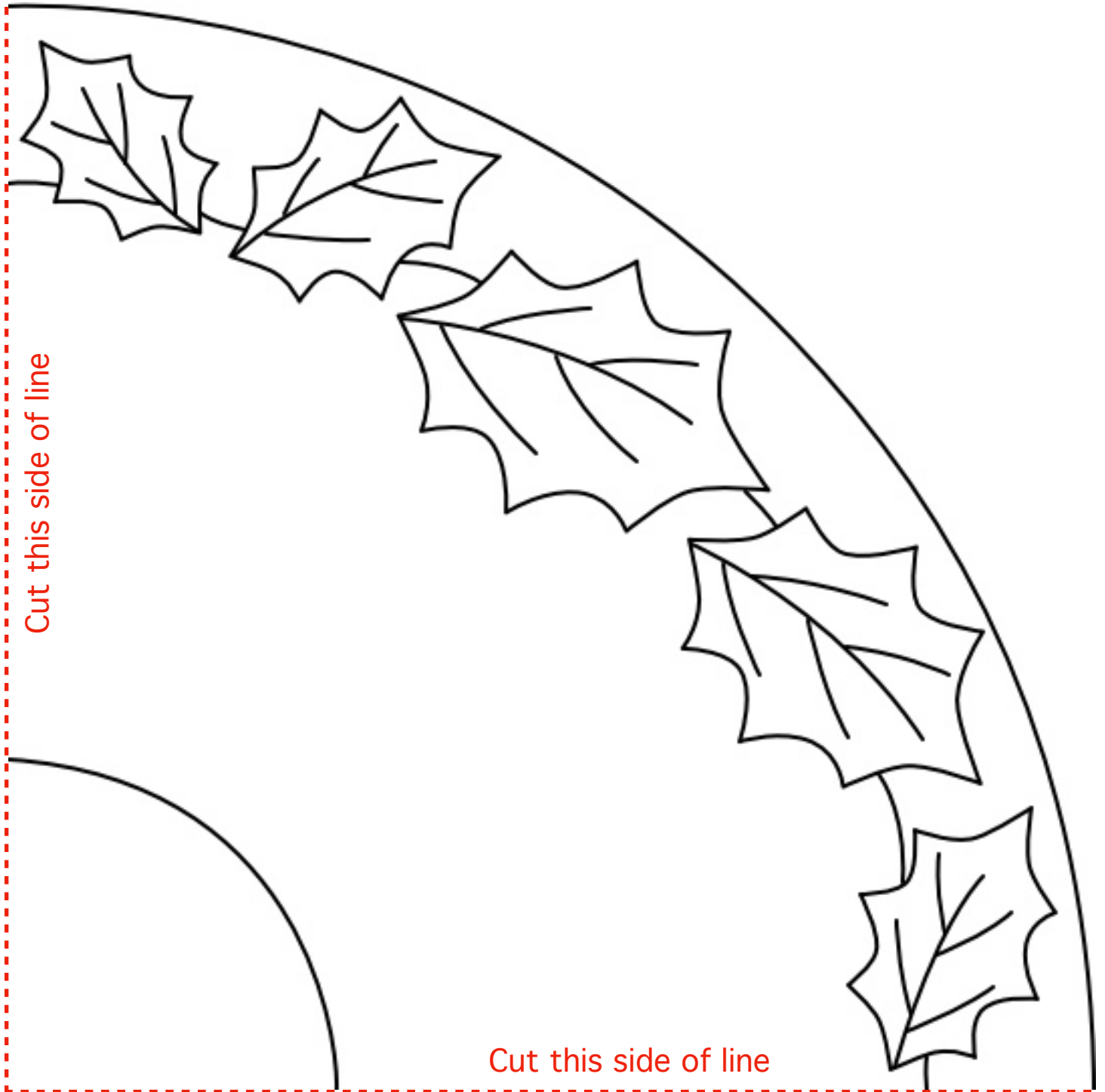
Transfer Paper can be found at many fabric or craft stores. It is coated on one side with a powdery ink that will wash out of the fabric.

To use, secure your fabric to a flat, hard surface, cover with a piece of transfer paper (powder side down) and place the printed pattern on top. Trace the pattern using a pencil, or stylus. Press very firmly and make sure the paper does not move.

This method works well for transferring patterns to dark fabric. A white or yellow transfer paper shows up nicely.

