

WANDERING THREADS EMBROIDERY



Alaska National Park Embroidery Pattern Collection



Materials List

- Fabric Square approximately 10" x 10" in size:
Choose a fabric with a medium weave such as a cotton, muslin, or flour sack.
You can embroider on any color fabric, but keep in mind that some floss colors will not show up well on dark fabrics.
- Embroidery Hoop:
Size 7 or 8-inch
- Embroidery Needle:
Size 7 or 9
- Water Soluble Pen or other items for pattern transfer:
(See the Pattern Transfer Instructions)
- Small Scissors
- DMC 6-strand Embroidery Floss:

Denali: 414, 415, 471, 501, 840, 930, 938, 992, 3072, 3810, 3787
Glacier Bay: 161, 318, 598, 677, 775, 977, 3799, 3808
Katmai: 21, 322, 415, 471, 640, 796, 838, 890, 926, 987, 3347, 3790
Wrangell - St. Elias: 04, 160, 161, 318, 471, 505, 839, 3345, 3363, 3731, 3760, 3803
Kenai Fjords: 08, 415, 518, 452, 646, 734, 895, 904, 931, 3790, 3799
Gates of the Arctic: 168, 372, 518, 646, 779, 839, 841, 895, 930, 3364, 3834
Kobuk Valley: 07, 318, 517, 728, 828, 838, 840, 890, 921, 931
Lake Clark: 166, 159, 315, 520, 779, 838, 840, 926, 3363, 3810
- Felt or Wooden Frame for finishing the embroidery:
(See the How to Finish Embroidery directions)

Embroidery Pattern Transfer Instructions

Light Table/ Window:

Place the pattern on a light table or tape it to a bright window. Position the fabric on top and secure in place. Trace the pattern onto the fabric using a water erasable transfer pen. The markings from this pen will remain until washed gently with water.

*Pro tip: A computer or tablet screen makes a great light box! Simply open this PDF on your computer, tape the fabric over the pattern on the screen, and trace it. No printer needed!

Iron On Transfer Pencil or Pen:

Iron on transfer pens and pencils can be found at many fabric/craft stores. First, print the REVERSE IMAGE pattern. Trace the pattern with the iron on pencil or pen. Place the traced pattern on an iron-safe surface and secure the fabric on top. Press a hot iron on the fabric for 5-10 seconds. Do not move the iron around. Gently lift an edge of the fabric to check that the design has transferred before removing the fabric.

*This method will leave permanent marks that need to be covered with stitches.

Transfer Paper:

Transfer Paper can be found at many fabric or craft stores. It is coated on one side with a powdery ink that will wash out of the fabric.

Transfer Paper (continued)...

To use, secure your fabric to a flat, hard surface, cover with a piece of transfer paper (powder side down) and place the printed pattern on top. Trace the pattern using a pencil, or stylus. Press very firmly and make sure the paper does not move.

This method works well for transferring patterns to dark fabric. A white or yellow transfer paper shows up nicely.

Stick & Stitch Transfer Paper

This dissolvable, sticky-backed, transfer paper can be drawn on by hand, or printed on using a printer. The pattern goes on the rough (non-sticky) side of the paper. If tracing by hand, use a light-colored pen or pencil and don't press too hard. If using a printer, make sure the setting is for plain, not photo, paper.

Once the pattern is on the paper, lay the fabric flat on a hard surface, remove the backing from the transfer paper, place the pattern on top, and press firmly. Stitch as usual.

When finished stitching, place the fabric in a shallow bowl of lukewarm water. Make sure the water completely covers the fabric. Leave it for 5-10 minutes. Shake the fabric in the water to remove any loose bits of semi-dissolved paper. Rinse and lay flat to dry.

How to Finish Embroidery: Two Methods

Frame in the Hoop

1. Using the inner ring of an embroidery hoop, trace a circle on a piece of felt and cut it out.

2. Place the finished embroidery in the hoop, stretch it smooth and tighten the screw. Trim the excess fabric around the edges roughly an inch wider than the hoop.

3. Cut off a long piece of sewing thread. Make sure it's long enough to stitch all the way around the circle. Leaving a 4-5-inch tail at the beginning, stitch around the edge with Running Stitch.

4. When you've stitched all the way around, grasp both ends of the thread and pull until the fabric gathers together. Tie a knot and cut off the excess thread.

5. Position the felt circle over the back and sew it into place with a whip stitch.

6. Continue sewing all the way around and tie off the thread.



In a Wooden Frame

1. Cut a piece of foam board to fit the inside dimensions of your frame.

2. Position the foam board in the center of your embroidery piece. Make sure it's straight! Flip over so the fabric is on the bottom. Starting with the long sides, fold the extra fabric into the center. If necessary, trim the fabric to leave a roughly 1-4" space in between. Pull the fabric tight and secure with long pins.

3. Repeat this process on the short sides. If the corners are bunching, fold them on a diagonal and trim a bit. The finished fabric-wrapped foam board needs to fit snugly inside the frame so try your best to avoid bulky corners.

4. Secure the fabric using a simple lacing technique. Fold the extra fabric from the short sides out of the way. Insert a needle with a long strand of thread about a 1/4-inch from the edge of the fabric and weave back and forth while pulling the fabric tight. Tie off the thread at the end and start a new piece. Finish the lacing by folding the fabric from the short sides into the middle and lacing it together.

5. Remove the pins and place the embroidery board inside the frame.

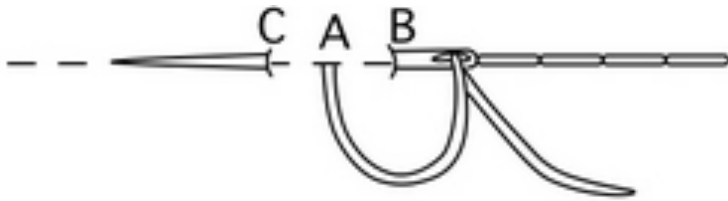
6. Replace the frame backing, flip it over, and admire your handiwork!

For a framing tutorial with photos, visit:
www.wanderingthreadsembroidery.com/how-to-frame-embroidery/

Embroidery Stitch Tutorials

Back Stitch

Begin by bringing the thread up through the fabric one stitch length away from the starting point. Next, go back and bring the needle down at the beginning. Think of it as stitching in reverse. The second stitch is made in the same manner. Come up one stitch length away from the previous stitch and bring the needle down at the end of the previous stitch. Once you get the hang of it this stitch becomes almost like second nature.



Bring the thread up at A, down at B, and back up at C.

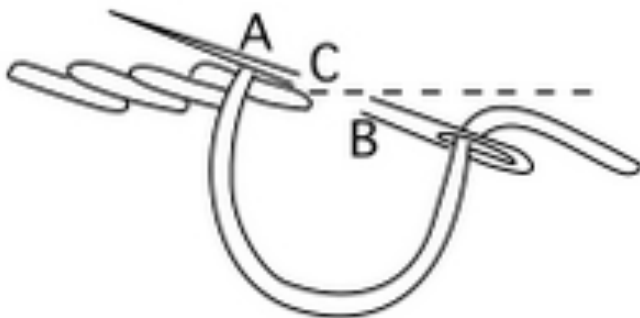
Split Stitch

Make a single stitch. Next, bring the thread back up in the middle of the stitch you just made. Pull the thread all the way through and complete the stitch. Repeat the process of starting each stitch in the middle of the previous stitch. Shorten the stitches when turning corners.



Bring the thread up at A, down at B, and back up at C.

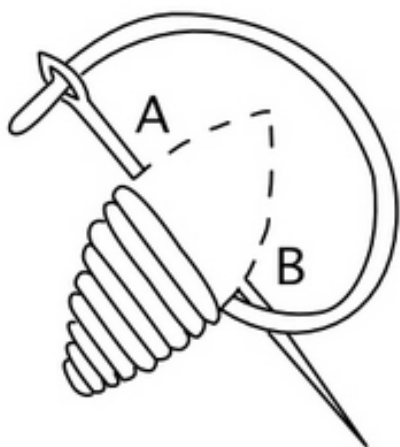
Stem Stitch



Working from left to right, bring the needle up through the fabric just above the marked line of your pattern (point A)

Insert the needle one stitch length away from point A just below the pattern line (point B). Angle the needle backward and come back up roughly half way between the A & B, just above the line (point c).

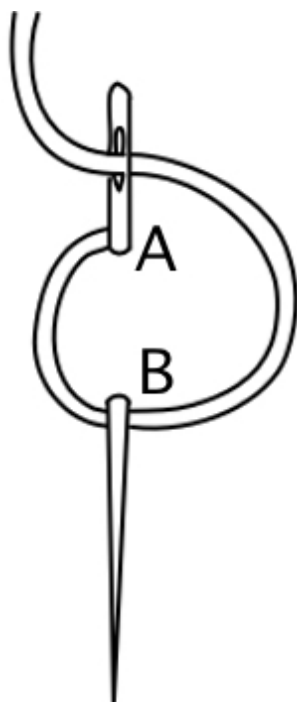
Satin Stitch



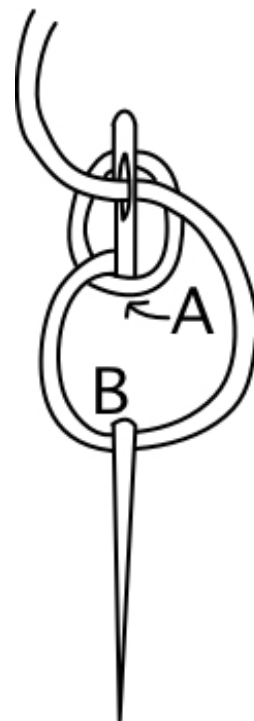
Bring the needle up on the edge of the shape you are filling with satin stitch (point A). Stretch the thread across the other side of the shape and bring the needle back down (point B). To make the second stitch, bring the needle back up right next to where you started the first stitch. The key to a smooth satin stitch is positioning the stitches close together without overlapping.

Chain Stitch

Begin your chain stitch by bringing the thread up at the starting point. Take the needle back through the same hole (point A) then up again a short distance away without pulling the thread all the way through (point B). Loop the thread around the bottom of the needle and pull all the way through to create a loop.

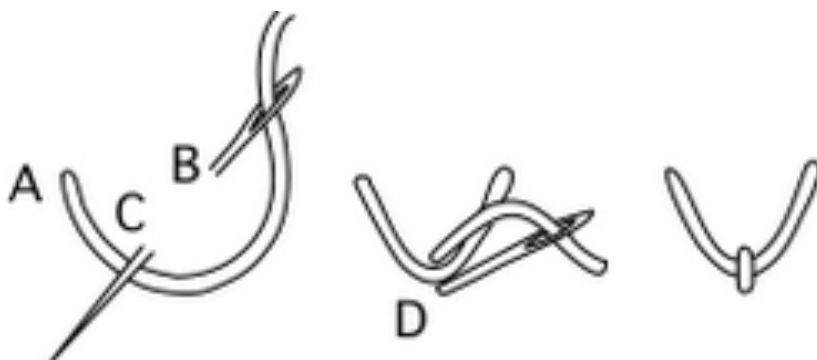


Bring the needle back down in the same hole - inside the loop - (point A) and then back up another stitch length away (point B). Make sure the thread is under the needle before pulling it tight to form that second loop in the chain. Continue this pattern until you've reached the desired length.

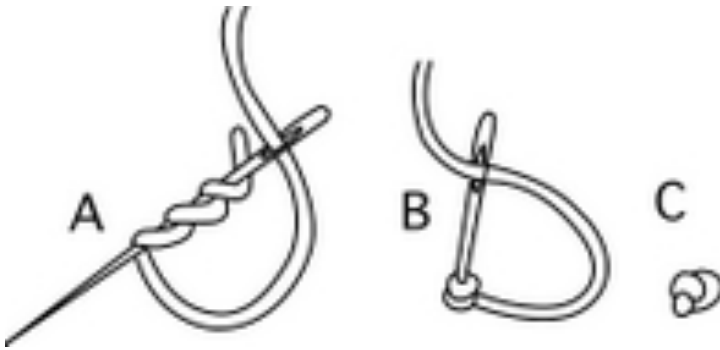


Fly Stitch

Bring the needle up at A, down at B, and back up at C while keeping the working thread under the needle. Complete the stitch by bringing the needle back down under the loop you just created (point D).



French Knot



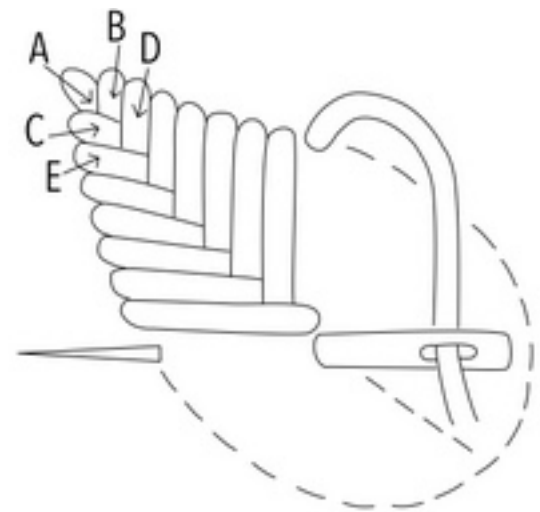
Bring the needle up through the fabric to the front. Hold the thread taut with one hand, and with the other hand wrap it around the needle two or three times. (figure A)

While keeping a tight grasp on the thread, push the needle down through the fabric next to where you first brought it up. (figure B)

The finished stitch looks like a small knot. (figure c)

Fishbone Stitch

Bring the needle up at the top of (A) and make a small stitch toward the center of the leaf shape. Come back up next to the right side of the first stitch and make a slanted stitch that ends just across the center line (B). Come up on the other side of the first stitch and make another slanted stitch that ends on the opposite side of the line (C). Continue stitching in this fashion, alternating sides. Each time you will come up right next to the previous stitch and make a slanted stitch that crosses the center line. As you stitch down the shape, the center spine forms and you can see the leaf shape emerging.



Looking for more stitch tutorials?

Detailed step-by-step tutorials for the above stitches and many more are available at:

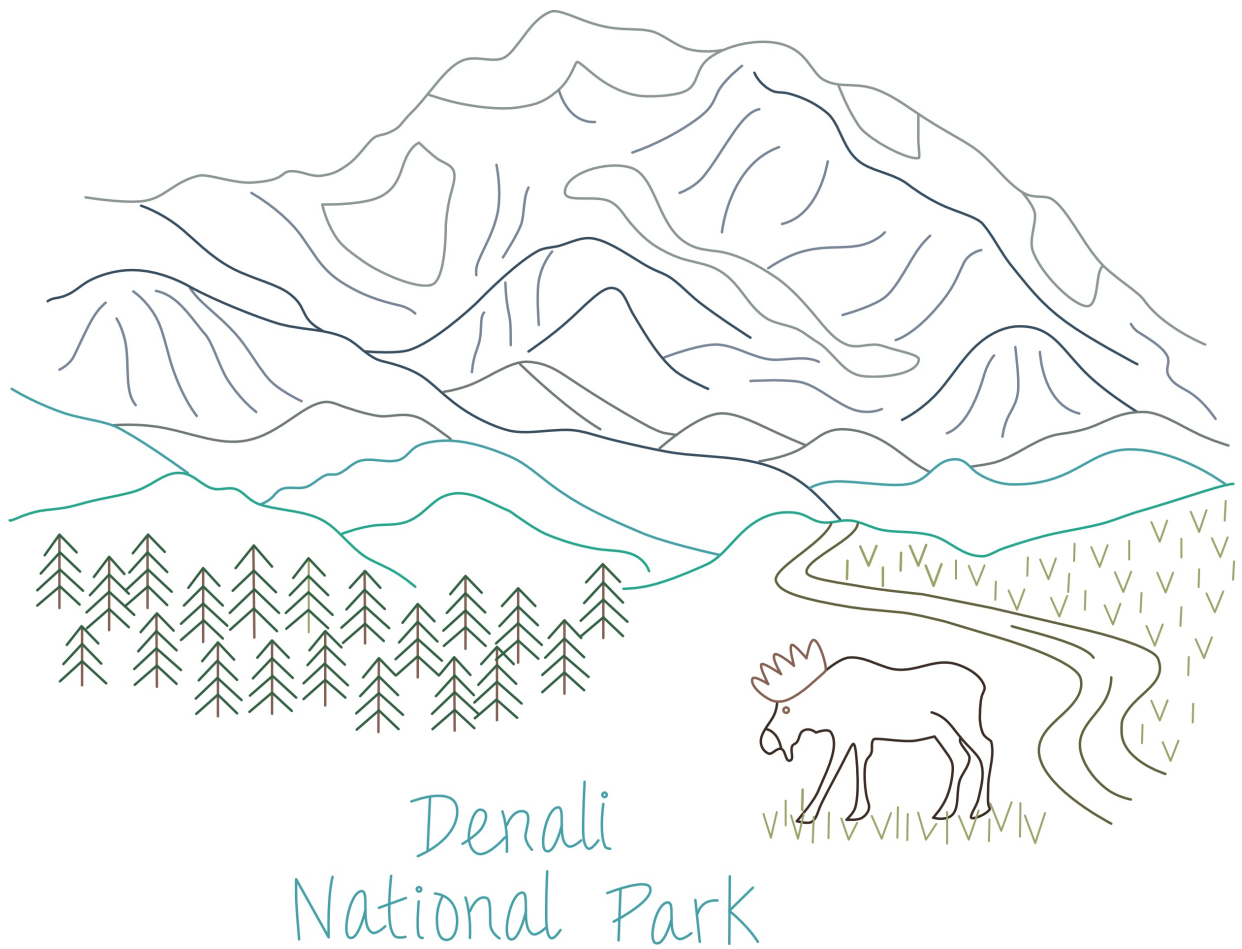
www.wanderingthreadseembroidery.com/embroidery-stitch-tutorials