# Wreath Pattern:

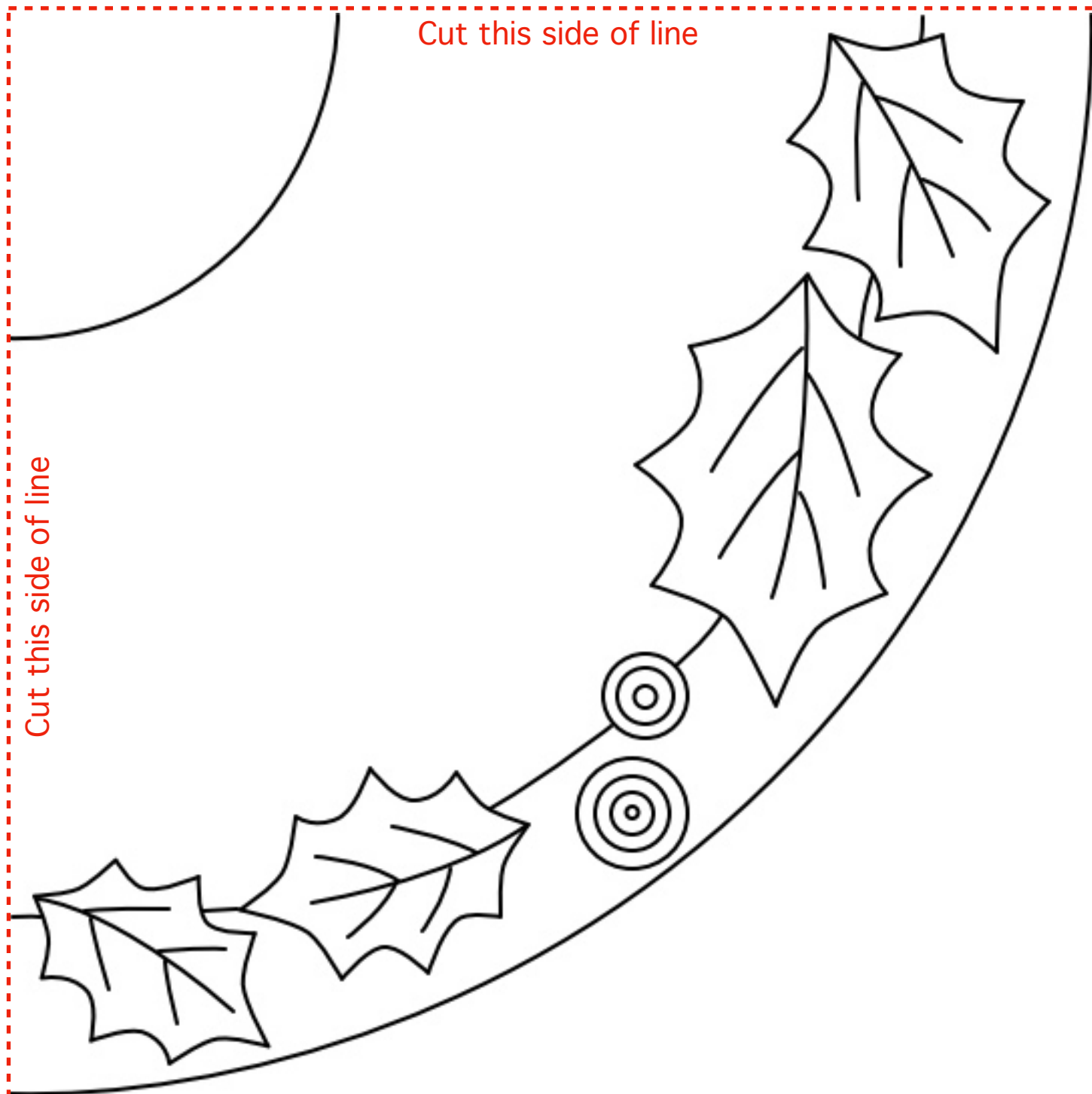