Denali National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Mountain:

Snow Fields(marked w/ "snow") & Top Outline:
DMC 3072, Satin Stitch, 3 strands

Snow (all lines w/ no marks):

DMC 415, Split Stitch, 3 strands

Mountain Layers (corresponding #s under each line)

DMC 930, 414, 3810, 992, Stem Stitch, 3 strands

Meadow:

Color - DMC 471

Stitch - Fly & Back,
2 strands

Road:

Color - DMC 3787

Stitch - Chain,
2 strands

Trees:

Branches - DMC 501

Trunks - DMC 840

Stitch - Fly (branches),
Back (trunk), 2 strands

*Create the branches
with a series of upside
down fly stitches

Denali
National Park

Text:

Color - DMC 3810

Stitch - Outline,
2 strands

Moose:

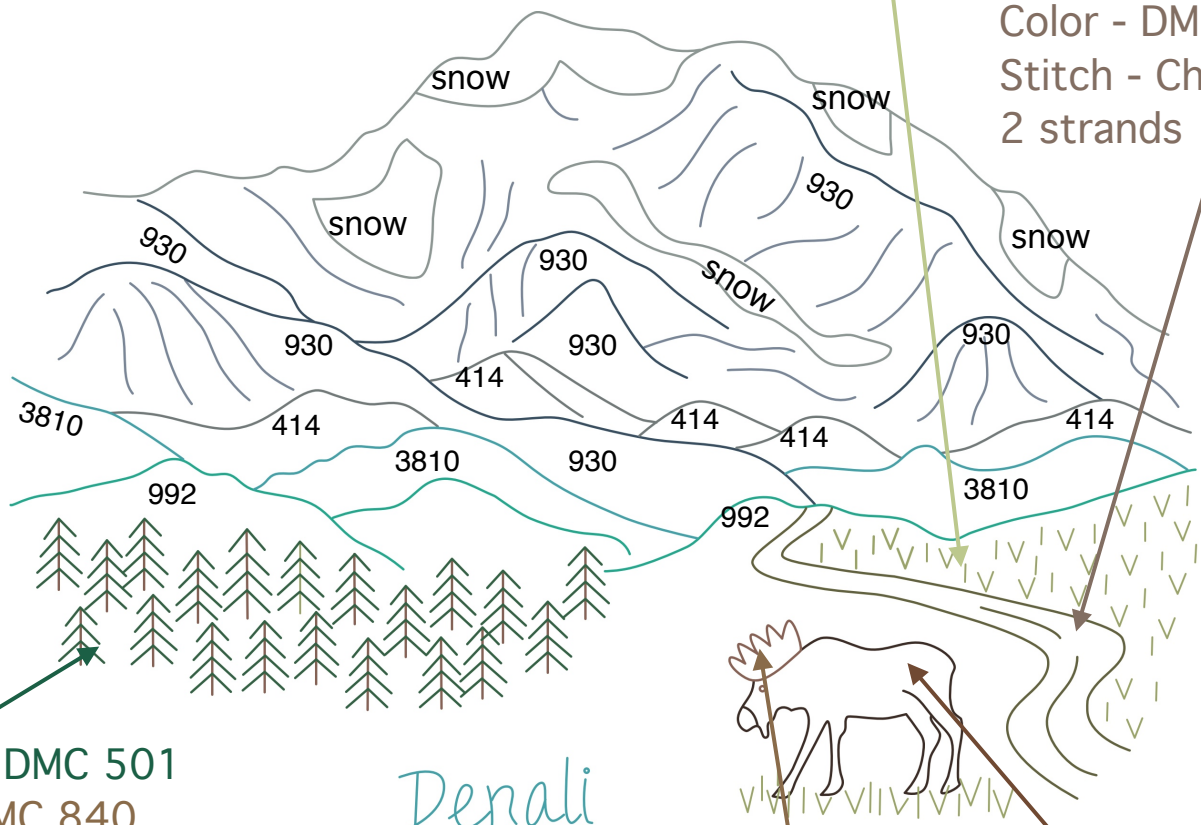
Color - DMC 938

Stitch - Back, 2 strands

Moose Rack:

Color - DMC 840

Stitch - Satin, 2 strands



Glacier Bay National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

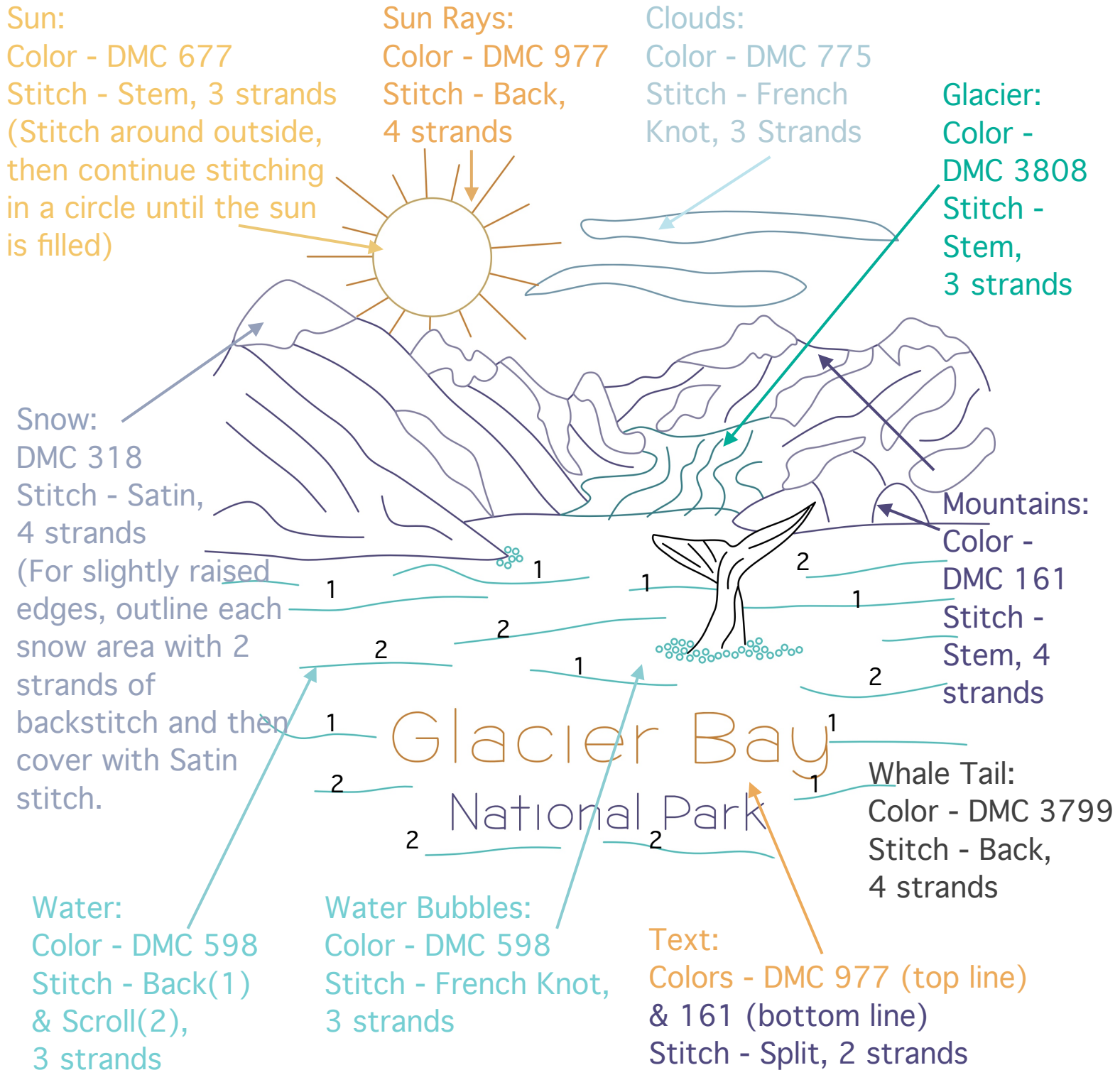


Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide



Katmai National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

KATMAI National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Snow:

DMC 415

Stitch - Satin, 3 strands

(For slightly raised edges, outline each snow area with 2 strands of backstitch and then cover with Satin stitch.)

Text:

Color - DMC 21

Stitch - Split, 3 strands

KATMAI

National Park

Mountains:

Color - DMC 926

Stitch - Stem, 3 strands

Tree Trunks:

Color - DMC 838

Stitch - Back, 3 strands

Trees:

Color - DMC 987 & 3347

Stitch - Back, 3 strands

Shrubs:

Color - DMC 890

Stitch - French Knot, 3 strands

Grizzly Bear:

Color - DMC 838(Body & Face), 3790 (head & Ears), 21(nose & mouth)

Stitch - French Knot(Body, Head, Eyes, Nose), Back(Face & Mouth), 3 strands

Grass:

Color - DMC 471

Stitch - Fly, 2 strands

Water:

Color - DMC 796 & 322

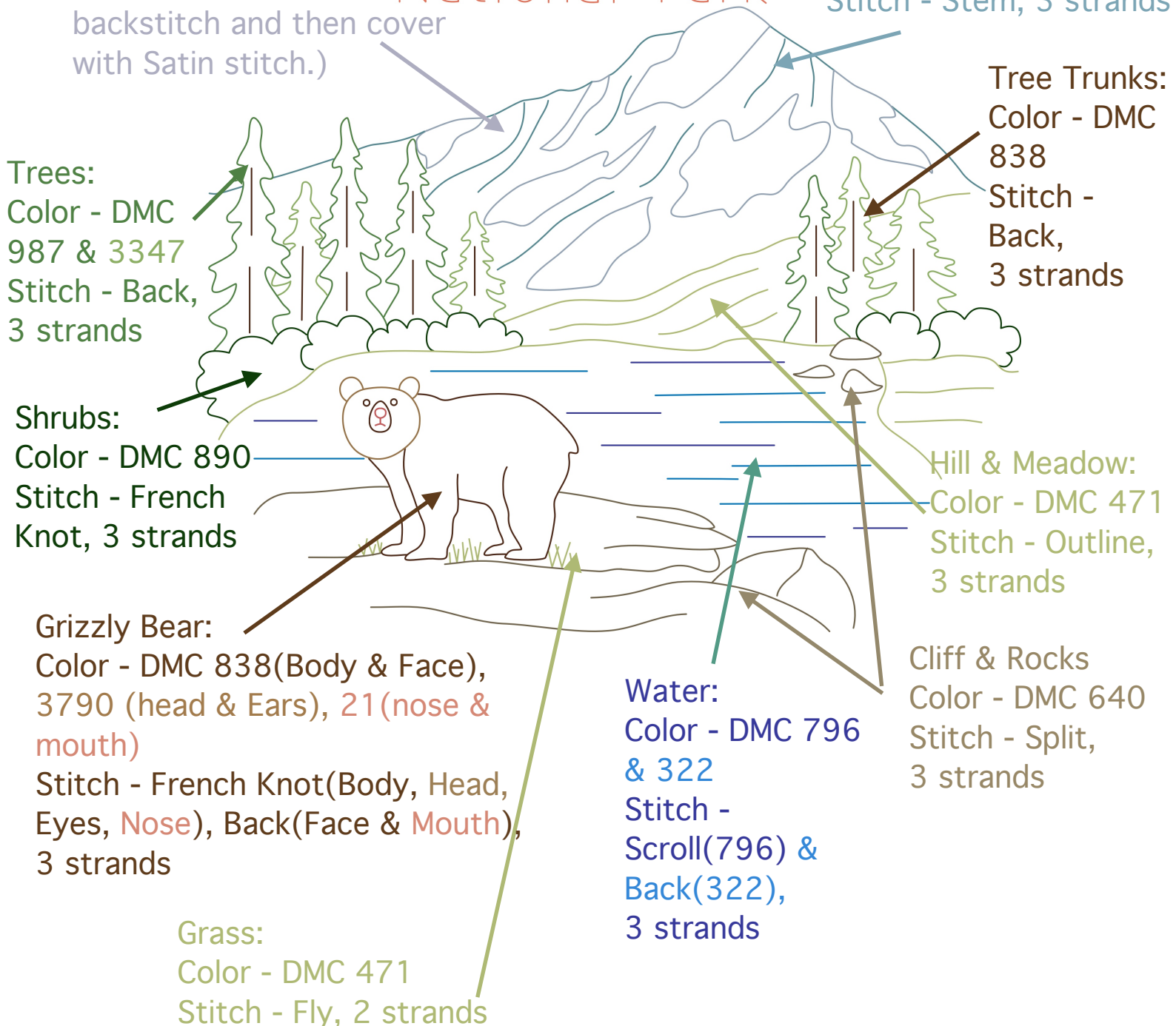
Stitch - Scroll(796) & Back(322), 3 strands

Hill & Meadow:

Color - DMC 471
Stitch - Outline, 3 strands

Cliff & Rocks

Color - DMC 640
Stitch - Split, 3 strands



Wrangell - St. Elias National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop



WRANGELL- ST. ELIAS
National Park & Preserve

Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide

Snow:

DMC 318

Stitch - Satin, 4 strands

(For slightly raised edges, outline each snow area with 2 strands of backstitch and then cover with Satin stitch.)

Mountains:

Color - DMC 161

Stitch - Stem, 4 strands

Hills:

Color - DMC 04

Stitch - Chain,
3 strands

Trees:

Color - DMC 3345

Stitch - Split,
3 strands

Trees Trunks:

Color -

DMC 839

Stitch - Split,
3 strands

Ground:

Color - DMC
3363

Stitch -
Back, 4
strands

Foliage:

Color - DMC 505

Stitch - Stem,
2 strands

WRANGELL-ST. ELIAS
National Park & Preserve

Grass:

Color - DMC 471

Stitch - Fly, 3 strands

Flowers:

Color - DMC 3731

Stitch - French Knot
2 strands

Text:

Color - DMC 3803

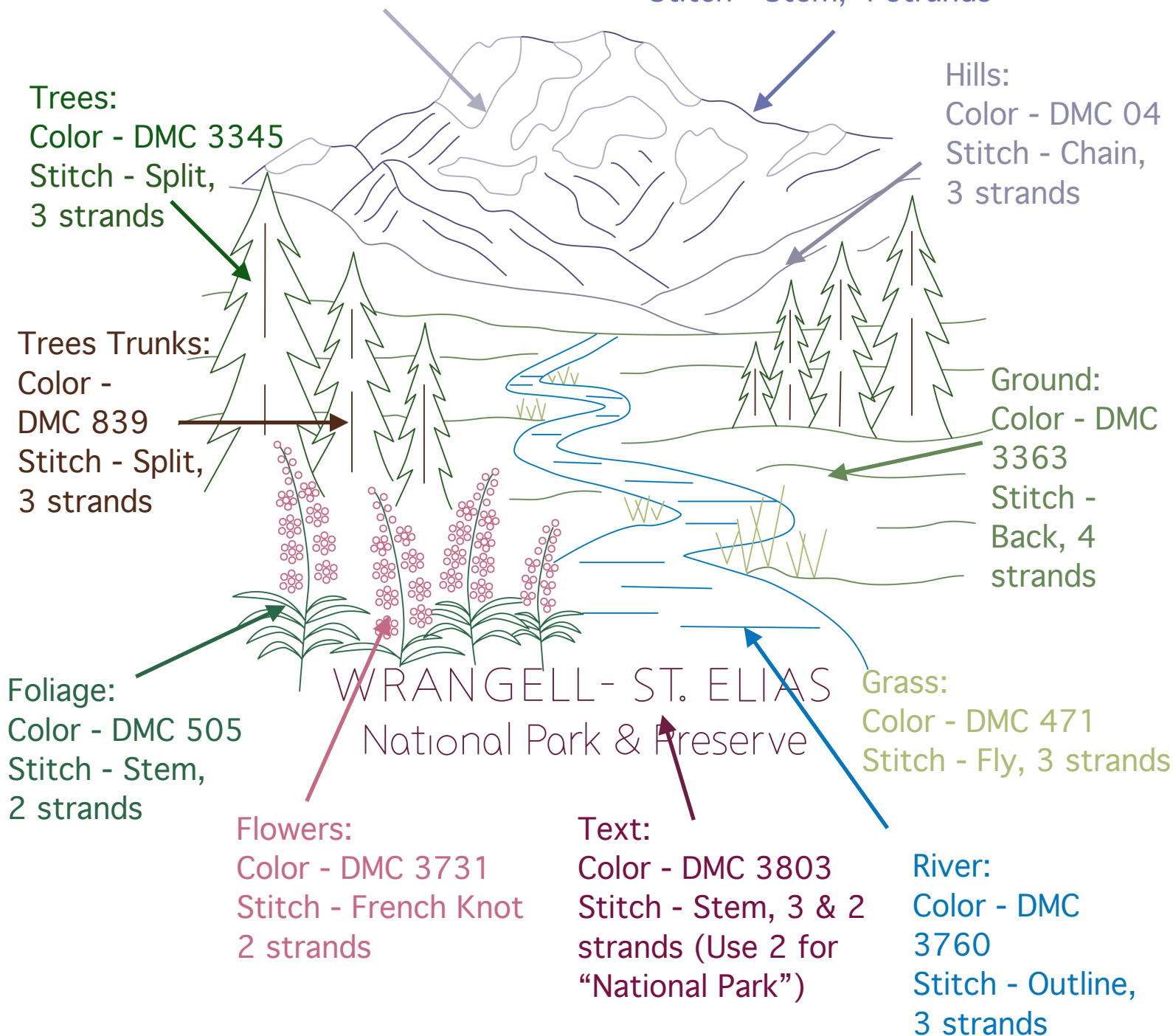
Stitch - Stem, 3 & 2
strands (Use 2 for
"National Park")

River:

Color - DMC

3760

Stitch - Outline,
3 strands



Kenai Fjords National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

KENAI FJORDS National Park

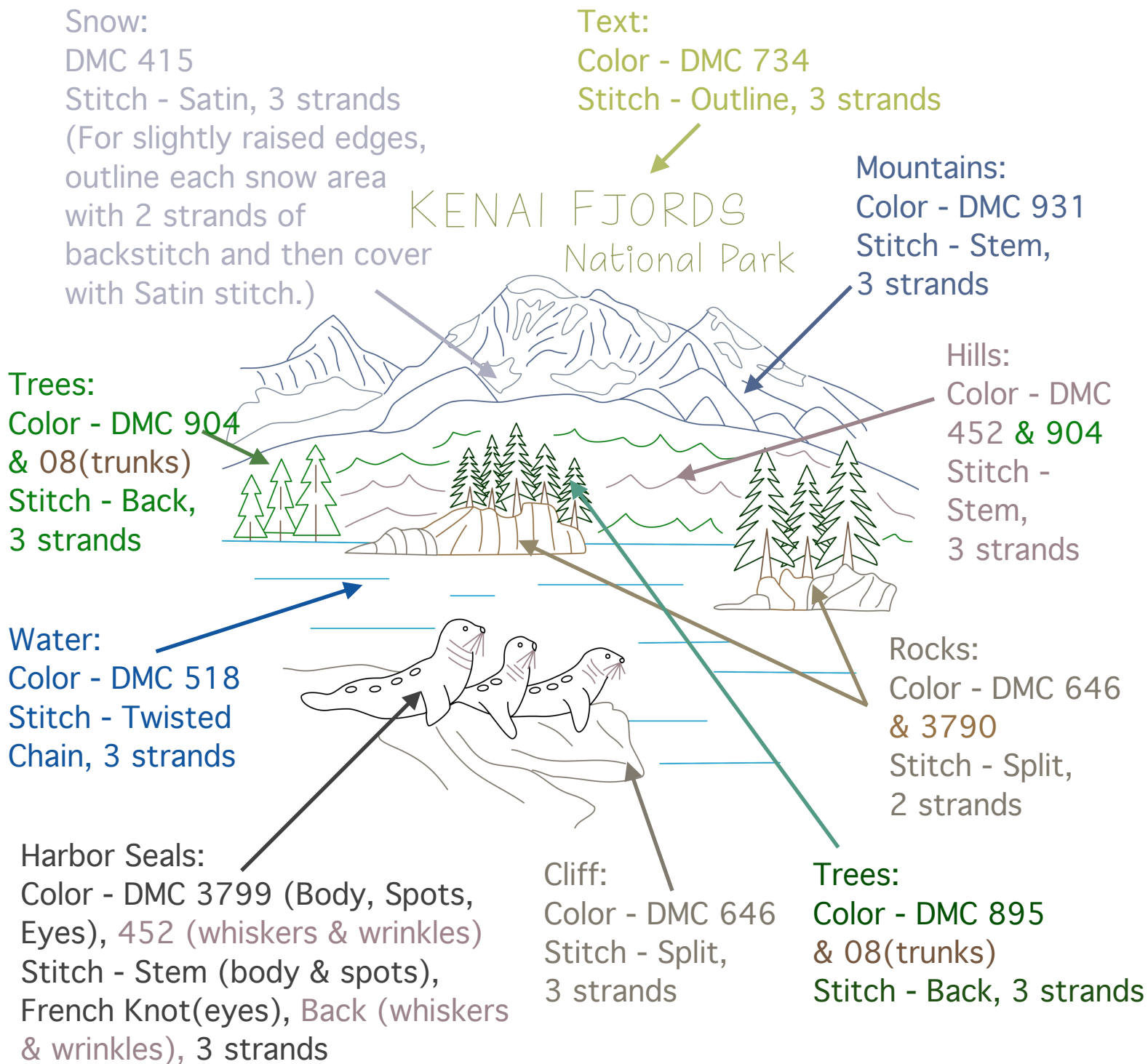


Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



Color & Stitch Guide



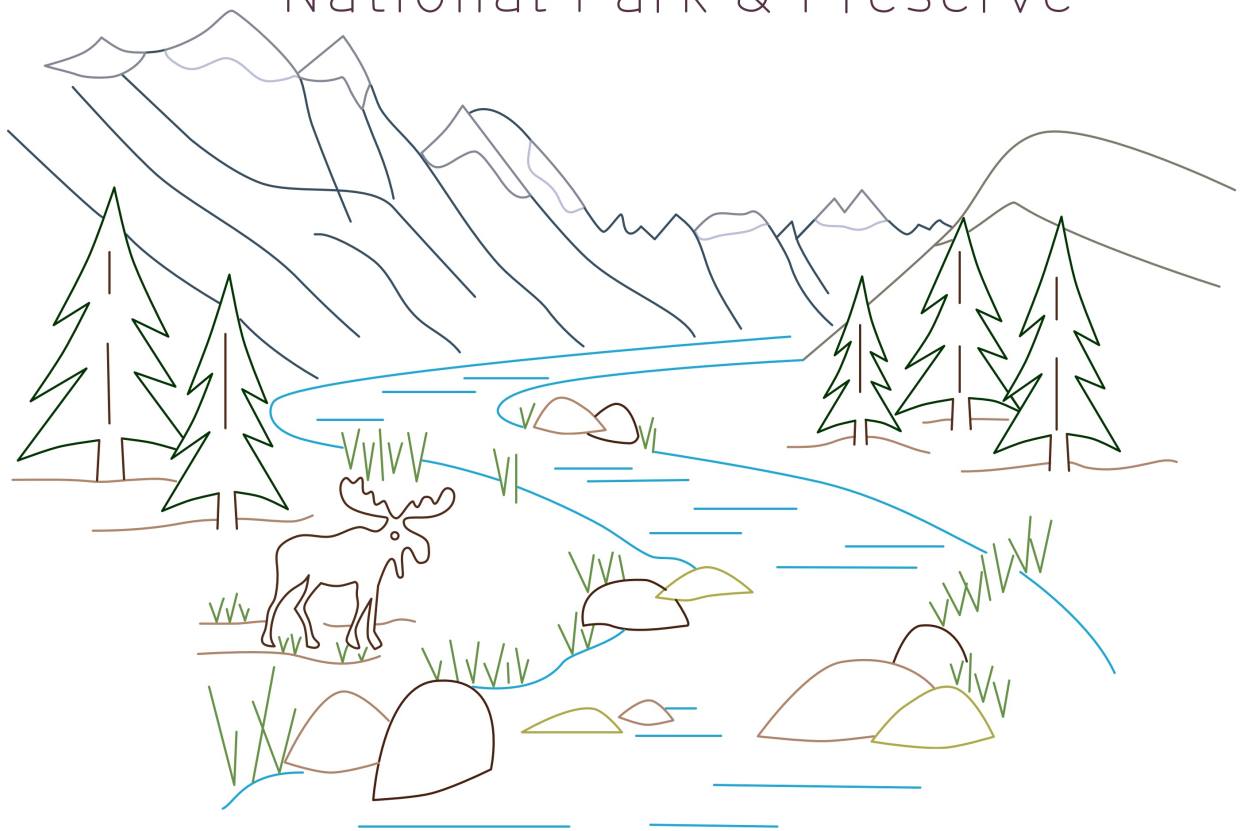
Gates of the Arctic National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

GATES *of the* ARCTIC National Park & Preserve



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



National Park & Preserve
ARCTIC
GATES of the

Color & Stitch Guide

Text (Gates/Arctic):

Color - DMC 3834

Stitch - Stem, 3 strands

Text (of the):

Color - DMC 372

Stitch - Back, 2 strands

Text (National Park & Preserve):

Color - DMC 3834

Stitch - Back, 2 strands

Mountains:

Color - DMC 930

Stitch - Stem,
4 strands

GATES *of the*
ARCTIC
National Park & Preserve

Snow:

Color - DMC 168

Stitch - Stain, 3 Strands

Hills:

Color - DMC 646

Stitch - Back,
4 strands

Trees:

Color - DMC
895

Stitch - Split,
3 strands

Ground:

Color - DMC 841

Stitch - Stem,
3 strands

Moose:

Color - DMC 839

Stitch - Back, 2 strands

Water:

Color - DMC 518

Stitch - Twisted Chain
(edges), & Back
(center), 3 strands

Trees Trunks:

Color - DMC

839
Stitch - Back,
2 strands

Rocks:

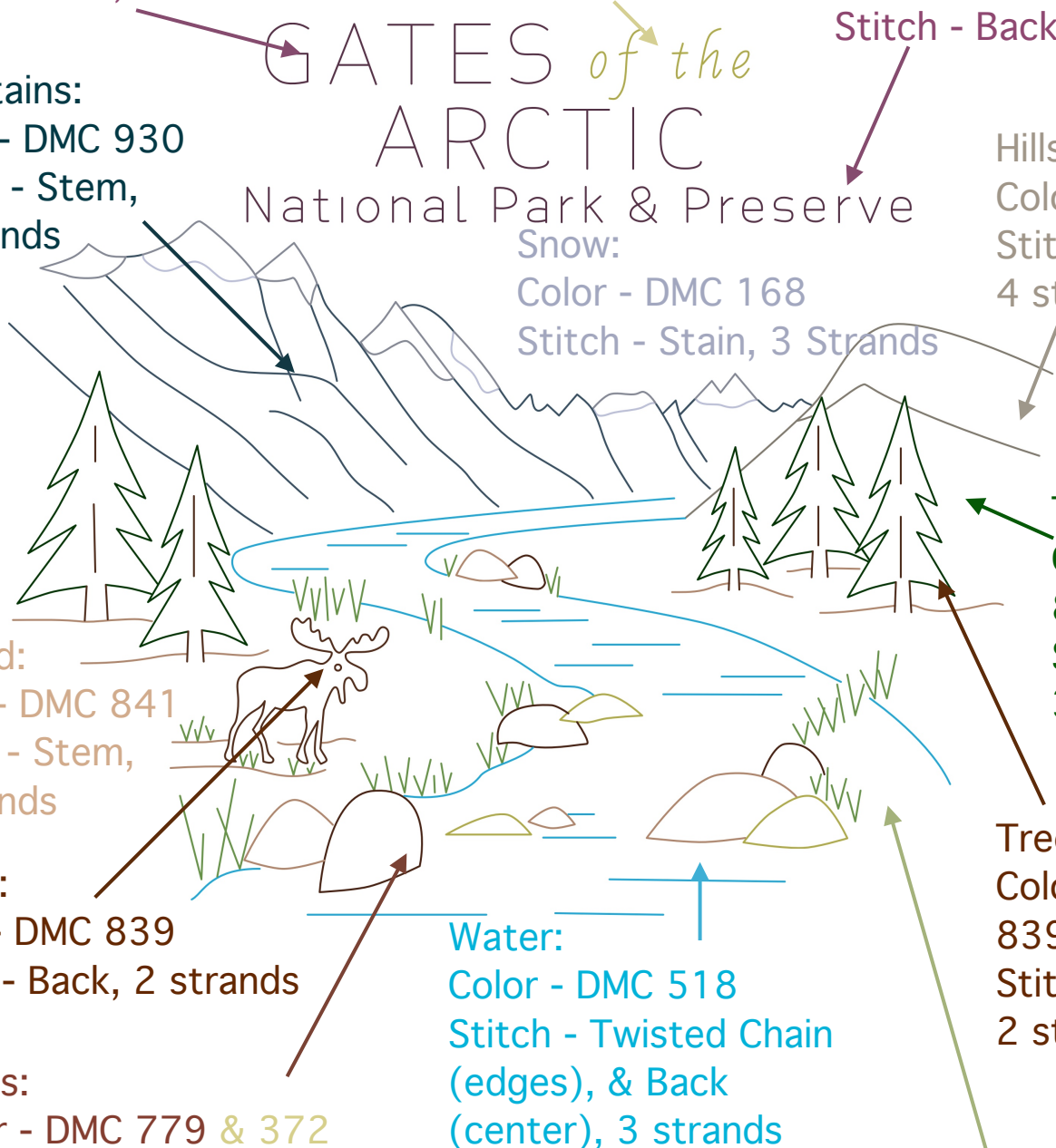
Color - DMC 779 & 372

Stitch - French Knot,
3 strands

Grass:

Color - DMC 3364

Stitch - Fly, 2 strands



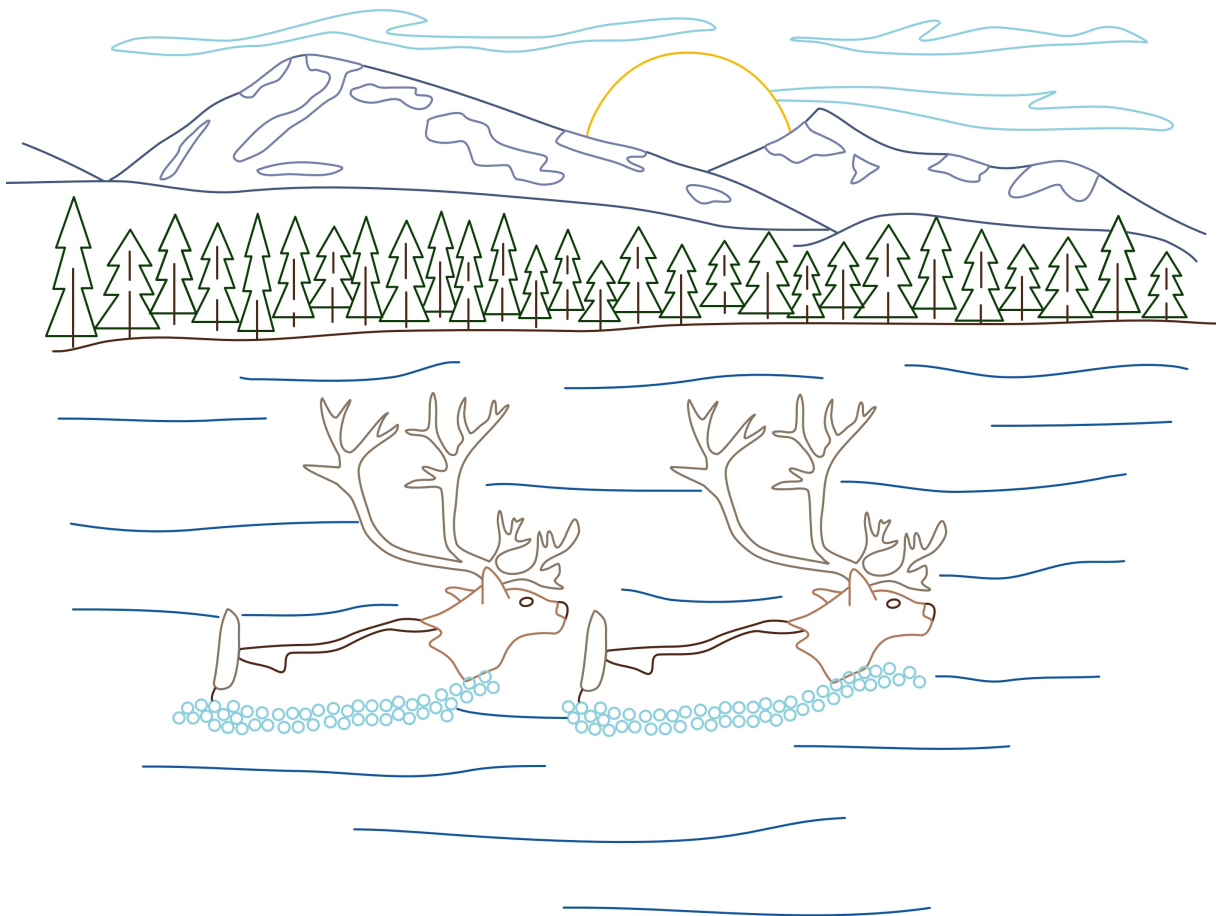
Kobuk Valley National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

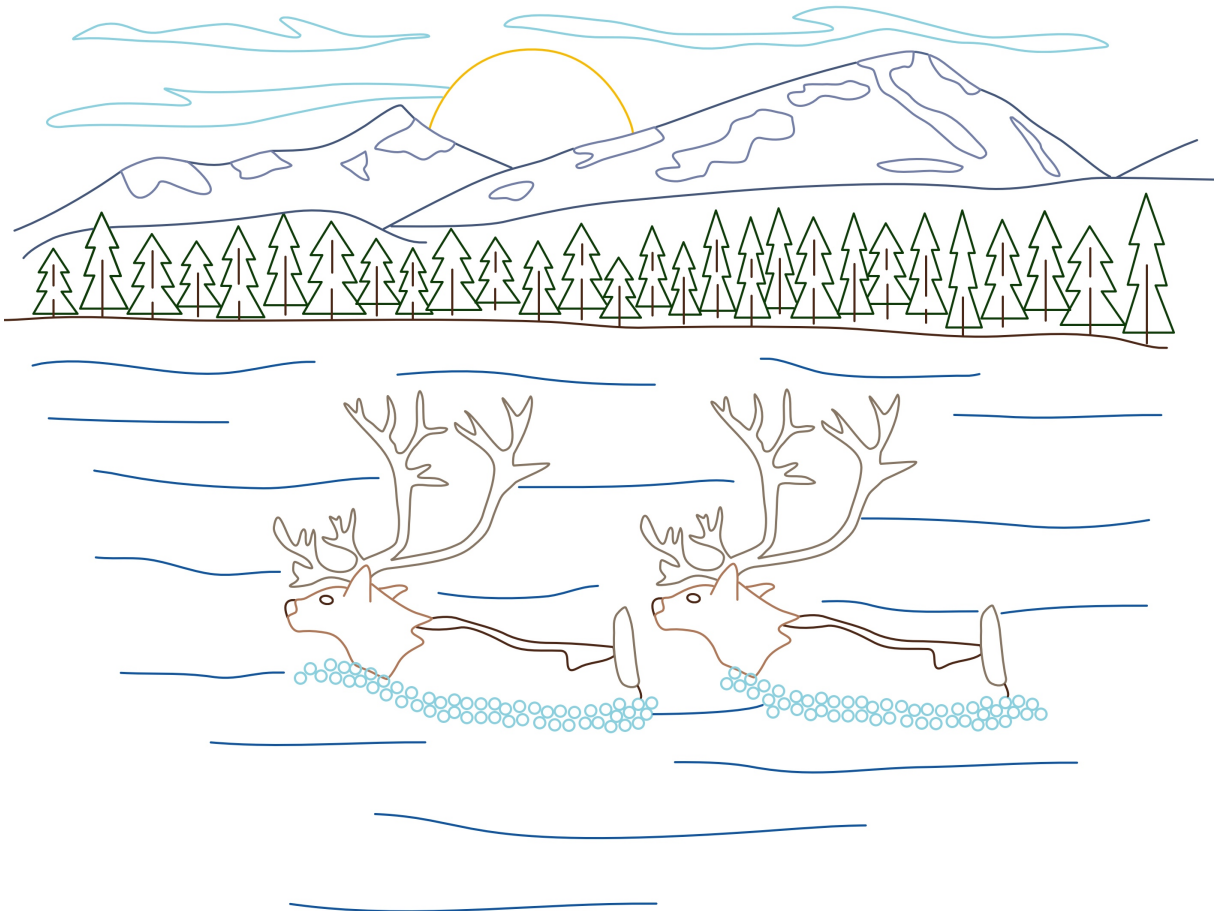
KOBUK VALLEY National Park



Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop

KOBUK VALLEY
National Park



Color & Stitch Guide

Text:

Color - DMC 921
Stitch - Split, 3 strands
(Kobuk Valley) &
2 strands (National Park)

Sun:

Color - DMC 728
Stitch - Satin,
3 Strands

Clouds:

Color - DMC 828
Stitch - French Knot,
3 Strands

Mountains:

Color - DMC 931
Stitch - Stem,
3 Strands

Snow:

DMC 318
Stitch - Satin,
3 strands
(For slightly raised
edges, outline each
snow area with 2
strands of backstitch
and then cover with
Satin stitch)

Trees:

Color - DMC
890 & 838
(trunks)
Stitch - Back,
2 strands

Ground:

Color - DMC
838
Stitch - Stem,
3 strands

Water Bubbles:

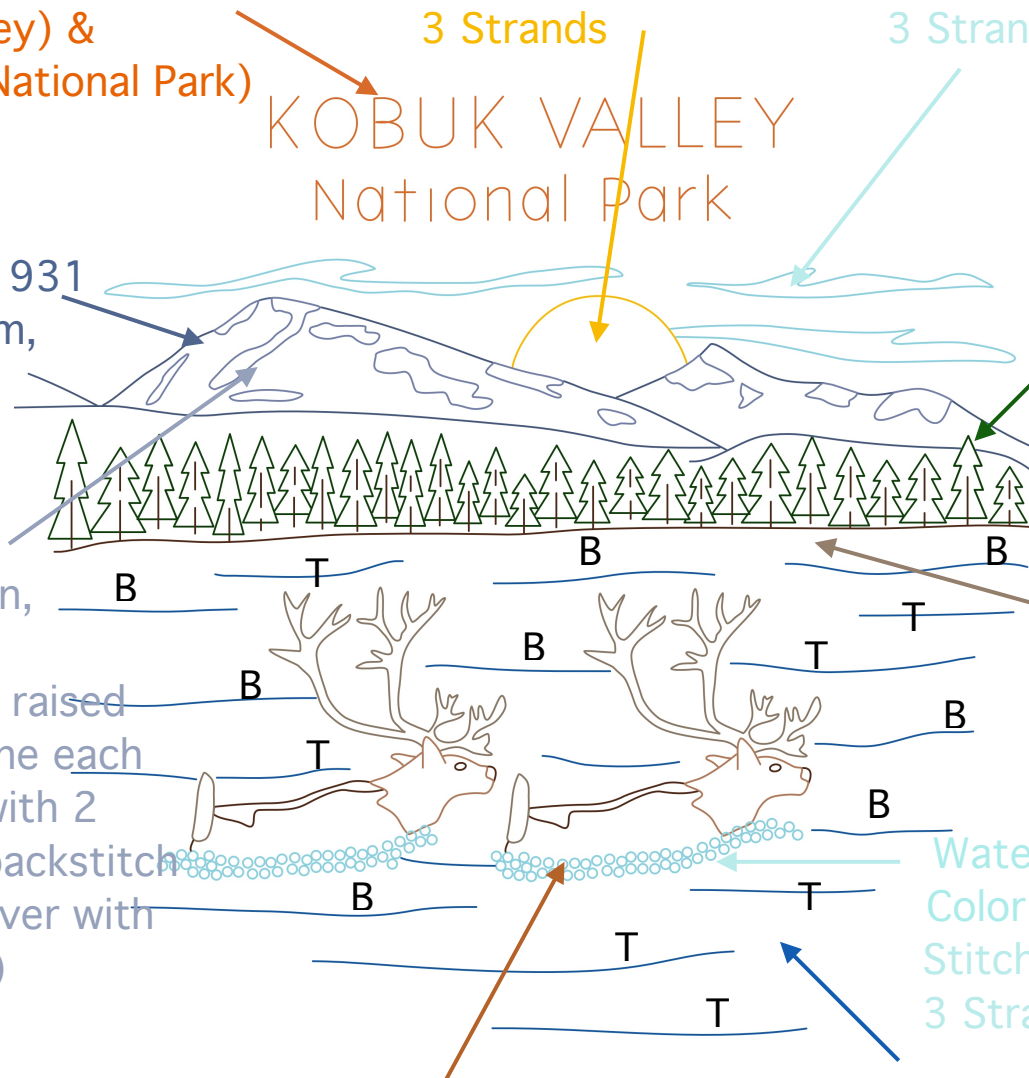
Color - DMC 828
Stitch - French Knot,
3 Strands

Elk:

Color - DMC 07 (Antlers), 840 (Head & Tail), 838
(Body, Eyes, Nose)
Stitch - Back (antlers)/ Split (Head & Body)/ Satin
(Tail & Ears)/ French Knot (Eyes & Nose),
2 strands

Water:

Color - DMC 517
Stitch - Back & Twisted
Chain, 3 strands (B for
Back & T for Twisted
Chain - or use the
stitches randomly)



Lake Clark National Park Embroidery Pattern



Full Size Design

Fits 7 or 8-Inch Hoop

LAKE CLARK National Park



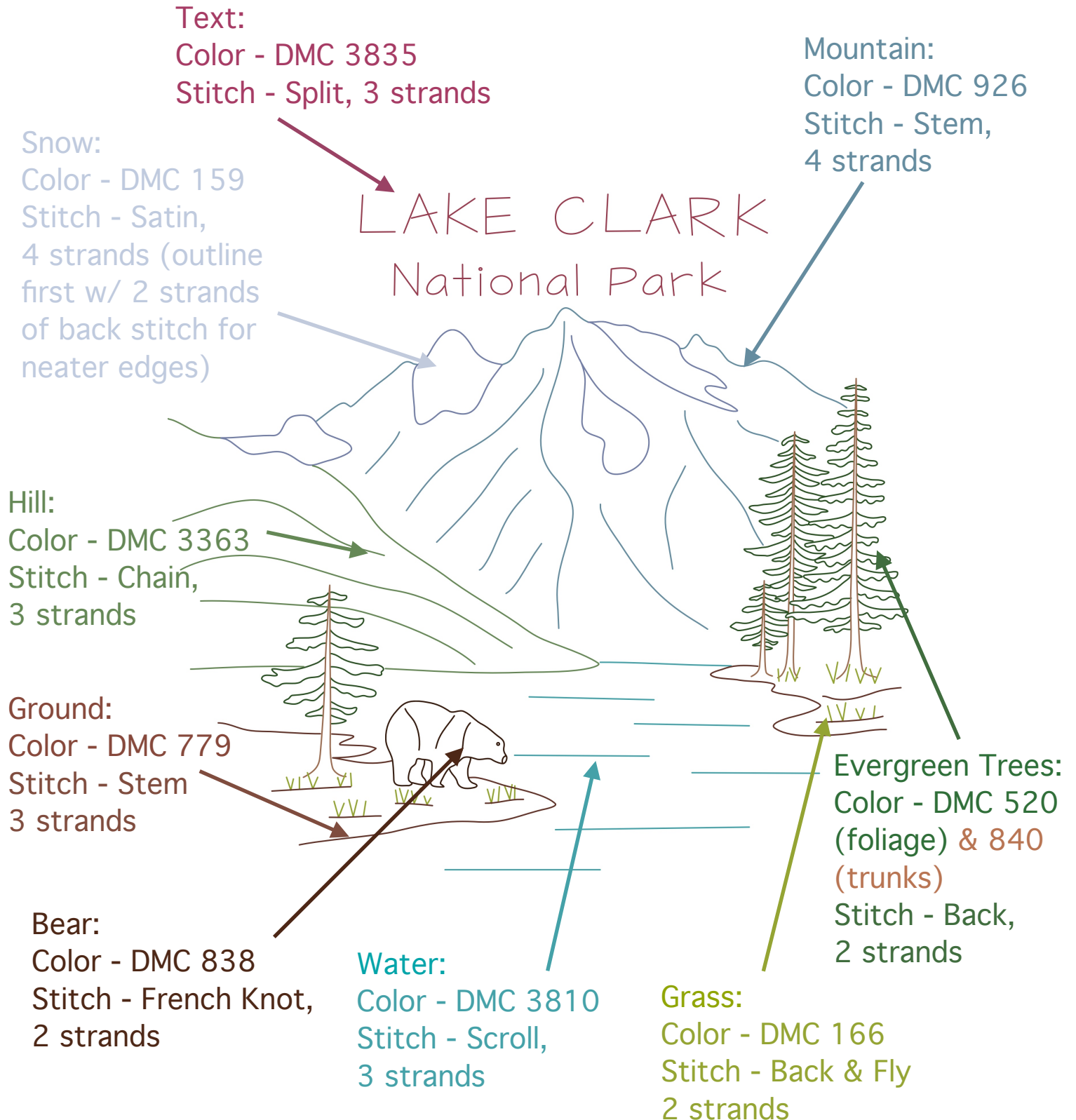
Reverse Image for Iron-On Transfer

Fits 7 or 8-Inch Hoop



LAKE CLARK
National Park

Color & Stitch Guide



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You are in luck! Visit www.wanderingthreadsembroidery.com to view the full line of downloadable embroidery patterns.

- More National Park Patterns
- 50 Unique Patterns for Each of the 50 U.S States
- 50 U.S. State Flower Patterns
- City Skyline Patterns
- The Vintage Trailer Pattern Collection
- Travel Map Patterns
- Botanical Patterns
- Holiday Patterns including Ornaments

In addition to patterns, you will also find a full line of embroidery resources to teach and inspire:

- Step-by-Step Embroidery Stitch Tutorials
- FREE Patterns!
- How-To Tutorials Including Framing, Finishing, Embroidery Letters, and More!

Questions or comments? Send me an email at:
amanda@wanderingthreadsembroidery.com

I would love to see your finished pieces! You can find me on Instagram at www.instagram.com/wanderingthreadsembroidery or on Facebook at www.facebook.com/wanderingthreadsembroidery.

Thanks so much for purchasing the Alaska National Park Embroidery Pattern Collection and happy stitching!
~Amanda