Top Right





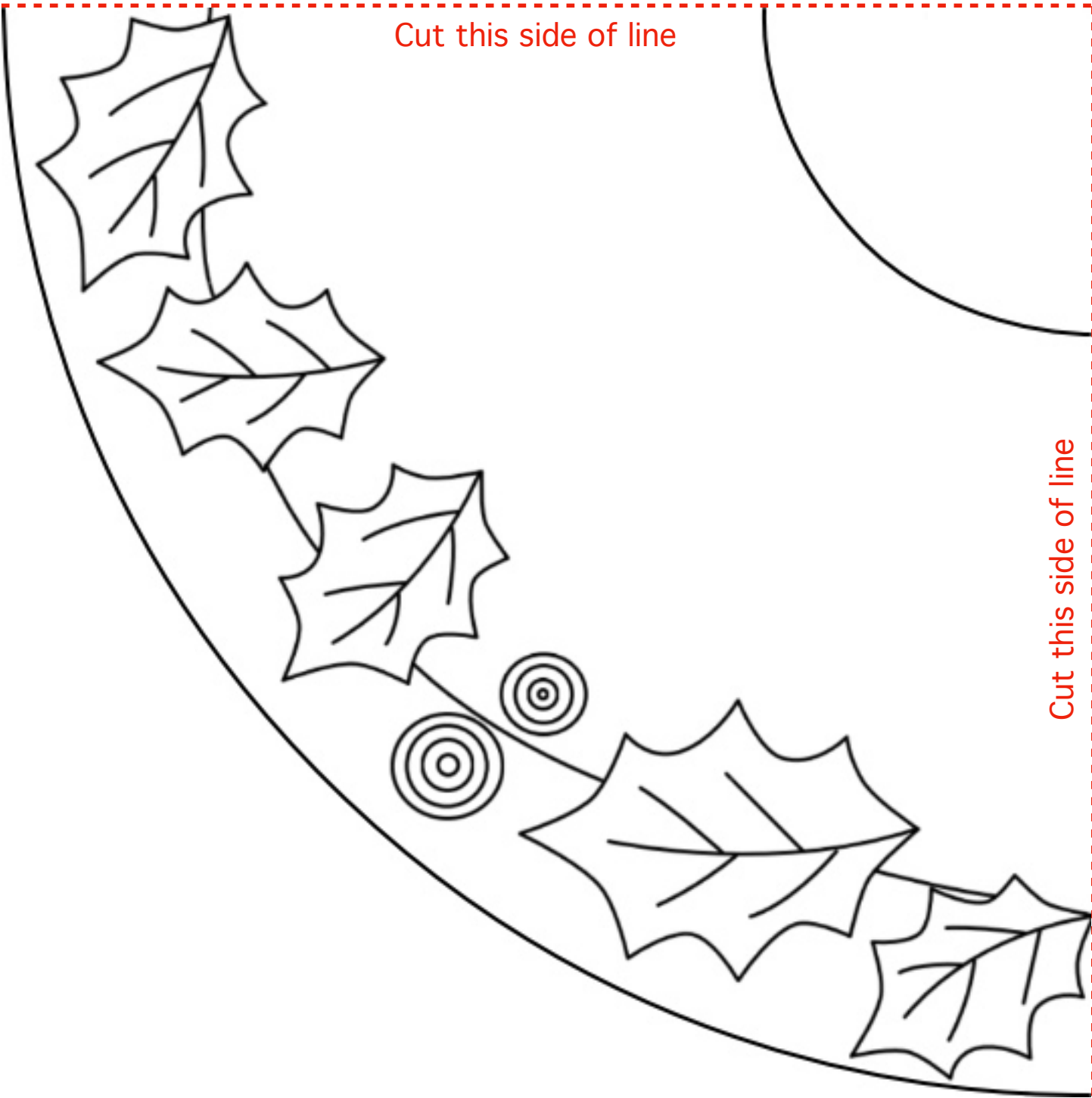
# Wreath Pattern:

## Bottom Right



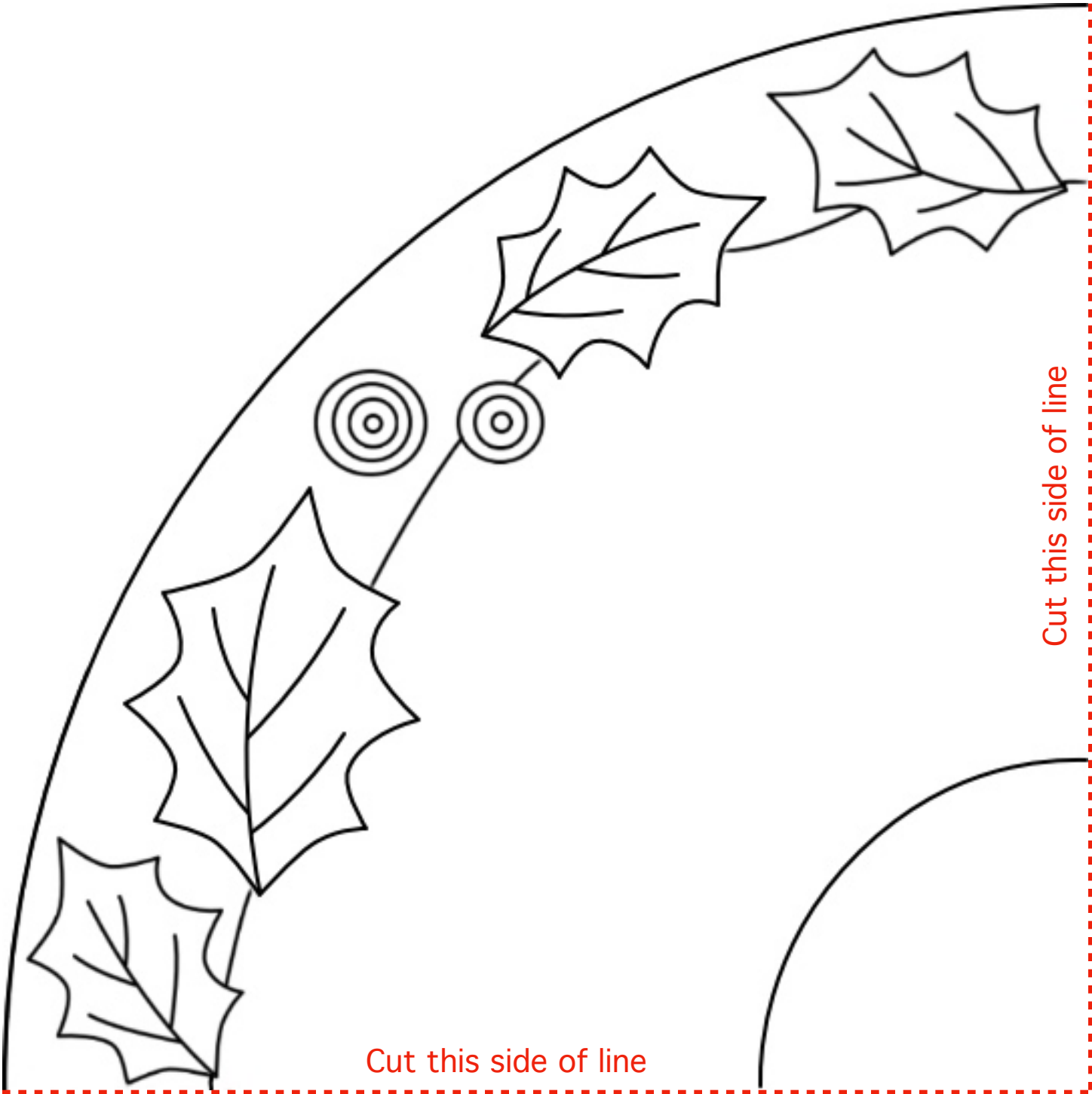
# Wreath Pattern:

Bottom Left



# Wreath Pattern:

Top Left





# Advent Wreath Stitching Guide:

## Step 1: Cut Fabric & Print Pattern -

Cut (1) 22 x 22-inch square of your chosen fabric.

Print and assemble the wreath pattern. If using Stick & Stitch paper, print the pattern directly onto the S&S paper, then cut as indicated on the pattern pieces.

## Step 2: Transfer Pattern & Choose Hoop Size -

Transfer the fabric using your chosen method. This example uses Stick & Stitch paper.

Choose your preferred hoop size for stitching the wreath. The wreath measures 15 x 15-inches and will fit inside a 16" hoop. However, since a smaller hoop is easier to work with, a 7 or 8-inch hoop is recommended.

## Step 3: Stitch Wreath & Leaves -

Follow the directions below in the Color & Stitch Guide. First, stitch the leaves and berries, then stitch the center circle. Finish by stitching the outer circle.

## Step 4: Finish the Back of Wreath (no sew method):

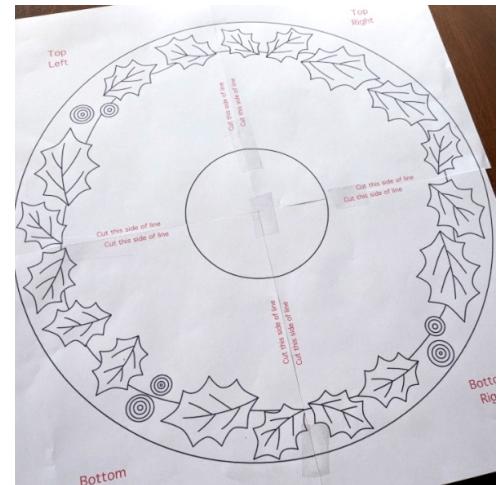
Start by lightly ironing your fabric and trimming it to 19 x 19-inches in size.

Fold one edge under 1/4-inch and iron. Line up your ruler with the folded edge and mark the fabric 1-inch in.

Cut a piece of Heat N' Bond 19-inch long x 3/4-inch wide (or use several 3/4" wide pieces to make up a 19" stretch). Place the piece(s) on top of the folded fabric along the edge. Iron in place.

Remove the paper backing from the Heat N' Bond and fold the fabric so it lines up with the 1-inch mark. Press with an iron to stick.


Repeat on the opposite side followed by the final two sides. You may need an extra piece of Heat N' Bond for the corners.




## Color & Stitch Guide:

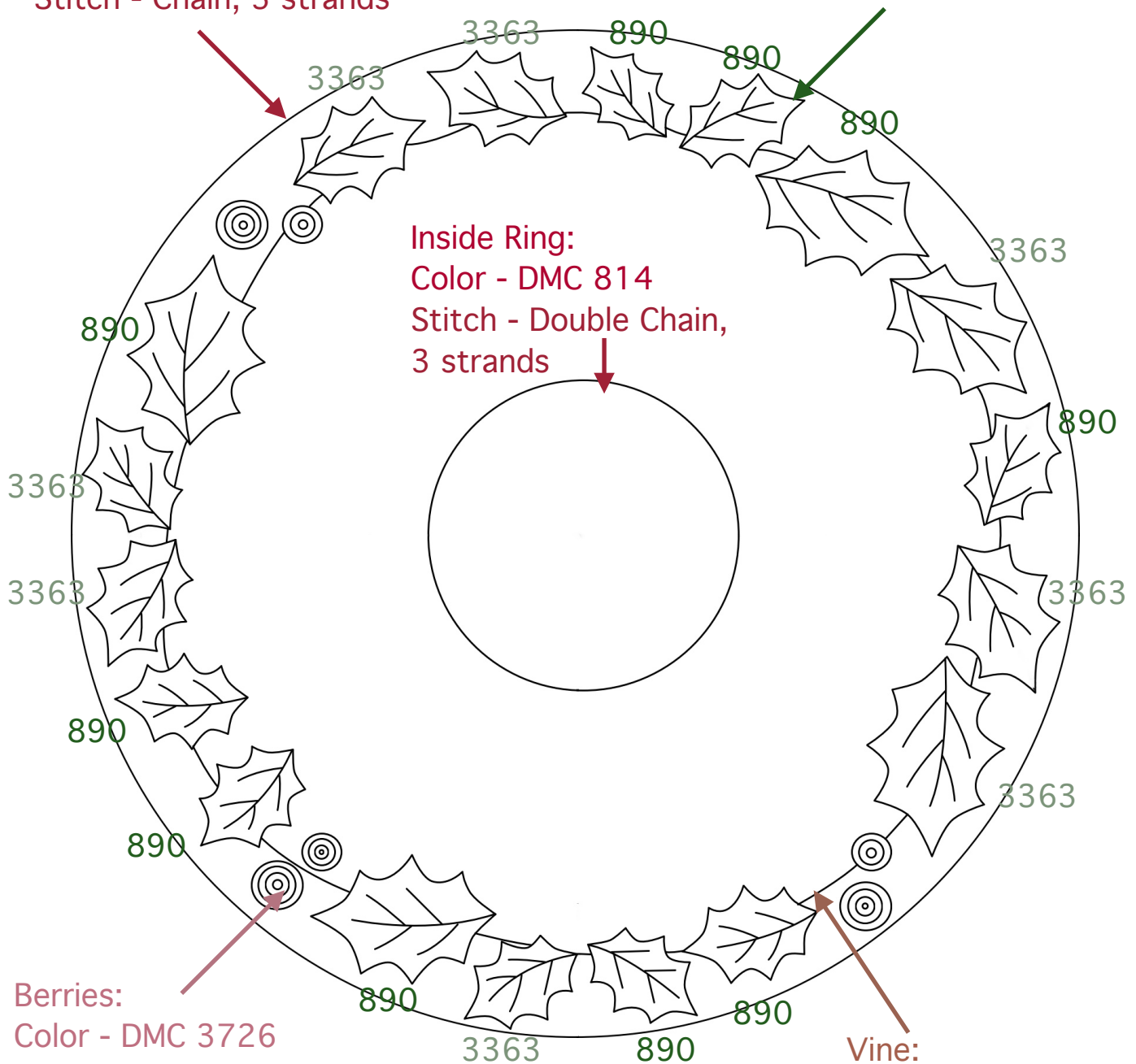
Leaves (outer & inner lines)  
Color - DMC 890 & 3363  
Stitch - Stem, 4 strands  
(follow the number guide below,  
alternate the colors, or  
randomize on your own!)

Outside Ring:  
Color - DMC 814  
Stitch - Chain, 3 strands

Inside Ring:  
Color - DMC 814  
Stitch - Double Chain,  
3 strands 

Berries:   
Color - DMC 3726  
Stitch - Stem, 3 strands

Vine:  
Color - DMC 3860  
Stitch - Split, 4 strands



# Advent Number Patterns:

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# Advent Number Patterns:

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# Advent Number Patterns:

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# Advent Number Stitching Guide:

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Follow the steps below to stitch and create 25 number patches for the advent wreath. You can make these all at once, or stitch one-a-day.

## Step 1: Cut Fabric & Transfer Pattern

Cut 25 squares of your chosen fabric measuring 6 x 6-inches each. These are for the advent numbers.\*\*

Cut 25 squares measuring 4 x 4-inches for later use as backing fabric.

Print and transfer the patterns using your chosen method. This example is shown with stick & stitch paper.

\*\* You can cut all 50 squares to 4" inches and use a smaller hoop to stitch the advent numbers. This will prevent the extra step of trimming the squares after stitching. I tested both sizes and found it easier to stitch on the larger fabric square. \*\*

## Step 2: Stitch

Start by stitching the inside circle. Use the color and stitch guide on the following pages.

Next, stitch the center number. The recommended stitch for the numbers is raised satin stitch. Raised satin stitch starts by outlining the number with back stitch. Then, stitch over the top with satin stitch, creating a raised edge on the stitching that really makes the numbers "pop" from the fabric.

Finish the patch by stitching the rest of the pattern around the number.





# Advent Number Stitching Guide: (cont.)

## Step 3: Wash & Trim

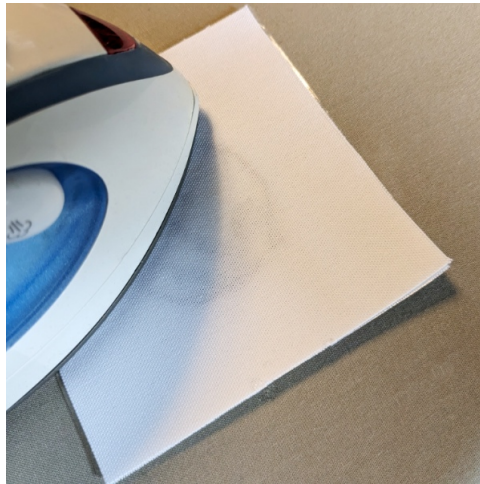
If using stick & stitch paper or a water soluble transfer pen, now is the time to wash the fabric. Lay flat to dry.

Next, trim each square to measure 4 x 4-inches.



## Step 4: Cut & Apply Heat n' Bond

Cut (25) 4 x 4-inch squares of Heat n' Bond. Following the package instructions, apply the heat and bond to the back of the square using a warm iron. Remove the paper backing and adhere a 4-inch square of plain fabric to the back.



## Step 5: Trim to a Circle

Trim the layered fabric into a circle following the outer line. The line will be gone if you washed the fabric. Use the pattern as a guide and simply cut in an even circle roughly 1/8 of an inch away from the edge. It does not have to be perfect!



## Step 6: Finish Edge with Button Stitch:

Finish the edge with button stitch all the way around. Since these are patches with visible backs, be sure to use an alternate method for starting and ending the thread aside from a knot.

For best results, use a waste away knot to start the thread, and the weaving method to end the thread. For complete instructions on starting and ending threads without a knot, view this post:

<https://www.wanderingthreadsembroidery.com/how-to-start-end-embroidery-stitches/>

## Step 7: Add Velcro

Adhere a small piece of sticky-backed velcro to each number patch.

When the wreath is complete, place the patches around the circle and add the other side of the velcro to the wreath in your chosen spots.





# Color & Stitch Guide:

Need Help with Embroidery Stitches? Step-by-step instructions can be found by visiting:  
<https://www.wanderingthreadsembroidery.com/embroidery-stitch-tutorials>

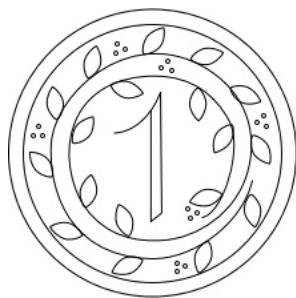
For each number patch stitch the following:

Inner Circle: DMC #3860, Back Stitch, 3 strands

Number: DMC #814, Raised Satin (Back & Satin), 3 strands

Stitching Guide Key:

- DMC Thread Number
- Type of stitch
- Number of floss strands



Vine: 890, Stem, 2 strands

Leaves: 3363, Fishbone, 2 strands

Berries: 815, French Knot, wrapped x 1, 2 strands



Branch: 890, Back, 2 strands

Ornament Hangers: 3822, Back, 2 strands

Left Ornament: 3726, Satin, 2 strands

Middle Ornament: 3363, Stem(outline) & 3822(inner line), Back, 2 strands

Right Ornament: 3822, Stem (outline) & 3363(inner line), Back, 2 strands



Holly: 890, Stem, 2 strands

Berries: 3726, French Knot, 4 strands



Branch: 890, Stem, 3 strands

Berries: 3726, French Knot, 4 strands



# Color & Stitch Guide (Cont):



Branch & Needles: 890 Back, 2 strands  
Pinecones: 3860, Back, 2 strands



Tree: 3363, Stem, 3 strands  
Light String: 3860, Stem, 2 strands  
Lights: 3726 & 3822, French Knot, wrap x 1, 2 strands



Star: 3822, Stem, 3 strands  
Evergreen Branch & Needles: 890, Back, 2 strands  
Big Leaf: 3726, Split, 4 strands  
Middle Leaf Lines: 815, Back, 2 strands  
Branch: 3860, Stem, 2 strands



Branches: 3860, Back, 3 strands  
Leaves: 3363, Fishbone, 2 strands  
Bow: 3726, Stem, 4 strands



Flower Petals: 3726, Stem, 4 strands  
Leaves: 890, Split, 3 strands  
Flower Middle: 3822, French Knot, warp x 2, 3 strands



Branch: 3860, Stem, 2 strands  
Leaves: 890, Fishbone, 2 strands  
Berries: 3822, French Knot, warp x 2, 3 strands





# Color & Stitch Guide (Cont):



Light String: 3860, Stem, 2 strands  
 Lights: 3822, 890, 3726, Satin, 2 strands  
 Stars: 3822, Back, 2 strands



Tree: 890, Split, 3 strands  
 Light String & Trunk: 3860, Stem, 2 strands  
 Lights: 3726 & 3822, French Knot, wrap x 2, 3 strands



Evergreen Branches: 890, Back, 3 strands  
 Leaves (outer lines): 3363 & 3726, Stem, 2 strands  
 Leaves(inner lines): 3363 & 3726, Back, 2 strands



Wreath & Bow: 3726, Stem, 3 strands  
 Leaves: 3363 & 890, Fishbone, 2 strands  
 Berries: 3822, French Knot, wrap x 2, 3 strands



Evergreen Branches: 890, Back, 3 strands  
 Berries: 3822, French Knot, wrap x 2, 3 strands



String: 890, Stem, 3 strands  
 Stars: 3822, Star or Satin, 3 strands



# Color & Stitch Guide (Cont):



Big Flower: 3726, Fishbone, 3 strands  
 Center: 3822, French Knot, wrap x 2, 3 strands  
 Top sm. Flower: 3822, Fishbone, 3 strands  
 Center: 3726, French Knot, wrap x 2, 3 strands  
 Bottom sm. Flower: 3363, Fishbone, 3 strands  
 Center: 3822, French Knot, wrap x 2, 3 strands



Vines: 3860, Stem, 2 strands  
 Leaves: 3363, Fishbone, 3 strands  
 Holly: 890, Back, 3 strands  
 Berries: 3726, French Knot, wrap x 2, 3 strands



Branch: 890, Stem, 2 strands  
 Leaves: 3363 & 3726, Fishbone, 3 strands  
 Berries: 3822, French Knot, wrap x 2, 3 strands



Dove: 3822, Back, 4 strands  
 Branch: 890, Stem, 3 strands  
 Leaves: 890, Fishbone, 3 strands



Branch: 3860, Stem, 2 strands  
 Leaves: 3363, Fishbone, 3 strands  
 Bow: 3726, Stem, 4 Strands



Right Snowflake: 3726(long lines) & 890 (short lines), Back, 2 strands  
 Left Snowflake: 890(long lines) & 3822(short lines), Back, 2 strands





# Color & Stitch Guide (Cont):



Candle: 3726, Stem, 3 strands  
Candle Drip: 3726, Satin, 3 strands  
Flame: 3822, Satin, 3 strands  
Holly: 890, Split, 2 strands  
Berries: 815, French Knot, wrap x 1, 2 strands



Branch: 3860, Stem, 2 strands  
Leaves: 3363, Satin, 3 strands  
Berries: 3726, French Knot, wrap x 1, 3 strands



Big Star: 3822, Split, 2 strands  
Sm Stars: 3726, Back, 2 strands



## Hanger Instructions:

### Step 1: Cut Fabric & Hem (no sew method)

Cut (1) 15 x 4-inch rectangle of the same fabric used for the wreath & numbers.

Fold one of the short sides under 1/2-inch and iron. Cut a piece of Heat N' Bond 4 x 1/2-inch and apply to the hem by first ironing one side, then removing the paper backing, folding the fabric over top, and ironing again.

Repeat on the opposite short side, then the two long sides.  
\*If you have a sewing machine handy, this step can also be done with a quick line of stitching placed on all the side seams.





# Hanger Instructions (cont.):

## Step 2: Attach the Hanger

Cut (2) pieces of Heat N' Bond 14-inches long. Iron the pieces to the top and bottom of the hanger. Make sure to attach the pieces to the back of the hanger with the folded edges facing up.

Position the hanger (folded side in) on the backside of the advent calendar along the top edge. Line it up with the folded hem on the calendar, leaving an equal distance on either side.

Remove the paper backing from the Heat N' Bond and iron the hanger in place on the back of the calendar.



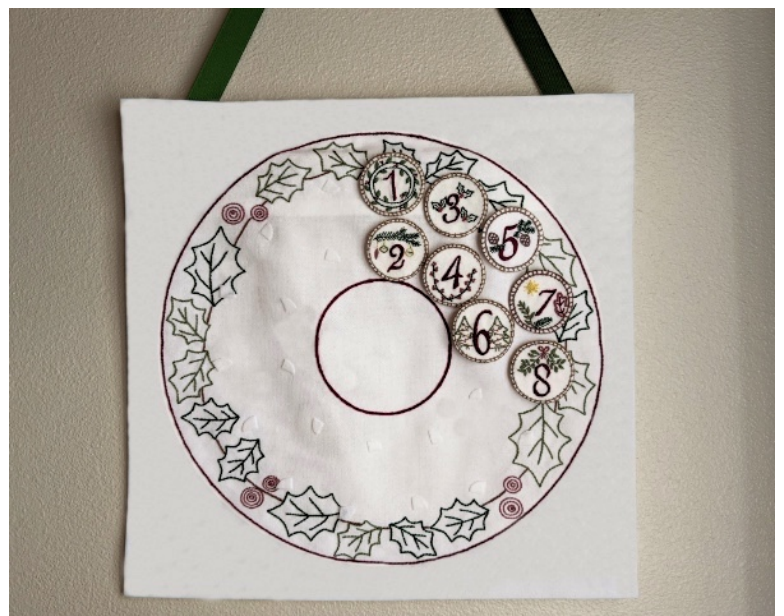
## Step 3: Place the Dowel & Ribbon

Slide the dowel inside the pocket hanger. It should stick out beyond the hanger but not beyond the edges of the calendar. If it's too long, give it a quick trim.

Wrap one end of the ribbon around the dowel, folding the cut end, and fasten with a small safety pin. Repeat on the other side leaving enough ribbon in the middle for hanging.

\*You can also secure the ribbon with a few stitches.

Hang your beautiful handmade calendar and admire!



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Questions or comments? Send me an email at:  
[amanda@wanderingthreadsembroidery.com](mailto:amanda@wanderingthreadsembroidery.com)

I would love to see your finished pieces! You can find me on Instagram at [www.instagram.com/wanderingthreadsembroidery](http://www.instagram.com/wanderingthreadsembroidery) or on Facebook at [www.facebook.com/wanderingthreadsembroidery](http://www.facebook.com/wanderingthreadsembroidery).

Thanks so much for purchasing the Advent Wreath Pattern and happy stitching!

~Amanda